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ANNUAL
REPORT



CONTENTS

3	A Message From Our Chair	19	Government Funded Activities
4	A Message From Our CEO	20	Safer Sport Program
5	About SMA Our Values Our Vision Our Mission	22	Sports Trainer Event Coverage Services
6	SMA Board Directors	23	Acknowledgement of our Partners and Supporters Partners National Committees and Working Groups State Councils
7	Membership	25	Financial Reports
8	Strategic Plan		
9	Communications and Media		
10	2023 ASICS and SMA Conference		
11	Professional Development Events		
12	Events Calendar		
13	Award Recipients		
15	Journals and Publications		
17	ASMF Fellows		
18	Collaborations & Position Statements		



MESSAGE FROM OUR CHAIR



Dr Kay Copeland

In 2023, we proudly celebrated Sports Medicine Australia's 60th anniversary. This milestone was a powerful reminder of the dynamic and passionate community we've built, united by a shared commitment to advancing sports medicine.

It also provided an opportunity to reflect on the achievements of our organisation and to honour the founders and leaders whose vision has shaped our success over six decades.

A key element of our long-term vision is to ensure that SMA remains at the forefront of the profession. This year, the Board engaged with our members and stakeholders to gather input on their priorities and future challenges. These insights were integral to the Board's strategic review in April 2024, where we laid the groundwork for the 2024-2027 Strategic Plan, launched in July. The focus of this new plan is to continue evolving our services, enhancing member benefits, and ensuring the long-term sustainability of SMA.

Our ability to deliver greater value to members is essential. We launched new Member Groups this year, such as the SMA Sports Doctors and the SMA Student Network, aimed at fostering engagement and creating tailored offerings for specific membership categories. We also enhanced our professional development programs with targeted, high-quality events. This focus on member-led initiatives is a cornerstone of our strategy to ensure relevance and growth.

In collaboration with the Australian Institute of Sport and other peak associations, we released the 'Concussion and Brain Health Position Statement 2024' and the 'Australian Concussion Guidelines for Youth and Community Sport' in February. The overwhelming media and public attention surrounding this launch underscored the widespread prevalence of concussion across all levels of sport, and the critical need for reliable, evidence-based information.

At the 2023 ASICS SMA Conference we celebrated the exceptional contributions of our members to the profession through the Conference Judging Showcase and Awards, Research Foundation Grants and new Fellowships. Once again, the Conference served as a platform for showcasing the outstanding expertise within our community. Thank you to our Conference Committee, expertly led by Co-Chairs Dr Luke Kelly and Dr Ebonie Rio, for delivering yet another successful, industry leading event.

Our State Councils and Member Education Advisory Committee strategically developed a diverse and comprehensive professional development program, tailored to the broad range of disciplines within SMA's membership. With up to four events delivered each month, the feedback has been exceptional. We extend our gratitude to all the presenters who generously shared their knowledge and expertise.

The financial stability of any organisation is essential for its success. The SMA Board and CEO worked hard to secure a positive financial outcome this year, achieving a surplus of \$234,860. This surplus will be reinvested into services and initiatives that will directly benefit our members and strengthen our organisation's future.

Our flagship journals, the Journal of Science and Medicine in Sport (JSAMS) and JSAMS Plus, remain critical to our mission of supporting high-quality research and knowledge dissemination. Their success is a reflection of the leadership and dedication of their editors, Professor Tim Meyer and Dr Jessica Orchard, and their editorial teams, and I thank them for their leadership in driving these world-class journals.

Under the leadership of CEO Jamie Crain and the hard work of the SMA team, we have delivered greater value to members while fostering learning and innovation.

I would like to thank our Board members for their dedication and strategic guidance, as well as our partners—ASICS, Strapit, Mentholatum, and Elsevier—whose continued support enables us to deliver high-value programs and initiatives to our members. Lastly, to our members: your enthusiasm and commitment fuel our organisation. It is your passion for sports medicine that drives our success and propels us forward.

Dr Kay Copeland
Chair, Board of Directors
Sports Medicine Australia

MESSAGE FROM THE CEO



Jamie Crain

FY24 has been an active and highly productive year for the Sports Medicine Australia team. We made significant strides in achieving the goals outlined in our FY21-24 Strategic Plan, particularly in areas of membership growth, financial performance, and service delivery.

From an operational standpoint, we saw substantial growth across our key performance areas.

Membership increased by 11%, and our overall revenue rose by 12%, leading to a surplus of \$234,860. This financial outcome reflects the strength of our operational strategies and the collective efforts of our team. These results enable us to continue delivering a range of valuable services and programs to support our members' professional development.

Our professional development events program continues to flourish. This year, we delivered 43 PD events across the country in multiple formats, attracting thousands of attendees and providing access to the latest knowledge in sports medicine. The diversity of topics covered and the format flexibility ensured that we met the needs of our members, whether they attended in person or virtually. My sincere thanks go to all our presenters for sharing their expertise and contributing to the success of these events.

The 2023 ASICS SMA Conference at Twin Waters was a particular highlight, bringing together 470 delegates. The event facilitated networking and the exchange of ideas, showcasing the depth of expertise within our community. My thanks go to the Conference Committee and especially to Co-Chairs Dr Luke Kelly and Dr Ebonie Rio for their leadership in curating this highly successful event.

In terms of member experience, we successfully implemented a new CRM system in April 2023, which throughout FY24 has already significantly improved how we manage member data, interactions, and events. This upgrade provides a more streamlined and personalised experience, enhancing overall member engagement and satisfaction.

Our nationally recognised training and Safer Sport programs also grew, with hundreds of public course

options made available, including our new 'Considerations for athletes with a disability' course. As a Registered Training Organisation, SMA will continue to focus on our role as an educator across Australia, and we will partner with major sporting organisations and codes to deliver safer sport courses to the community.

As we move into a new financial year, our new Strategic Plan will focus on furthering SMA's growth to ensure we meet the needs of our diverse membership. We will continue to make strategic investments, especially in education, to support our members' professional development and career progression.

Finally, SMA would not be where it is today without the incredible support of our volunteers. From State Councils to our Board of Directors and advisory committees, their dedication is invaluable, and I would like to extend my profound thanks to all who have contributed so much throughout the year.

I acknowledge major partners, ASICS, Strapit, Mentholatum and Elsevier, and sincerely thank them for their ongoing support of SMA activities.

Thank you to our members, the SMA team, and partners for your continued support. I look forward to another successful year ahead.

A handwritten signature in black ink, appearing to read 'Jamie Crain', written over a white background.

Jamie Crain
Chief Executive Officer
Sports Medicine Australia

ABOUT SMA

SMA is the peak multidisciplinary body for sports medicine, sports science and physical activity in Australia.

We bring together sports medicine, sports science and healthcare professionals to provide leadership in the areas of sports exercise and medicine, sports injury, physical activity, sports exercise and science, and the healthy performance and participation of Australians in physical activity and sport.

With a heritage dating back to 1963, we champion our members through leadership, advocacy and education. SMA members include surgeons, physicians, doctors, physiotherapists, public health specialists, accredited exercise physiologists, dietitians, sport and exercise scientists, optometrists, dentists, podiatrists, psychologists, chiropractors, osteopaths, academics, nurses, teachers, and many others. We also educate, accredit and support sports trainers, students and community members engaged in sports and physical activity.

SMA is widely acknowledged internationally as a leading multidisciplinary sports medicine body that provides expert information, advice and commentary on a diverse range of issues. These range from policy and funding for sports medicine and community programs to prevent chronic diseases, through to specific projects focusing on sport health, health promotion, gender equity, older people in sport, safe sport for children, and drugs in sport.

OUR MISSION

To be Australia's leading multidisciplinary authority for sports medicine, sports science and physical activity

OUR VALUES

These values are at the heart of everything we do.



OUR VISION

Enhanced health outcomes for all Australians through knowledge, training and safe participation in sport, exercise and physical activity.

SMA BOARD

SMA is a public company limited by guarantee and is governed by a Board that is comprised of elected member Directors and Board appointed Directors.

Sport's Medicine Australia's Board of Directors for the 2023/24 financial year



Chair

Dr Kay Copeland
(Specialist Sports and
Exercise Physiotherapist, Vic)



Deputy Chair

Tim Pain
(Podiatrist, Tas)



Director

Professor Garry Allison
(Sports Physiotherapist, WA)



Director

Professor Belinda Beck
(Exercise Scientist, Qld)



Director

Michael Kenihan
(Physiotherapist, Vic)



Director

Professor Gregory Kolt
(Academic, Health
Psychologist, Sport and
Exercise Psychologist, NSW)



Director

Dr Laura Lallene
(Sports and Exercise
Medicine Physician, Vic)



Director

Professor Anthony Leicht
(Exercise Science
Academic, Qld)



Director

Dr Samantha McLeod
(Sport and Exercise
Psychologist, Clinical
Health Psychologist, Vic)



Director

Gary Nicholls
(Sports and Exercise
Physiotherapist, Vic)

MEMBERSHIP

We continue to refine and develop our membership offerings to ensure we deliver value tailored to each specific member cohort. Enhancing member services and value remains central to our ongoing strategy.

As of 30 June 2024, SMA had a total of 1,024 financial members (including SMA Members, Fellows, Doctors, and Recent Graduates), reflecting an 11% increase in membership compared to the previous financial year. Additionally, we had 852 Sports Trainer Associates, an 8% increase, driven in part by the continued success of our course attendance/membership bundle discount.

We introduced a new free PhD Student Associate category, offering full-time PhD students access to discounted rates for professional development events and the SMA Conference. In late 2023, we conducted a verification campaign to ensure accurate reporting for our Student Associate category. As of 30 June 2024, SMA had 521 Student Associates and 64 PhD Student Associates.

Our ongoing engagement with members, including through our Annual Member Survey, continues to be instrumental in shaping our initiatives. The 2024 Member Survey provided a comprehensive understanding of members' needs, priorities, and satisfaction levels.

