

22 23 ANNUAL REPORT

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A MESSAGE FROM OUR CHAIR

Dr Kay Copeland

I am delighted to present the Sports Medicine Australia Annual Report for 2022/23.

his year marks a significant achievement for SMA as we turn 60. The immense volume of change and progress the association has moved through – with all the accompanying challenges and rewards – has been amplified this year as we look back on the last six decades of SMA and the sports medicine profession. It has clearly highlighted how SMA needs to remain relevant, credible and sustainable.

Guided by the principles of our Strategic Plan, we continue to educate and connect our members across all sports medicine and sports science disciplines. We support new research to advance the profession, deliver enhanced health outcomes for athletes, and ensure safe participation in sport and physical activity for all Australians.

SMA has experienced a substantial amount of growth over the last year. We continue to deliver a practical and relevant professional development events program, that is now supported by a Member Education Advisory Committee. Our accredited courses have significantly increased in number and reach across the country thanks to important partnerships with major sporting organisations, including AFL Victoria and WAFC.

The 2022 SMA Conference was the first face-toface Conference held since 2019, pre-COVID. It was wonderful to see everyone learning, sharing and connecting across the four days.

We launched JSAMS Plus, an open access journal which is the companion title to our flagship Journal of Science and Medicine in Sport (JSAMS). I would like to sincerely thank JSAMS Editor-in-Chief, Professor Dr Tim Meyer, JSAMS Plus Editor-in-Chief, Dr Jessica Orchard, and their editorial teams for driving these world class publications. In consultation with our membership and after much discussion at Board level, we implemented a new membership structure in April. Alongside this we launched an improved website and systems that are positively enhancing the SMA Member and Associate experience.

We can assure our members that the strength of our offerings and advocacy will grow in 2024 and beyond.

I acknowledge and thank our major partners – ASICS, Strapit, Gallagher Insurance and Elsevier. This year we also welcome Mentholatum as a new major partner supporting our Safer Sports Program.

SMA CEO, Jamie Crain, supported by SMA staff, continues to engender renewed rigour in the organisation, driving financial sustainability, increased member value and innovation. Our State Councils and Committees remain an important driving force behind SMA's programs and specialist projects. Thank you all for your commitment and passion.

This year also marks my first year as Chair. I thank my accomplished predecessor, Professor Greogry Kolt, and extend this gratitude to the Board, noting the valuable contribution that they all make.

I look forward to continuing to work with the Board, Jamie, Councils, Committees and SMA staff to deliver value for SMA members in 2024.

Dr Kay Copeland Chair, Board of Directors Sports Medicine Australia

A MESSAGE FROM OUR CEO

Jamie Crain

FY23 marks the first full year without disruption for SMA in four years, and I am delighted to say that it has been a most successful one for the organisation.

here has been no shortage of activity for the SMA team. We initiated many new activities and achieved a great deal in FY23, which was the second year in our three-year Strategic Plan.

Our professional development and events program is in full swing with thousands of our members and guests accessing the latest content in a variety of formats across a comprehensive list of topics. Sincere thanks to all our presenters who share their knowledge and best practice so that others may benefit.

In November 2022, we were delighted to host our first face-to-face national conference in three years at RACV Royal Pines on the Gold Coast. 400 delegates presented, listened, networked and socialised over our three-day program which was masterfully curated by our Conference Committee under the leadership of Drs Luke Kelly and Ebonie Rio. The conference was delivered to members' expectations and received an average score of 4.6 out of 5 from attendees.

In April 2023, we launched our new CRM for managing our member data, their preferences and purchases. This marks a significant boost to SMA's capabilities, and provides a new experience for members through a re-vamped member portal.

Additionally, we launched a brand-new website with a modern and fresh look. The new shop window gives SMA members and visitors alike a much more streamlined and enjoyable experience online and presents our brand as the leading multidisciplinary, sports medicine organisation in our region.

These investments and initiatives, along with the others listed in the Chair's report from Dr Kay Copeland all

contributed to a full year surplus of \$361,111 with an underlying profit of \$130,744, well above our original budget of \$75,465. This marks our third year in a row of surpluses, demonstrating our commitment to financial stability and good governance, whilst delivering value for members. This is a great result for SMA and reflects the fantastic efforts of the broader team in delivering increased Safer Sports courses, a successful Conference, JSAMS performance, and a continued focus on keeping our costs within our means.

Our membership numbers have grown modestly in the past 12 months, as we return to full operations and stability. Member satisfaction remains high, and our mission is to further expand and improve our member services. With the assistance of our new Strategic Investment Committee, we will be making further investment in SMA's growth and member offerings, especially in member education.