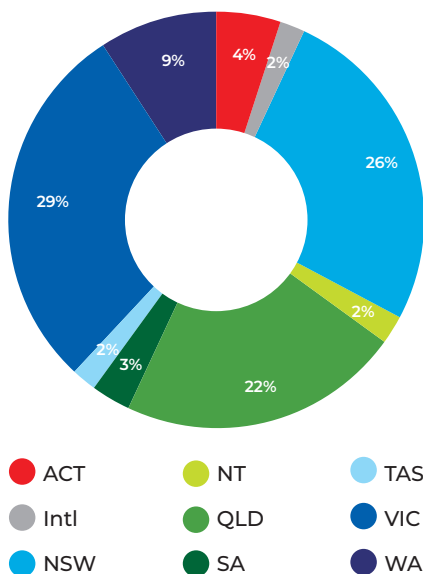
In 2024, 93% of respondents expressed satisfaction with the overall value of their membership, and an encouraging 83% of members felt that SMA had improved its performance compared to the previous year.

Members highlighted the need for further investment in professional development opportunities, including CPD tracking, enhanced learning and mentoring options, more networking opportunities, and in-person symposia.

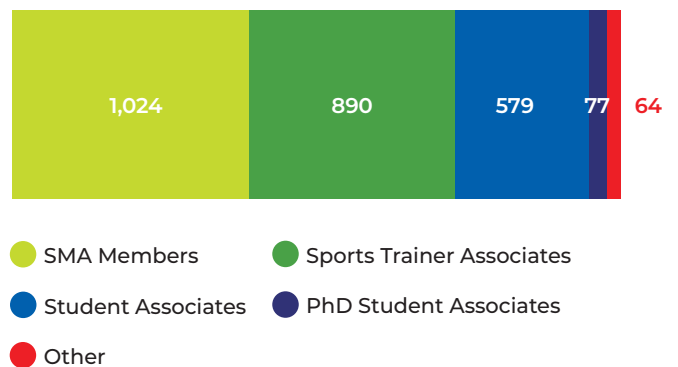
In response to this feedback, we identified several new projects for inclusion in our Strategic Plan and launched key initiatives to strengthen our offerings. This included the establishment of two specialist Member Groups – *SMA Sports Doctors* and the *SMA Student Network* – both focused on delivering tailored learning and career development opportunities for their specific cohorts. We also expanded our professional development event program to better support members' CPD requirements.

As we launch the 2024-2027 strategy, we remain committed to introducing new initiatives that provide added value to our members and support them in their sports medicine career development.

MEMBERS AND ASSOCIATES BY REGION



MEMBERS AND ASSOCIATES BY CATEGORY



STRATEGIC PLAN

FY24 marks the final year of our FY21-24 Strategic Plan.

In FY24, our focus was sustained growth in all areas of the business, building on the success of the prior two years. With new investments in place such as our new CRM membership system, we were able to focus on delivering improved processes and quality education for our members.

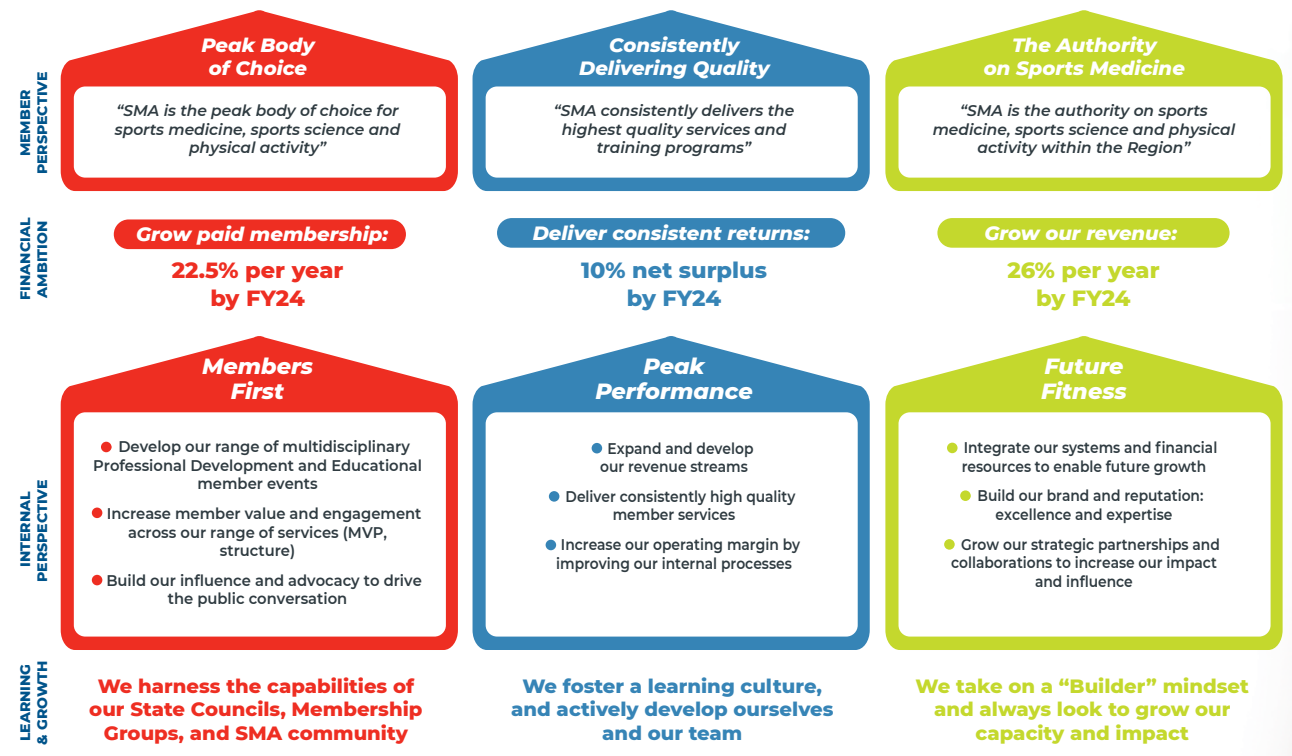
Against our Financial Ambitions, we can report the following scorecard:

- Grow paid membership: 1,885 (up 6% from 1,781)
- 10% Net Surplus by 2024: 8% net surplus achieved (Target 5-10%)
- Grow our Revenue: \$2.959m (up 12.2% from \$2.638m)

All of this contributed towards us recording a net surplus of \$234,860 for the full year, well in excess of expectations and builds on successive growth for the past three years.

Our growth toward these targets is encouraging and indicates that our strategic investments are delivering real value for our members.

For the FY25 year, our Strategy Map and KPIs have been updated to reflect new priorities for the organisation under the Strategic Themes of Members First, Commercial Mindfulness, and Active Leaders. We have identified new investments that will enhance further what we offer our members and what we contribute to the broader community.



COMMUNICATIONS AND MEDIA

MEDIA MENTIONS AND REACH

In the 2023-24 financial year, SMA had a total of 840 media reports and social media mentions.

Meltwater media monitors' data shows that the total audience reach was 1,169,180,179. These reach figures are quite substantial and demonstrate the continued significance of the SMA brand.

SMA's media presence was boosted significantly in February 2024 with the launch of the 'Concussion and Brain Health Position Statement 2024' developed by the AIS in collaboration with SMA and other peak sporting organisations. Coverage included SMA CEO Jamie Crain participating in four television and 11 radio interviews, plus 236 print and online reports with an audience reach of 360 million.

EMAIL NEWSLETTERS AND UPDATES

SMA uses email marketing as the primary communication channel for keeping members and the wider sports medicine community connected and updated on SMA professional development events, courses, activities, news and resources.

Regular emails include weekly professional events and conference updates, monthly member newsletters, event invitations and Safer Sport Program updates.



LINKEDIN

@Sports-Medicine-Australia

Audience – 21,172
 Posts – 464
 Impressions – 308,465
 Engagement – 5,024

FACEBOOK

@SportsMedicineAustralia

Audience – 20,074
 Posts – 527
 Impressions – 2,681,861
 Engagement – 6,363

INSTAGRAM

@Sports_Medicine_Australia

Audience/Followers – 4,772
 Posts – 456
 Impressions – 392,648
 Engagement – 3,884

SMA X

@SMA_News

Audience – 9,973
 Posts – 467
 Engagement – 4,053



SMA WEBSITE

www.sma.org.au

Sessions – 320,308
 Page views – 620,085



2023 ASICS SMA CONFERENCE

Our annual Conference returned to the picturesque Novotel Sunshine Coast Resort in October, drawing over 470 delegates.

With continued support from ASICS, we delivered another outstanding event centred around research, innovation, and excellence. The program featured seven exceptional keynote speakers, two invited presenters, eight workshops, and nine symposia. Both early-career and senior researchers showcased cutting-edge work, sparking debate and lively discussion. The vibrant social calendar provided ample opportunities for delegates to connect and network.

Wednesday's highlight was the prestigious Refshauge Lecture, delivered by Dr Rodney Whiteley. In his inspiring talk, Rod reflected on his passion for sports medicine and the legacy we are building for future generations. Later, delegates gathered for beach-side Welcome Cocktails, sponsored by SMA partner Mentholatum, where they enjoyed an evening of networking and explored the offerings of trade exhibitors who showcased their products and services to industry leaders and stakeholders.

The following morning began with a scenic run around the Novotel's lagoon, setting the tone for a day filled with engaging workshops on topics such as ankle osteoarthritis and taping techniques for the sporting back. Prof Margo Mountjoy's keynote on Relative Energy Deficiency in Sport (RED-S) and the new IOC RED-S Consensus Statement attracted a large audience and media coverage from 7News Sunshine Coast. Additional presentations delved into pelvic health, foot function, bone strength, and injury prevention, while keynote speakers Dr Andrea Mosler and Prof Paulo Ferreira focused on hip/groin pain and low back pain, respectively. The day concluded with the ASMF Fellows Dinner, where we celebrated SMA's 60th anniversary and welcomed new Fellows Dr Ebonie Rio, Dr Liam Toohey, and Kellie Wilkie.

Workshops on hip and groin pain, ACL rehabilitation, and an ASMF/SMA Fellows mentoring session opened the third day of the conference. Prof Margo Mountjoy and Dr Andrea Mosler delivered a highly anticipated presentation on female athlete injury prevention, which was followed by symposia covering concussion, exercise podiatry, ACL injury prevention, and hamstring injury management. The afternoon featured paper presentations and a special symposium where experienced athletes shared their journeys in elite sport, highlighting the impact of their Performance Teams. The day concluded with the Scientific Poster Session, sponsored by Heal with Laser, where the best posters were recognised and awarded.

The final day of the conference featured clinical workshops on shoulder injuries, calf endurance, and video-analysis in sport. Keynotes from Prof Julien Périard, Prof Cristina Capercione, and Prof Anne Tiedemann addressed critical topics including the impact of heat on health and performance, culturally appropriate physical activity for priority populations, and physical activity for healthy ageing. The afternoon celebrated excellence with the Best of the Best Awards, recognising outstanding research across clinical sports medicine, injury prevention, sports science, and women in sport. The conference culminated in the Gala Dinner, where A/Prof Joanne Kemp was awarded the ASICS Medal for Best Paper Overall, presented by Sam Chew, General Manager Product at ASICS.

We extend our heartfelt thanks to all our partners — ASICS, Visit Sunshine Coast, Mentholatum, Strapit — sponsors and trade exhibitors. A special thanks to Conference Committee Co-Chairs Drs Luke Kelly and Ebonie Rio, and Judging Chair, Professor Dara Twomey, for their incredible leadership and support, backed by their outstanding Conference Committee, and SMA staff who all worked to deliver an exceptional event.



PROFESSIONAL DEVELOPMENT EVENTS

During the year, SMA delivered 42 professional development events, symposia and workshops – with 35 online and 7 in-person. Overall the events were exceptionally well attended with 3,585 delegates registered in total.

SMA collaborated closely with our State Councils throughout the year to enhance our professional development event program. Guided by member feedback, the program highlighted local expertise, with most events delivered virtually to a national audience, and others held in person.

Participant feedback was overwhelmingly positive, with an average rating of 4.5 out of 5 across all events.

The events addressed a broad range of contemporary topics relevant to professionals across various disciplines, including injury prevention and management in tendons, rheumatology, upper limb taping, syndesmosis, stress

fractures, communication with athletes, hand injuries, footwear technology, heat and air quality, and more.

In April, Dr David Hughes, Chief Medical Officer at the AIS, delivered a presentation to over 600 SMA, ASCEP, and APA members on the newly released *Concussion and Brain Health Position Statement 2024*.

Our Member Education Advisory Committee provided valuable content ideas and guidance, complementing the State Council events with specialist topics, such as *Management of Musculoskeletal Conditions in Esports* and *Navigating Diagnostic Challenges*.

The program included two in-person symposia – *Hip & Groin and Performance and Injury Management for Runners* (Vic Council) – as well as two online three-part specialist series – *Radiology* (Vic Council) and *Preparing Community Sporting Athletes this Season* (Qld Council). Additionally, the NSW Council delivered a four-part online series on the FIFA Women's World Cup.

We continued our *Female Athlete Performance and Health* series, in collaboration with the Australian Institute of Sport's Female Performance & Health Initiative (AIS FPHI). This series covered topics such as *Iron for Female Athletes*, *Managing Pregnancy and Return to Sport*, and *Coach Education for Those Working with Female Athletes*.



EVENTS CALENDAR

DATE	LOCATION	EVENT TITLE
Jul 3	Online (NSW)	Syndesmosis – To repair or not to repair
Jul 4	Online (NSW)	Preparation, performance and physiotherapy – Women's World Cup Series Game on: Working in high performance environments
Jul 11	Online (NSW)	Preparation, performance and physiotherapy – Women's World Cup Series After the game: Physiotherapy and ACL injuries
Aug 10	In-person (Vic)	Female sporting Footwear
Aug 23	Online (FPHI)	Optimising Bone health in female athletes
Aug 24	Online (NSW)	Clinical anatomy and assessment of the knee joint
Aug 28	Online (National)	Top tips for an impressive presentation
Aug 29	Online (National)	Careers in sports medicine & sports science
Aug 30	Online (FPHI)	Pelvic floor health in athletes
Sep 6	Online (National)	Female athletes, body composition and eating disorders
Sep 10	In person (Vic)	Hip & Groin Symposium
Sep 20	In person (ACT)	Concussion – from fundamentals to the future
Sep 26	Online (NSW)	Upper limb taping Masterclass
Oct 25	Online (Vic)	Radiology Series – Part 1
Nov 1	Online (Vic)	Radiology Series – Part 2
Nov 6	Online (Vic)	Radiology Series – Part 3
Nov 9	Online (Qld)	Preparing community sporting athletes this season – Nutrition and strength/conditioning
Nov 15	Online (FPHI)	IOC 2023 Consensus Update on Relative Energy Deficiency in Sport (RED-S)
Nov 23	Online (Qld)	Preparing community sporting athletes this season – Injury management and footwear
Nov 28	Online (FPHI)	Changing the narrative around menstrual cycles and the impact of hormones on women athletes
Nov 29	Online (SDA/SMA)	Nutrition strategies to optimise athletic performance
Feb 15	Online (Qld)	Preparing community sporting athletes this season – Concussion and pitchside management
Feb 19	Online (ACT)	Life on the road – Working as a Sports Physio
Feb 22	Online (Vic)	Rheumatology in sports
Feb 28	Online (National)	What's new in tendons?
Mar 13	Online (National)	Skin pressure injury: Implications, prevention and management in para-athletes
Mar 20	Online (NT)	Stress fractures: Overuse to overlooked!
Mar 23	In person (Vic)	Run to the top: Performance and injury management for recreational and elite runners
Apr 3	Online (National)	New Concussion Guidelines: What it means for members & practitioners
Apr 10	Online (ACT)	Heat and air quality in sports
Apr 17	Online (ACT)	Hamstrung! Do the words that we use with athletes help or hinder performance?
Apr 23	Online (FPHI)	Iron for Female athletes
May 15	Online (National)	Management of musculoskeletal conditions in esports
May 22	Online (National)	Managing common hand injuries in sport
May 23	In person (Tas)	Footwear tech and athlete talent networking event
May 29	Online (FPHI)	Managing pregnancy and return to sport as an athlete support team
Jun 5	Online (National)	Thinking beyond the joint: A contemporary understanding of osteoarthritis for the athlete
Jun 12	Online (National)	Navigating diagnostic challenges: A practical approach
Jun 19	Online (National)	Roadmap to success: Driving your sports medicine career
Jun 25	In person (Tas)	Ankle osteoarthritis: Dinner discussion on assessment, referral and treatment
Jun 26	Online (FPHI)	Coach education for those working with female athletes

AWARD RECIPIENTS

2023 SMA CONFERENCE AWARD WINNERS

BEST PAPER AWARDS

2023 ASICS Medal For Best Paper Overall

A/Prof Joanne Kemp

Physiotherapist-led treatment for Femoroacetabular Impingement Syndrome (The PhysioFIRST study): A participant and assessor-blinded randomised controlled trial.

Wendy Ey Award for Best Paper on Women in Sport

Jodie Dakic

Women's preferences for pelvic floor screening in sports: a mixed methods study integrating survey and interview data.

EARLY CAREER RESEARCHER AWARDS

Ken Maguire Award for Best Paper in Clinical Sports Medicine

Dr Rachael McMillan

Is hip joint range of motion associated with bony morphology in elite male Australian Football League draftees?

John Sutton Award for Best Paper in Sports and Exercise Science

Maddison Kirk

Do male and female netball players' feet differ in shape? Implications for shoe design.

ASICS Best Paper in Sports Injury Prevention

Vanessa Sutton

Joining Forces: Police recruit physical capability at entry is impacted by previous injury-related disability.

ASICS Best Paper in Physical Activity and Health Promotion

Free Coulston

CirqAll: a co-designed circus intervention to increase physical activity participation for preschool-aged children born preterm.

SENIOR CAREER RESEARCHER AWARDS

ASICS Best Paper in Clinical Sports Medicine

A/Prof Joanne Kemp

Physiotherapist-led treatment for Femoroacetabular Impingement Syndrome (The PhysioFIRST study): A participant and assessor-blinded randomised controlled trial.

ASICS Best Paper in Sports and Exercise Science

Dr Shelley Keating

Exercise reduces liver fat and improves surrogate measures of liver fibrosis in people with non-alcoholic fatty liver disease: Pooled analysis from randomised controlled trials.

ASICS Best Paper in Sports Injury Prevention

Prof Kay Crossley

Evaluation of an injury prevention program (Prep-to-Play) in 2713 women and girls playing community Australian Football: a hybrid implementation-effectiveness, stepped-wedge cluster randomised controlled trial.

BEST POSTER AWARDS

ASICS Best Poster in Clinical Sports Medicine

Frédérique Dupuis

A group-supervised neuromuscular training program for the treatment of low back pain in military personnel – Preliminary results of a randomized controlled trial.

ASICS Best Poster in Sports and Exercise Science

James McKee

Repeated-Sprint Training with Blood Flow Restriction Does Not Provide Additional Benefits in Repeated-Sprint Ability.

ASICS Best Poster in Sports Injury Prevention

Theresa Heering

Identifying modifiable risk factors and screening strategies associated with anterior cruciate ligament injury risk in children aged 6 to 13 years: A systematic review.

ASICS Best Poster in Physical Activity and Health Promotion

Boden Tighe

Barriers and enablers influencing female athlete return-to-sport postpartum: A scoping review.

People's Choice Award for Best Poster

Dr Samuel Kayall

Do biomechanical foot-based interventions reduce patellofemoral joint loads in adults with and without patellofemoral pain or osteoarthritis? A systematic review and meta-analysis.

Best of the Best' award winners at the 2023 SMA Conference



RESEARCH FOUNDATION GRANTS

The SMA Research Foundation was established to provide support to young postgraduate researchers engaged in sports medicine and lifestyle disease prevention research.

SMA Research Foundation Grants are designed to support research conducted by postgraduate students and postgraduate practitioners for the purpose of advancing research in sports medicine and its relationship with lifestyle disease prevention.

- Chelsea Blackman, University of South Australia (Dr Brian Sando Clinical Sports Medicine Award)
- Ammar Albaradie, The University of Queensland
- Dale Taylor, Victoria University
- Madeleine English, University Of Technology Sydney
- Molly Coventry, Edith Cowan University (WA Gender Equity in Research Grant)

2023 RESEARCH FOUNDATION GRANT RECIPIENTS

- Maree Cassimatis, University of Sydney (Major Grant winner)

AWARD RECIPIENTS

REGIONAL AWARDS

NORTHERN TERRITORY SPORTS AWARDS

2024 Karen Schneider SMA Safer Sport Award

Bridie Duggan

For commitment to building a safer sport environment within Basketball NT as a physiotherapist.



Jamie Crain, SMA CEO, and Bridie Duggan, recipient of the 2024 Karen Schneider SMA Safer Sport Award

ACT SMA RESEARCH AWARDS

New Investigator Award

Melissa Crunkhorn

Injury Incidence and Prevalence in Elite Short-Course Triathletes: A 4-year Prospective Study

Open Award

Professor Julien Périard

Hematological Adaptations Following a Training Camp in Hot and/or Hypoxic Conditions in Elite Rugby Union Players

HDR Investigator Award

Dr Gemma Ruddick

Epidemiology of electronic mountain biking injuries: An unexplored emerging extreme sport



2024 ACT SMA Research Award winners Melissa Crunkhorn, Professor Julien Périard and Dr Gemma Ruddick

JOURNALS & PUBLICATIONS

THE JOURNAL OF SCIENCE AND MEDICINE IN HEALTH (JSAMS)

JSAMS is the official journal of Sports Medicine Australia and an international refereed research publication.

JSAMS has maintained its Q1 ranking and now ranks 22 among the 127 journals in Clarivates sports science citation index category. The 2023 Impact factor is 3, down from 4 (IF 2022). According to Clarivate it had a total of 1,000 citations in 2023 to papers published in 2021 and 2022.

In addition, the journal also received a 7.4 Cite Score (2023) similar to 2021 and had over 4,896 citations to 659 papers in 2023, seeing JSAMS rank 17th out of 247 journals in the 'Physical Therapy, Sport Therapy and Rehab' category. BJSM and Sports Medicine lead the category at 27.1 and 18.4 respectively. JSAMS is a Q1 journal

Usage of the journal was strong and consistent throughout the year with 1,136,553 full text downloads in 2023. (was 113,866 full text downloads in 2022)

This was a 5% increase on 2021, a 4% increase in downloads in 2020, and 8% increase in downloads in 2019.

JSAMS PLUS

Launched in November 2022, JSAMS Plus is the companion title to JSAMS, led by Editor-in- Chief, Jessica Orchard, PhD since April 2023. It's an online, open access scientific journal that focuses on quick publication of high-quality research and on facilitating rapid scientific exchange about published results and their meaning.

To date, the journal has published seven review articles, 42 research articles, and two case reports. The journal features special issues (e.g. Exercise Oncology published in 2024), with another due on the theme of *Physical activity for people living with disability* which is scheduled to publish in 2025.

JSAMS Plus had 3,831 full text downloads in 2022, and 26,326 in 2023 and 40,161 (2024) to date.

The journal has been accepted for indexing by the Directory of Open Access Journals and has applied for indexation by Scopus.



JOURNALS & PUBLICATIONS

SPORT HEALTH

Sport Health is Sports Medicine Australia's quarterly magazine. The publication covers topical health issues and the interests and activities of the various discipline groups which make up the sports medicine and health promotion community within Australia. It provides updates on the latest SMA activities, resources and events.

Since during the 2023/24 year, members have received *Sport Health* in both printed and online formats, and Associates have had access to each quarterly issue online.

A Sport Health Working Group was formed in 2023. Comprised of five SMA Members, the group provides advice on content and the direction of the publication.

2023/24 ISSUES



Volume 41 Issue 3

Celebrated SMA's 60th year with past SMA Presidents sharing their reflections on the organisation's evolution. Research-based articles included ACL injury risk in women's football; optimising the power of physical activity for mental health; and the best time to take your iron supplement.



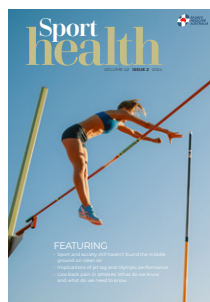
Volume 42 Issue 4

Continued with SMA's 60th Anniversary commemorative series, featuring member perspectives on the future of sports medicine. Research-based articles included challenges when researching the menstrual cycle (and why we need to do it anyway); performance and physiology adaptations of repeated sprint training with blood flow function, and frequently asked questions regarding breast injuries in female athletes.



Volume 43 Issue 1

The issue featured a recap of the 6th International Scientific Tendinopathy Symposium. Research articles included navigating the terrain of electronic mountain biking injuries; post-concussion sleep disturbance; pelvic health in exercising women; and a look into if shoes or orthotics change kneecap joint loads.



Volume 43 Issue 2

The issue featured a summary of the 2024 Member Survey results. Research-based articles included the implications of jet lag and Olympic performance; modifiable risk factors of paediatric ACL injuries; low back pain in athletes; how sport and society still haven't found the middle ground on clean air; and injury epidemiology in Police Force recruits.

ASMF FELLOWS



Michael A R Kenihan

I hope and trust that the year has been a productive for all SMA staff, stakeholders and colleagues.

SMA continues its solid progress under the leadership of Jamie Crain, our CEO, and our Board, chaired by Dr Kay Copeland. The SMA Board continues to provide strong leadership and build upon recent initiatives. The Fellows continue to be engaged and have representatives on many of the SMA committees, including the Conference Committee, the Scientific Advisory Committee, Strategic Investment Committee, and the Member Education Advisory Committee. SMA has restructured and created new Special Interest Groups, namely the revitalised SMA Sports Doctors and the SMA Student Network which now operates under the SMA banner, proving greater input and connection with undergraduate student members.

The ASMF Fellows are looking forward to the face-to-face opportunity to gather, meet and dine at the Conference in Melbourne's famous MCG in October this year.

Thanks to all Fellows for their ongoing contribution to the life of SMA.

FELLOW'S CURRENT ACTIVITY UPDATE

The Fellow's Executive has been working hard this year to increase our engagement and the relevance of our role in SMA – something we consistently strive for.

Refshauge Lecture

The 2023 Refshauge Lecture was presented by Dr Rod Whitely. Rod is a noted Sports Physio who is working at Aspetar Hospital in Qatar and has involvement in many roles in elite sporting teams with a focus on the Sporting shoulder. Rod contrasted the development of Sports Medicine both within Australia and internationally and provided fascinating insights into the place Australia occupies in Sports Medicine.

Education

As mentioned above, the SMA Board continues to prioritise professional member growth and multidisciplinary education. SMA's education offering continues at a very high standard with a wider range of topics and involvement of the many disciplines that SMA encompasses. Fellows continue to make contribution the educational offerings as speakers, facilitators and we thank them for that.

Fellows Careers in Sports Medicine and Sports Science event

During this reporting year, the Fellows assembled an expert panel to present an online event in August 2023 on *Careers in Sports Medicine and Sports Science*. This event is now a pivotal part of the SMA education program, and I thank the speakers, many of who are Fellows, for sharing their expertise and career journeys.

Mentoring

Professor Ian Gillam and Associate Professor Deirdre McGhee from your committee are working with SMA to explore how the Fellows can formally assist young members with career advice, mentoring and networking opportunities. A workshop at the 2023 ASICS SMA Annual Conference was presented by Fellows on *How to build a career in Sports Medicine and Sports Science*. Prof Julie Steele led the event which was very well attended. A similar event is planned for the Conference in 2024.

Current Fellows Committee

Your current Fellows committee elected for three years from 2021 is as follows:

President: Mr Michael Kenihan
Secretary: Dr Anita Green
Treasurer: Mr Mark Brown

Censor in Chief: Associate Professor Dierdre McGhee
Vice President Medicine: Dr Grace Bryant

Vice President Physiotherapy: Dr Kay Copeland
Vice President Science: Prof Ian Gillam

NEW FELLOWS

I am very pleased to advise that we inducted three new Fellows at the AGM and Dinner in 2023.

The new Fellows are:

- Kellie Wilkie (Physiotherapy, Tas)
- Liam Toohey (Physiotherapy, Epidemiology, ACT)
- Dr Ebonie Rio (Physiotherapy, Vic)

Michael A R Kenihan

President ASMF Order of Fellows

COLLABORATIONS & POSITION STATEMENTS

SMA has collaborated productively with a number of organisations and on several initiatives throughout FY24, including the AIS, ACSEP, APA, Unisport, the International Federation of Sports Medicine (FIMS), and Exercise Is Medicine.

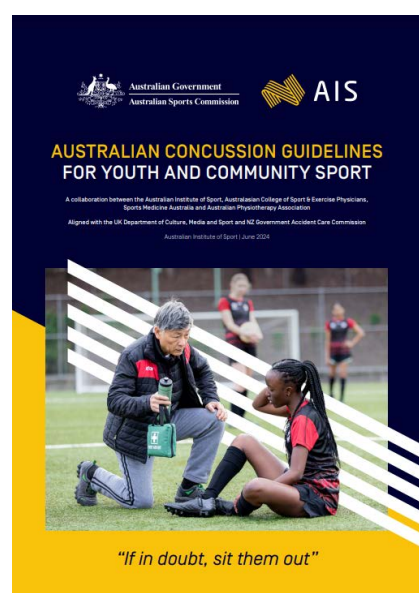
We also work within a broad spectrum of universities across the nation, furthering our links with tertiary and higher education with the goal of making sport safer.

Concussion and Brain Health Project



SMA is a member of the Steering Committee for the Concussion and Brain Health Project led by the AIS. The main output of this project was the release of the 2023 Concussion in Sport Australia Position Statement and Concussion Guidelines for Youth and Community Sport, a project supported by SMA, ACSEP, APA and the AIS. This important initiative addresses many of the issues raised during 2023's Senate Inquiry into sport-related concussion, and builds upon the 2019 version.

The central theme of the project remains: "If in doubt, sit them out", underscoring the seriousness of this issue particularly in community sport. SMA remains committed to furthering education in this area not just with our members but for the community at large.



Safer Sport Program Partnerships

During the financial year SMA's Safer Sport Program partnered with state and regional sporting associations, government, not-for-profit, and international sporting institutes.

- AFL QLD – Sports Trainer and short course delivery project.
- Western Australian Football Commission – Sports Trainer and short course delivery project
- Northern NSW Football – Sports Trainer delivery project
- VIC Sport – SSP review and industry engagement project
- Northern Territory Sport, Recreation and Strategic Infrastructure – Ongoing community support project
- Active Tasmania, Department of State Growth – Ongoing community support project
- The Council of Heads of Exercise, Sport and Movement Sciences (CHESMS) – Partner University delivery programs
- Clontarf Foundation (Not-for-profit organisation assisting with the education and employment of young Aboriginal and Torres Strait Islander men) – Sports Trainer delivery project
- Solomon Islands National Institute of Sport (SINUS) – Sports Trainer delivery project in alignment with 2023 Pacific Games event
- UniSport Australia – Provision of large scale Sports Trainer event coverage services

GOVERNMENT FUNDED ACTIVITIES

SMA received \$140,062 in State and Territory Government Grants during the 2023/24 financial year.

These grants have assisted with education programs, community outreach, and capacity building throughout Australia. Increasing government funded activities for FY25 remains a focus for the organisation into the future.

FUNDING HIGHLIGHTS



In the FY24 year, ACT Sport and Recreation provided SMA with an operational funding grant of \$22,500 per year to support participation opportunities in sport and physical recreation in the ACT. This grant allows for the provision of regular face-to-face workshops targeted at community/grassroots level sport, which aim to improve athlete performance and wellbeing, encourage a safer sporting environment, and inform policy improvements for SSOs.



The Department of Communities, Sport and Recreation issued SMA with \$16,450 to deliver a range of subsidised training opportunities for local clubs and organisations to improve safety in sport. This funding supports the delivery of the Safer Sport



Program throughout Tasmania, facilitates local Concussion education workshops, and allows for the recruitment and training of new, local presenters.

The Department of Territory Families, Housing and Communities provided \$101,112 for funding period July 2023 – June 2024. This funding supports the delivery of the Safer Sport Program throughout the Northern Territory including Darwin, Katherine and Alice Springs. The funding also allows for monthly professional development workshops to be offered to the local sporting community.



SAFER SPORT PROGRAM

Increased course availability on a national scale was a key focus of the Safer Sport Program throughout the 2023/24 financial year.

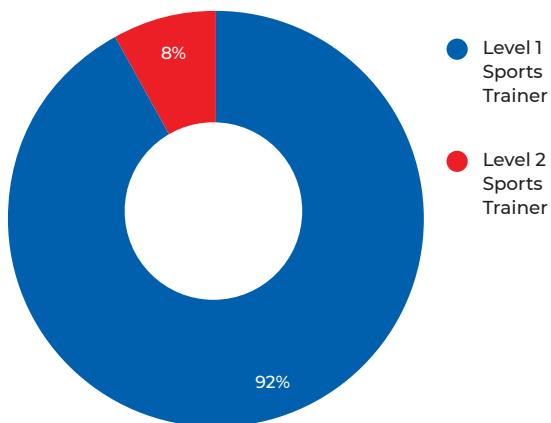
Final enrolment figures show that 637 courses were delivered during this period, with 6,664 students completing training with SMA. In comparison, during the previous financial year, 578 courses were delivered to 6,263 students. This represents a 10% increase in course availability and a 6% rise in student participation.

The SMA Sports Trainer accreditation saw the most significant growth, with 3,255 participants completing the course in 2023/24, compared to 2,532 the previous year, a 24% increase.

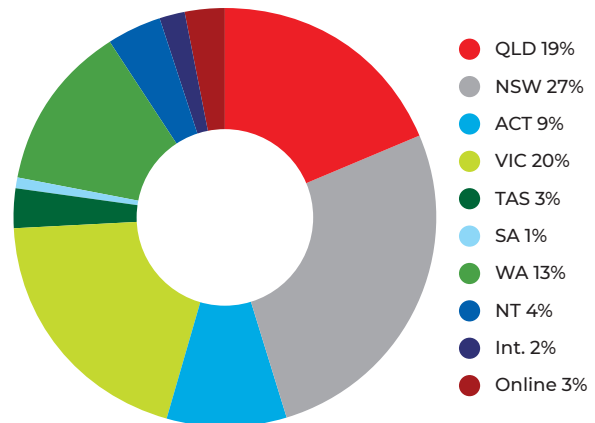
Delivery of Nationally Recognised Training remained consistent throughout the year with 1,729 statements of attainment produced by SMA as a Registered Training Organisation (RTO).

There was also a strong demand for short, workshop based education during this period with 1,680 students completing programming such as *Introduction to Sports Taping*, *Advanced Sports Taping*, *Concussion Management* and *Considerations for Athletes with a Disability*.

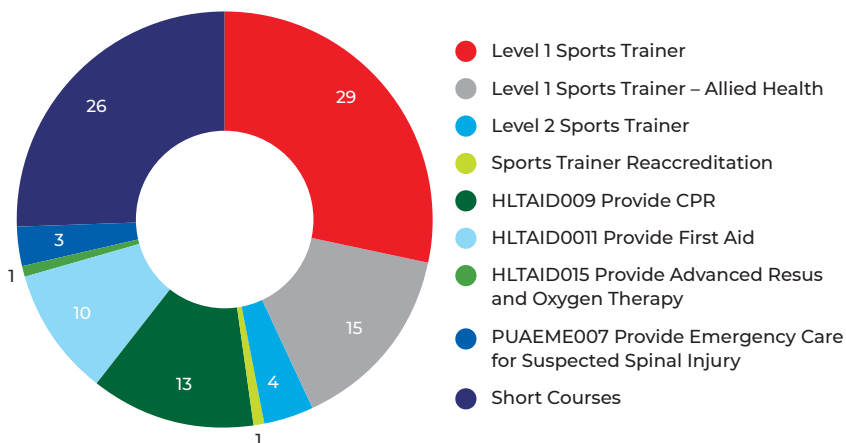
ACCREDITATION TYPE



2023/24 REGIONAL COURSE VOLUME



2023/24 STUDENT ENROLMENTS



SAFER SPORT PROGRAM – CONTINUED

INTERNATIONAL PROGRAM DELIVERY

In 2023/24, SMA's Safer Sport Programs demonstrated significant growth, with a focus on increasing course accessibility and raising awareness of our brand across the community.

This commitment has not only extended the delivery of our programs domestically but also opened doors internationally.

One of the key highlights during this period was SMA's involvement in the 2023 Pacific Games in the Solomon Islands. To ensure consistent standards in injury management and prevention across all competitions, SMA was privileged to provide essential education to event stakeholders. Over 200 participants, including coaches, medical staff, and volunteers, successfully completed SMA's Level 1 and Level 2 accreditation in preparation for the Games.

This international expansion continued with the establishment of a delivery partnership with a local allied health provider in Singapore, further extending the reach of SMA's Safer Sport Program. This collaboration saw over 50 Sports Trainer accreditations provided to students within Singapore and has laid the foundation for sustained ongoing delivery and growth in the region.

AFL BASED PARTNERSHIPS AND DELIVERY PROJECTS

In 2023/24, SMA made significant strides in advancing safety and injury prevention within Australian Rules Football (AFL), forging valuable partnerships with both the Western Australian Football Commission and AFL Queensland. These collaborations focused on providing Sports Trainer and Sports Taping education opportunities for stakeholders within both states.

The impact of these efforts across the sport of AFL has been considerable, with over 550 students completing their training with SMA during this period. The positive feedback received from both participants and those partnering organisations ensures that these relationships continue to grow following on from these successful initiatives.



SPORTS TRAINER EVENT COVERAGE SERVICE

In 2023/24, SMA provided its accredited Sports Trainers with a range of opportunities to apply their skills at several high-profile national sporting events, including:

- 2023 UniSport Nationals
- 2024 UniSport Indigenous Nationals
- 2024 School Sport Nationals
- 2024 UniSport T20 Cricket National Championships
- 2024 Rottneest Channel Swim

SMA's Sports Trainers played a crucial role within these competitions, delivering over 2,500 hours of dedicated injury prevention and management services. Their presence ensured that athletes involved had access to expert care, enhancing the safety and overall quality of those events.

From a financial perspective, the year exceeded expectations, with SMA recording a 3% increase on the budgeted forecast. This financial growth reflects the strong demand for SMA's Sports Trainer Event Coverage services at large scale sporting events.



ACKNOWLEDGEMENT OF OUR PARTNERS & SUPPORTERS

PARTNERS

SMA would like to sincerely thank our major partner, ASICS Oceania, for their continued support. In March 2022, we entered a five-year partnership with ASICS, and together we successfully delivered the 2023 ASICS SMA Conference. We look forward to collaborating on future initiatives and events, including the ASICS SMA Conferences in 2025 and 2027.

We also extend our thanks to Strapit, our exclusive taping partner, for providing their taping products in support of the Safer Sport Program.

Our gratitude goes to Mentholatum, our Safer Sport Program partner, and for sponsoring the 2023 ASICS SMA Conference Welcome Cocktail Reception, and supporting many other initiatives.

Finally, we would like to thank Elsevier for their ongoing support and contributions throughout 2023/24.



NATIONAL COMMITTEES AND WORKING GROUPS

Thank you to the following individuals who have generously volunteered their time and expertise to SMA across our National Committees, Working Groups and State Councils.

Conference Scientific and Advisory Committee (2023)

Dr Luke Kelly (Co-Chair), Dr Ebonie Rio (Co-Chair), Professor Dara Twomey (Judging Chair), Associate Professor Mitch Duncan, Dr Kathryn Mills, Dr Ryan Timmins, Professor Evert Verhagen.

Scientific Advisory Committee

Dr Tania Pizzari (Chair), Professor Eugene Aidman, Dr Donald Kuah, Professor David Lubans, Dr Reidar Lystad, Professor Dr Tim Meyer, Professor Dara Twomey, Professor Gordon Waddington, Professor Garry Allison (Board Representative).

Journal of Science and Medicine in Sport (JSAMS) Editorial Committee

Professor Tim Meyer (Editor-in-Chief), Professor Gregory Kolt (Consulting Editor), Professor Gordon Waddington (Consulting Editor) Professor Ollie Jay (Senior Deputy Editor), Associate Professor Fiona Wilson (Deputy Editor, Sports Injury), Professor Toomas Timpka (Deputy Editor, Sport and Exercise Medicine), Associate Professor Teatske Altenburg (Deputy Editor, Physical Activity), Associate Professor Jason Siegler (Deputy Editor, Sport Science). Dr Danilo de Oliveira Silva (Social Media Editor, until January 2024), Archie Veera and Macey Jane Fogary (Social Media Editor, from February 2024). Visit the JSAMS website for the full Editorial Board list.

JSAMS Plus Editorial Committee

Dr Jessica Orchard (Editor-in-Chief), Dr Angelo Sabag (Deputy Editor), Professor Toomas Timpka. Visit the JSAMS Plus website for the full Editorial Board list.

Strategic Investments Committee

Pinakin Godse, Associate Professor Anthony Leicht (Chair), Roger Morgan, Alex Murray, Myles Murphy, Dorianne Sherry, Harriet Thurlow, Ryan Timmins, Tim Pain (Board Representative), Michael Kenihan (Board Representative).

Member Education Advisory Committee

Associate Professor Julie Cooke, Associate Professor Deirdre McGhee, Dr Myles Murphy, Dr Kade Paterson, Dr Kerry Peek, Dr Carlee Van Dyk, Dr Kay Copeland (Board Representative).

Sport Health Working Group

Patrick Doan, Dr Anthony Nasser, Dr Mandy Plumb, Gary Nicholls (Board Representative)

STATE COUNCILS

● ACT

Alex Murray (Chair), Dr Jaquelin Bousie, Associate Professor Julie Cooke, Patrick Doan, Suzie Goodall, Dr Andrea Mosler, Dr Rob Reid, Mark Trbojevich

● New South Wales

Harriet Thurlow (Chair), Dr Adam Arnold, Lorenzo Campagna, Saxon Chorney, Dr Anna Harrison, Leanne Hodge, Dr Kerry Peek, Mel Tan, Joshua Mattock, Anthony Nasser, Kurt Robertson

● Northern Territory

Dorianne Sherry (Chair), Kylie Morrisroe, Dr Felix Ho, Jane Marshall, Kaitlin Talbot, Calum Page, Tamara Spence

● Queensland

Associate Professor Anthony Leicht (Chair to March 2024), Dr Ryan Timmins (Chair from March 2024), Dr Ian Gillam (Co-Chair), Associate Professor Susan Keays, Associate Professor Toby Pavey, Leisl Turley, Dr Andrew Welsh

● Tasmania

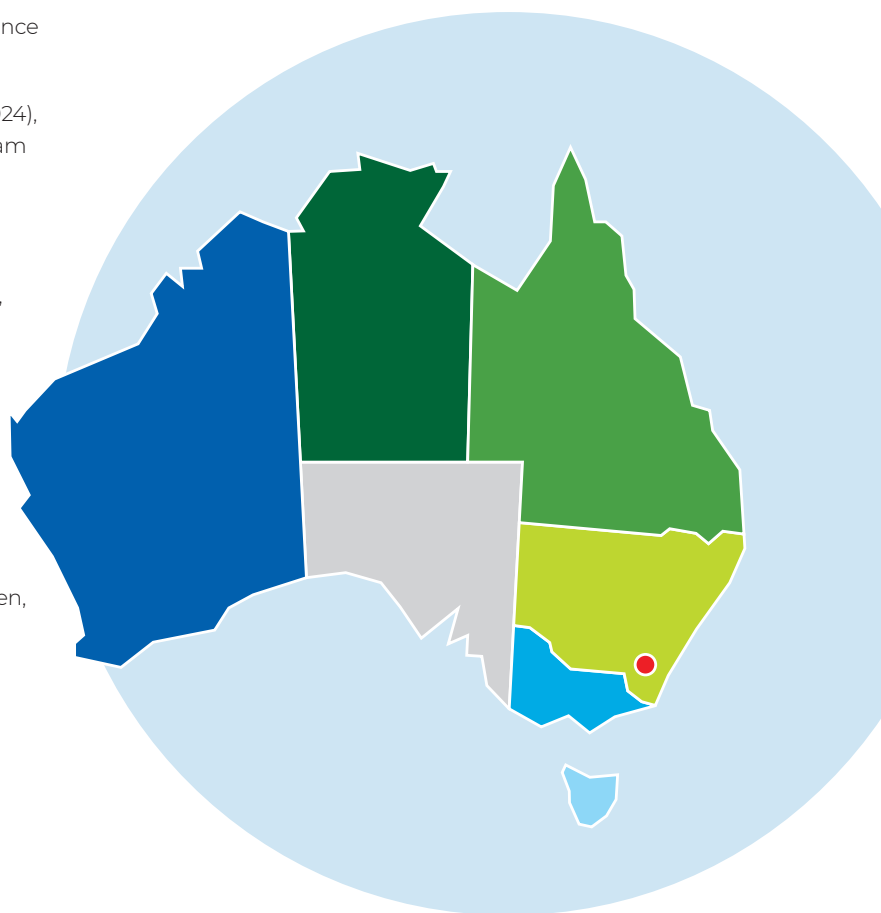
Roger Morgan (Chair), Dr Paul Crisford, Dr Stuart Imer, Dr Sally McLaine, Michael Quill

● Victoria

Pinakin Godse (Chair), Louise Bibby (Co-Chair), Samuel Kayll, Dr Kade Paterson, Dr Stephen McMahon, Zuzana Perraton, Dr Chi Kin Nathan Tso, Dr John Osborne

● Western Australia

Dr Myles Murphy (Chair), Denise Barron, Dr Brady Green, Rob Hollingshead, Dr Sandra Mejak Aislin Pawlowski, Colin Sylvester



FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2024

Australian Sports Medicine Federation Ltd
ABN 54 002 794 998



CONTENTS

27	Directors' Report	<hr/>
30	Auditor's Independence Declaration	<hr/>
31	Statement of Profit or Loss and Other Comprehensive Income	<hr/>
32	Statement of Financial Position	<hr/>
33	Statement of Changes in Equity	<hr/>
34	Statement of Cash Flows	<hr/>
35	Notes to the Financial Statements	<hr/>
42	Independent Auditor's Report to the Members	<hr/>
43	Directors' Declaration	<hr/>

DIRECTORS' REPORT

The Board of Directors presents their report on the Company for the financial year ended 30 June 2024.

Directors

The names of members of the Board of Directors in office at any time during or since the end of the year are:

Name	Background	Board Position	Date of Change
Dr Kay Copeland	(Physiotherapist VIC)	Director, Chair from 17 Nov 2022	Elected 27 Oct 2021 Re-elected 12 Oct 2023
Professor Gregory Kolt	(Academic NSW)	Director (Finance Audit & Risk Committee)	Elected 27 Oct 2021 – 12 Oct 2023 Appointed 26 Oct 2023
Professor Garry Allison	(Academic WA)	Director (Finance Audit & Risk Committee)	Elected 27 Oct 2021 Re-elected 12 Oct 2023
Dr Samantha McLeod	(Psychologist VIC)	Director (Finance Audit & Risk Committee)	Elected 12 Oct 2023
Mr Gary Nicholls	(Physiotherapist VIC)	Director	Elected 17 Nov 2022
Mr Tim Pain	(Podiatrist TAS)	Director (Finance Audit & Risk Committee to Oct 2023)	Elected 17 Nov 2022
Mr Michael Kenihan	(Physiotherapist VIC)	Director	Appointed 12 Dec 2022 - 12 Oct 2023
Professor Belinda Beck	(Academic QLD)	Director	Elected 17 Nov 2022
Professor Anthony Leicht	(Academic QLD)	Director (Finance Audit & Risk Committee)	Appointed 26 Oct 2023
Dr Laura Lallenc	(Medical Practitioner VIC)	Director	Appointed 12 Dec 2022 – 12 Oct 2023 Re-appointed 26 Oct 2023

The Board of Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Company Secretary

The following person held the position of the Company Secretary at the end of the financial year.

Mr Jamie Crain

Directors' Commentary on Financial Result

Sport Medicine Australia achieved a surplus of \$234,860 in FY24, marking another year of robust growth across all business units, including a significant rise in membership numbers. This year, we continued to enhance our member experience through the deployment of a new CRM system and a focus on developing comprehensive professional development opportunities for our members, supported by our member-led governance structure. SMA continued to boost its public and media profile, and collaborated closely with other organisations to

significant effect. Our annual conference was notably successful, attracting an increased number of delegates on the prior year, underscoring its growing importance and reach within the sports medicine community. We've seen continued growth in our publications arm, contributing to our financial reserves, which positions us strongly for future initiatives and challenges.

Principal Activities

Sports Medicine Australia is a true multidisciplinary organisation focused on providing the best professional development opportunities for our members, who represent many different medical, academic, and allied health professions. We also provide education across a range of courses under our Safer Sport Program, including our industry-leading Sports Trainer Level 1 and 2 courses.

DIRECTORS' REPORT

There were no significant changes in the principal activities of the Company during the year.

Objectives of the Company

The objects for which the Company is established are to seek to achieve its Vision and Mission in accordance with its Values.

Vision Statement

Enhanced health outcomes for all Australians through knowledge, training and safe participation in sport, exercise and physical activity.

Mission Statement

To act as Australia's peak multidisciplinary authority for sports medicine, sports science and physical activity.

Our Organisational Culture and Values

SMA values all of its members and recognises the contribution each member makes to its continued success. SMA will seek to build relationships that are respectful and value the contribution made by its members, employees and volunteers. SMA will strive to be an open, accountable and approachable organisation, encouraging the sharing of information and knowledge. SMA believes in the application of science and research to underpin and steer best practice in sports medicine and physical activity. As a not-for-profit organisation, ongoing financial sustainability must be ensured. SMA will work to build strong and valuable, long-term relationships with stakeholders, while delivering on its vision and mission.

The key values that define our culture and are drivers for our behaviour are:

- Integrity
- Collaboration
- Accountability
- Respect
- Excellence

Strategy for achieving objectives

SMA's Vision is underpinned by three strategic pillars:

Members First

1. Develop our range of multidisciplinary Professional Development and Educational member events
2. Increase member value and engagement across our range of services
3. Build our influence and advocacy to drive the public conversation

Peak Performance

1. Expand and develop our revenue streams
2. Deliver consistently high quality member services
3. Increase our operating margin by improving our internal processes

Future Fitness

1. Integrate our systems and financial resources to enable future growth
2. Build our brand and reputation: excellence and expertise
3. Grow our strategic partnerships and collaborations to increase our impact and influence

DIRECTORS' REPORT

Meetings of Directors

During the financial year, 7 (seven) meetings of Directors were held. Attendances by each director during the year were as follows:

Director	Tenure	Eligible	Present
Dr Kay Copeland (Chair)	Elected 27 Oct 2021 Re-elected 12 Oct 2023	7	6
Professor Gregory Kolt	Elected 27 Oct 2021 – 12 Oct 2023 Appointed 26 Oct 2023	6	6
Professor Garry Allison	Elected 27 Oct 2021 Re-elected 12 Oct 2023	7	5
Mr Gary Nicholls	Elected 17 Nov 2022	7	7
Mr Tim Pain	Elected 17 Nov 2022	7	7
Professor Belinda Beck	Elected 17 Nov 2022	7	5
Dr Samantha McLeod	Elected 12 Oct 2023	5	5
Professor Anthony Leicht	Appointed 26 Oct 2023	4	3
Mr Michael Kenihan	Appointed 12th Dec 2022 – 12th Oct 2023	2	2
Dr Laura Lallene	Appointed 12th Dec 2022 – 12th Oct 2023 Re-appointed 26 Oct 2023	6	6

After balance day events

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Company, the results of those operations or the state of affairs of the Company in future financial years.

Contribution in Winding Up

Australian Sports Medicine Federation Ltd is a Company limited by guarantee. If the Company is wound up, the constitution states that each member is required to contribute a maximum of \$10.00 towards meeting any outstanding obligations of the Company.

At 30 June 2024 there were 1,024 (2023: 1,525) voting members and 1,610 (2023: 1,501) non-voting members. The variance from prior year is due to the change in membership categories and eligibility implemented in April 2023.

Auditor's Independence Declaration

A copy of the auditor's independence declaration as required under section 60-40 of the Australian Charities and Not-for-profits Commission Act 2012 is set out on page 4 and forms part of the Directors' report.

Signed in accordance with a resolution of the Directors:

Director: 
Kay Copeland (Chair)


Garry Allison (Chair of Finance and Risk Management Committee)

Dated this 24th of September 2024

AUDITOR'S INDEPENDENCE DECLARATION

bkm
audit services



To the Directors of Australian Sports Medicine Federation Ltd

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2024 there have been no contraventions of:

- i. the auditor independence requirements as set out in section 60-40 of the Australian Charities and Not-for-profits Commission Act 2012 in relation to the audit; and
- ii. any applicable code of professional conduct in relation to the audit.

DFK BKM Audit Services

Kevin Adams

Kevin P Adams
Camberwell, Victoria
Director
3 October 2024

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME

	Note	2024 \$	2023 \$
Revenue	2	3,044,171	2,902,533
COST OF SALES			
Membership Costs		165	394
Events & Merchandise Costs		26,213	32,194
Safer Sports Program Costs		277,406	244,938
Coverage Costs		73,669	83,844
Publication Costs		138,482	144,719
Conference Costs		363,544	326,822
TOTAL COST OF SALES		879,479	832,911
GROSS SURPLUS FROM OPERATING ACTIVITIES		2,164,692	2,069,622
OPERATING EXPENDITURE			
Administration Expenses		150,760	59,896
Computer & IT Expenses		127,132	127,734
Depreciation and amortisation expenses	3	44,470	31,625
General Expenses		51,701	37,031
Finance Charges on Lease Liability		3,363	4,962
Insurance Expenses		85,623	59,906
Payroll Expenses		1,328,535	1,284,152
Professional Subscriptions		2,324	(630)
Publication Expenses		3,495	4,500
Rental Expenses		66,426	56,866
Staff Expenses		51,558	27,726
Travel & Accommodation Expenses		14,445	14,743
TOTAL OPERATING EXPENDITURE		1,929,832	1,708,511
Surplus attributable to the Company		234,860	361,111
Other comprehensive income for the year		-	-
Total comprehensive income for the year		234,860	361,111

The accompanying notes form part of the financial statements.

STATEMENT OF FINANCIAL POSITION

AS AT 30 JUNE 2024

	Note	2024 \$	2023 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	4	1,576,227	2,406,435
Term deposits	5	1,044,953	–
Trade and other receivables	6	68,409	65,104
Inventory		7,720	–
Other current assets	7	151,741	148,252
Total Current Assets		2,849,050	2,619,791
NON-CURRENT ASSETS			
Plant and equipment	8	57,675	47,411
Right-of-use assets	9	54,059	74,005
Total Non-Current Assets		111,734	121,416
TOTAL ASSETS		2,960,784	2,741,207
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	10	591,168	630,312
Provisions	11	91,117	63,188
Lease liabilities	12	28,168	24,607
Total Current Liabilities		710,453	718,107
NON-CURRENT LIABILITIES			
Provisions	11	45,392	29,575
Lease liabilities	12	29,609	53,055
Total Non-Current Liabilities		75,001	82,630
TOTAL LIABILITIES		785,454	800,737
NET ASSETS		2,175,330	1,940,470
EQUITY			
Accumulated Funds		1,934,140	1,710,103
Reserves	17	241,190	230,367
TOTAL EQUITY		2,175,330	1,940,470

The accompanying notes form part of the financial statements

STATEMENT OF CHANGES IN EQUITY

FOR THE YEAR ENDED 30 JUNE 2024

	Accumulated Funds \$	Specific Purpose Reserve \$	Sports Medicine Education Facility Building Fund \$	Total \$
BALANCE AT 30 JUNE 2022	368,542	1,210,817	–	1,579,359
Surplus attributable to the Company	361,111	–	–	361,111
Transfer to/ (from) Reserves	980,450	(1,210,817)	230,367	–
BALANCE AT 30 JUNE 2023	1,710,103	–	230,367	1,940,470
Surplus attributable to the Company	234,860	–	–	234,860
Transfer to/ (from) Reserves	(10,823)	–	10,823	–
BALANCE AT 30 JUNE 2024	1,934,140	–	241,190	2,175,330

The accompanying notes form part of the financial statements.

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 30 JUNE 2024

	Note	2024 \$	2023 \$
CASH FLOWS FROM OPERATING ACTIVITIES			
Receipts from Membership Fees		348,919	277,110
Receipts from Programs, Grants, Sponsorship and Project Fees		1,356,863	1,274,674
Other Receipts		1,182,456	1,111,743
Payments to Employees & suppliers		(2,678,706)	(2,671,143)
Interest paid		(3,363)	(4,962)
Interest received		52,426	30,478
Interest received on Sports Medicine Education Facility Building Fund		10,823	-
Net Cash Generated from Operating Activities	13	269,418	17,900
CASH FLOWS FROM INVESTING ACTIVITIES			
Payment for plant and equipment		(30,051)	(54,368)
Payment for term deposits		(1,044,953)	-
Proceeds from Sports Medicine Education Facility Building fund transferred from WA Branch		-	230,367
Net cash provided by / (used in) investing activities		(1,075,004)	175,999
CASH FLOWS FROM FINANCING ACTIVITIES			
Repayment of lease liabilities (principal)		(24,621)	(25,858)
Net cash used in financing activities		(24,621)	(25,858)
NET INCREASE IN CASH HELD			
		(830,208)	168,041
Cash and cash equivalents at the beginning of the financial year		2,406,435	2,238,394
Cash and cash equivalents at the end of the financial year	4	1,576,227	2,406,435

The accompanying notes form part of the financial statements.

NOTES TO THE FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2024

NOTE 1: MATERIAL ACCOUNTING POLICY INFORMATION

The financial report covers Australian Sports Medicine Federation Ltd as an individual entity. Australian Sports Medicine Federation Ltd is a not-for-profit company limited by guarantee, incorporated and domiciled in Australia.

The functional and presentation currency of Australian Sports Medicine Federation Ltd is Australian dollars. The financial report was authorised for issue by the directors on 19 September 2024.

Comparatives are consistent with prior years, unless otherwise stated.

Basis of Preparation

The financial statements are general purpose financial statements that have been prepared in accordance with the *Australian Charities and Not-for-profits Commission Act 2012* and Australian Accounting Standards – Simplified Disclosures.

The financial statements, except for the cash flow information, have been prepared on an accruals basis and are based on historical costs unless otherwise stated in the notes. The amounts presented in the financial statements have been rounded to the nearest dollar.

The company has adopted the amendments to AASB 101 *Presentation of Financial Statements* which require only the disclosure of material accounting policy information rather than significant accounting policies and therefore policy information which does not satisfy one of the following requirements has been removed

- from these financial statements:
- Relates to change in accounting policy
- Policy has been developed in the absence of an explicit accounting standard requirement
- Documents an accounting policy choice
- Relates to an area of significant judgement or estimation
- Relates to a complex transaction and is required to explain the treatment to the user.

Accounting Policies

(a) Income Tax

No provision for income tax has been raised as the entity is exempt from income tax under Div 50 of the *Income Tax Assessment Act 1997*.

(b) Revenue Recognition

The core principle of AASB 15 is that revenue from contracts with customers is recognised on a basis that reflects the transfer of promised goods or services to customers at an amount that reflects the consideration the company expects to receive in exchange for those goods or services.

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability.

Other income is recognised on an accruals basis when the company is entitled to it.

Interest income is recognised using the effective interest method.

(c) Plant and Equipment

Plant and equipment are carried at cost less any accumulated depreciation and impairment losses.

The depreciable amount of the plant and equipment is depreciated on straight-line and diminishing value methods over the asset's useful life to the company commencing from the time the asset is held ready for use.

The depreciation rates used for each class of depreciable assets are:

Class of Fixed Asset	Depreciation Rate
Plant and equipment	13.33% – 66.67%

(d) Financial Instruments

The company's financial assets measured at amortised cost comprise cash and cash equivalents, term deposits and trade and other receivables.

The company's financial liabilities measured at amortised cost comprise trade and other payables and lease liabilities.

NOTES TO THE FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2024

(e) Critical Accounting Estimates and Judgements

The directors evaluate estimates and judgements incorporated into the financial statements based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and within the company.

Key assumptions and major sources of estimation uncertainty

The key assumptions about the future, and other major sources of estimation uncertainty at the reporting date, that may have a significant risk of resulting in a material adjustment to the carrying amount of assets and liabilities within the next financial year are outlined below:

– Estimating the useful lives of plant and equipment.

(f) Lease accounting

The company recognises a right-of-use assets and associated lease liabilities for the lease term.

The right-of-use asset is measured using the cost model where cost on initial recognition comprises of the lease liability.

The right-of use asset is depreciated over the lease term on a straight-line-basis and assessed for impairment in accordance with the impairment of assets accounting policy. The right-of-use asset is assessed for impairment indicators at each reporting date. The lease liability is initially measured at the present value of the remaining lease payments at the commencement of the lease. The discount rate is the company's incremental borrowing rate.

Subsequent to initial recognition, the lease liability is measured at amortised cost using the effective interest rate method.

NOTES TO THE FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2024

NOTE 2: REVENUE

Operating Activities

	2024 \$	2023 \$
Memberships	351,781	291,750
Events & Merchandise	73,086	45,849
Safer Sports Program	910,710	847,601
Coverage	131,798	143,537
Publications	544,201	470,154
Conference	481,927	357,555
Grants and sponsorships	463,773	479,877
Sundry Income	2,715	1,648
	<u>2,959,991</u>	<u>2,637,971</u>

Non-Operating Activities

Interest Received	73,357	34,195
Interest received on Sports Medicine Education Facility Building Fund	10,823	-
Proceeds from Sports Medicine Education Facility	-	230,367
Building fund transferred from WA Branch	84,180	264,562
	<u>84,180</u>	<u>264,562</u>

TOTAL REVENUE

<u>3,044,171</u>	<u>2,902,533</u>
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NOTE 3: OPERATING ACTIVITIES: EXPENSES

Depreciation of Non-current assets	19,787	6,957
Amortisation of right-of-use asset	24,683	24,668
	<u>44,470</u>	<u>31,625</u>

NOTE 4: CASH AND CASH EQUIVALENTS

Cash at Bank - Australian Sports Medicine Federation Ltd	1,576,021	2,176,068
Cash at Bank - Sport Medicine Education Facility Building Fund	206	230,367
	<u>1,576,227</u>	<u>2,406,435</u>

NOTE 5: TERM DEPOSITS

Term deposits - Australian Sports Medicine Federation Ltd	807,105	-
Term deposits - Sports Medicine Education Facility Building Fund	237,848	-
	<u>1,044,953</u>	<u>-</u>

NOTE 6: TRADE AND OTHER RECEIVABLES

	2024 \$	2023 \$
Trade Receivables	42,860	59,149
Accrued interest	21,513	3,717
Accrued interest – Sports Medicine Education Facility Building Fund	3,136	-
Other Receivables	900	2,238
	<u>68,409</u>	<u>65,104</u>

NOTE 7: OTHER CURRENT ASSETS

Prepayments	78,415	73,983
Prepaid Conference Expenses	73,326	74,269
	<u>151,741</u>	<u>148,252</u>

NOTE 8: PLANT AND EQUIPMENT

Plant and equipment – at cost	84,419	54,368
Less: accumulated depreciation	(26,744)	(6,957)
	<u>57,675</u>	<u>47,411</u>

Movements in Carrying Amounts

Movements in the carrying amounts for plant and equipment between the beginning and the end of the current financial year:

Balance at the beginning of the year	47,411	-
Additions	30,051	54,368
Depreciation expense	(19,787)	(6,957)
Balance at the end of the year	<u>57,675</u>	<u>47,411</u>

NOTE 9: RIGHT-OF-USE ASSETS

Office premises	128,063	123,341
Less: accumulated amortisation	(74,004)	(49,336)
	<u>54,059</u>	<u>74,005</u>

Balance at the beginning of the year	74,005	106,471
Lease modification	4,722	(7,798)
Depreciation expense	(24,668)	(24,668)
Balance at the end of the year	<u>54,059</u>	<u>74,005</u>

NOTES TO THE FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2024

NOTE 10: TRADE AND OTHER PAYABLES

Current

	2024 \$	2023 \$
Trade Payables	43,315	40,745
Other Payables	73,723	76,643
Conference & Other Income Received in Advance	383,217	473,137
Superannuation Payable	11,489	10,375
GST Payable	19,306	9,142
PAYG Withholding Tax Payable	60,118	20,270
	<u>591,168</u>	<u>630,312</u>

Trade and other payables are unsecured and non-interest bearing. The carrying value of trade and other payables is considered a reasonable approximation of fair value due to the short-term

NOTE 11: PROVISIONS

Current

Annual Leave	69,946	44,434
Long Service Leave	21,171	18,754
	<u>91,117</u>	<u>63,188</u>

Non-Current

Long Service Leave	<u>45,392</u>	<u>29,575</u>
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NOTE 12: LEASE LIABILITIES

Current

Lease liabilities – office premises	<u>28,168</u>	<u>24,607</u>
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Non-Current

Lease liabilities – office premises	<u>29,609</u>	<u>53,055</u>
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NOTES TO THE FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2024

	2024 \$	2023 \$
NOTE 13: CASH FLOW INFORMATION		
Reconciliation of cash flow from operations with operating surplus		
Operating Surplus	234,860	361,111
Non-cash flows in surplus		
Depreciation	51,770	31,625
Changes in Assets and Liabilities (Increase)/Decrease		
(Increase)/Decrease in trade and other receivables	(3,305)	(48,738)
(Increase)/Decrease in Other Current Assets	(3,489)	(56,374)
(Increase)/Decrease in Inventory	(7,720)	–
Increase/(Decrease) in Trade and Other Payables	50,776	(110,218)
Increase/(Decrease) in Conference and Other Income in Advance	(89,920)	70,577
Increase/(Decrease) in Provisions	43,746	284
Cash Flow from Operations	269,418	17,900

NOTE 14: FINANCIAL RISK MANAGEMENT

Financial assets

Held at amortised cost

Cash and cash equivalents	1,576,227	2,406,435
Trade and other receivables	68,409	65,104
	<u>1,644,636</u>	<u>2,471,539</u>

Financial liabilities

At amortised cost

Trade and other payables	117,038	630,312
Lease liabilities	57,777	77,662
	<u>174,815</u>	<u>707,974</u>

NOTE 15: RELATED PARTY TRANSACTIONS

There are no transactions with any related party (2023: Nil).

NOTE 16: KEY MANAGEMENT PERSONNEL COMPENSATION

The total remuneration paid to key management personnel of the entity

<u>511,612</u>	<u>539,836</u>
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NOTE 17: RESERVE FUND

a) Specific Purpose Reserve

This reserve comprises the transfer of funds from the State Branches on their transfer to Australian Sports Medicine Federation Ltd. During 2023 this reserve was transferred to accumulated funds.

NOTES TO THE FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2024

2024
\$

2023
\$

b) Sports Medicine Education Facility Building Fund

This comprises funds transferred from the ex-WA State Branch bank account during 2023 to Australian Sports Medicine Federation Ltd, in accordance with the SMA Constitution, and as per the Building Fund remit which requires the Fund to be used for the acquisition, construction or maintenance of a building used as a school. This fund also includes any interest earned on the funds transferred.

NOTE 18: REMUNERATION OF AUDITOR

Auditing the financial report

13,250

12,500

NOTE 19: COMPANY DETAILS

The registered office of the company is:

Melbourne Sports Centre
10 Brens Drive
Parkville VIC 3052

The principal place of business is:

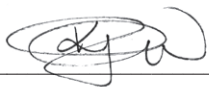
Melbourne Sports Centre
10 Brens Drive
Parkville VIC 3052

In the opinion of the Directors of Australian Sports Medicine Federation Ltd:

- a) The financial statements and notes, set out on pages 5 to 16, are in accordance with the *Australian Charities and Not-for-profits Commission Act 2012*, including:
 - i. Giving a true and fair view of its financial position as at 30 June 2024 and of its performance for the financial year ended on that date; and
 - ii. Complying with Australian Accounting Standards – Simplified Disclosures (including Australian Accounting Interpretations) and the *Australian Charities and Not-for-profits Commission Regulation 2022*; and
- b) there are reasonable grounds to believe that Australian Sports Medicine Federation Ltd is able to pay all of its debts, as and when they become due and payable.

Signed in accordance with subsection 60.15(2) of the *Australian Charities and Not-for-profit Commission Regulation 2022*.

Director:



Kay Copeland (Chair)



Garry Allison (Chair of Finance and Risk Management Committee)

Dated this 19th of September 2024

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS

bkm
audit services



INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF AUSTRALIAN SPORTS MEDICINE FEDERATION LTD

Opinion

We have audited the financial report of Australian Sports Medicine Federation Ltd (the company), which comprises the statement of financial position as at 30 June 2024 and statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including material accounting policy information, and the directors' declaration.

In our opinion, the accompanying financial report of Australian Sports Medicine Federation Ltd has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- giving a true and fair view of the company's financial position as at 30 June 2024 and of its performance for the year then ended; and
- complying with Australian Accounting Standards – Simplified Disclosures, and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2022*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the company in accordance with the auditor independence

requirements of the Australian Charities and Not-for-profits Commission Act 2012 and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (including Independence Standards) (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Directors for the Financial Report

The Directors of the company are responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards – Simplified Disclosures and the *Australian Charities and Not-for-profits Commission Act 2012*, and for such internal control as the Directors determine is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the Directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

The Directors are responsible for overseeing the company's financial reporting process.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at:

<http://www.auasb.gov.au/Home.aspx>. This description forms part of our auditor's report.

Independence

We confirm that the independence declaration required by the ACNC Act, which has been given to the Directors of Australian Sports Medicine Federation Ltd, would be in the same terms if given to the Directors as at the time of this auditor's report.

DFK BKM Audit Services

Kevin Adams

Kevin P Adams

Director

Camberwell, Victoria

3 October 2024