Once again, SMA has benefited greatly from its large network of volunteers who participate actively in our various membership groups: State Councils, Board of Directors, and numerous advisory committees. Without their help, SMA would simply not function the way it does it, so I would like to extend my sincere thanks to all who have been involved throughout the year and contributed so much.

Jamie Crain Chief Executive Officer Sports Medicine Australia

ABOUT SMA

SMA is the peak multidisciplinary body for sports medicine, sports science and physical activity in Australia.

e bring together sports medicine, sports science and healthcare professionals to provide leadership in the areas of sports exercise and medicine, sports injury, physical activity, sports exercise and science, and the healthy performance and participation of Australians in physical activity and sport.

With a heritage dating back to 1963, we champion our members through leadership, advocacy and education. SMA members include surgeons, physicians, doctors, physiotherapists, public health specialists, accredited exercise physiologists, dietitians, sport and exercise scientists, optometrists, dentists, podiatrists, psychologists, chiropractors, academics, nurses, teachers, and many others. We also educate, accredit and support sports trainers, students and community members engaged in sports and physical activity.

SMA is widely acknowledged internationally as a leading multidisciplinary sports medicine body that provides expert information, advice and commentary on a diverse range of issues. These range from government policy and funding for sports medicine and community programs to prevent chronic diseases, through to specific projects focusing on sport health, health promotion, gender equity, older people in sport, safe sport for children, and drugs in sport.

OUR VALUES

These values are at the heart of everything we do.



OUR VISION

Enhanced health outcomes for all Australians through knowledge, training and safe participation in sport, exercise and physical activity.

OUR MISSION

To act as Australia's peak multidisciplinary authority for sports medicine, sports science and physical activity.

SMA BOARD

SMA is a public company limited by guarantee and is governed by a Board that is comprised of elected member Directors and Board appointed Directors.

Sports Medicine Australia's Board of Directors for the 2022–2023 financial year



Chair Dr Kay Copeland (Specialist Sports and Exercise Physiotherapist, VIC)



Director Professor Garry Allison (Sports Physiotherapist, WA)



Deputy Chair Tim Pain (Podiatrist, TAS)



Director Professor Belinda Beck (Exercise Scientist, QLD)



Director Michael Kenihan (Physiotherapist, VIC)



Director Professor Gregory Kolt (Academic, NSW)



Director Dr Laura Lallenec (Sports and Exercise Medicine Physician, VIC)



Director Gary Nicholls (Sports and Exercise Physiotherapist, VIC)

MEMBERSHIP

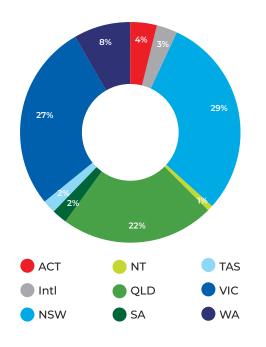
Delivering benefits to members and membership growth continue to be key priorities for SMA.

n April 2023 we adopted a new membership structure, which aims to make SMA more inclusive, equitable and broaden our appeal across the sports medicine community. We now offer a single category of membership which is available to all professionals, academics, and people involved in sports medicine. As part of the restructure, Associate subscriptions are also available for the broader sports medicine community, including Sports Trainer Associate and Student Associate subscriptions.

In the same month we implemented a new membership platform that enables an improved the member experience, particularly around renewals and access to member resources. We also launched a new and vastly improved website, with an enhanced navigation and more sophisticated brand that better positions SMA as the peak sports medicine association. The total number of financial SMA Members and Associates as at 30 June 2023 was 1,781 (SMA Members: 922, Sports Trainer Associates: 792, Other: 67). Student Membership continues to be a free offering. This strategy aims to attract the next generation of SMA Members and provides students the opportunity to experience the valuable networking and professional development opportunities SMA offers. At the end of June 2023 SMA had 1,552 Student Associates, a 19% increase for the financial year.

Overall, we saw a 14% increase across all combined Member and Associate categories for 2023/23 on the last financial year.

SMA continues to further develop and reflect on our membership categories to ensure we deliver value to each specific member cohort. Improving member services and value is paramount to our ongoing strategy.



Members and Associates by Region





OUR STRATEGIC PLAN

Our Strategy Map was launched in July 2021 and is our overarching guide to running our association.

ow in its second year, this document contains nearly 40 Strategic Initiatives that were designed to enable the team to deliver against our Plan throughout the year and beyond. The Initiatives build upon each other over a three-year timeframe, such that our growth towards our stated goals is structured, balanced, and in line with our available resources and capabilities.

In FY23, our focus was continued growth after a period of stabilisation having emerged from COVID in the year before. Across our 11 Strategic Priorities and 38 Initiatives we performed well, noting progress in all major areas.

We also made investments in a new membership system and website, providing us with a significant boost in capability whilst improving our public profile.

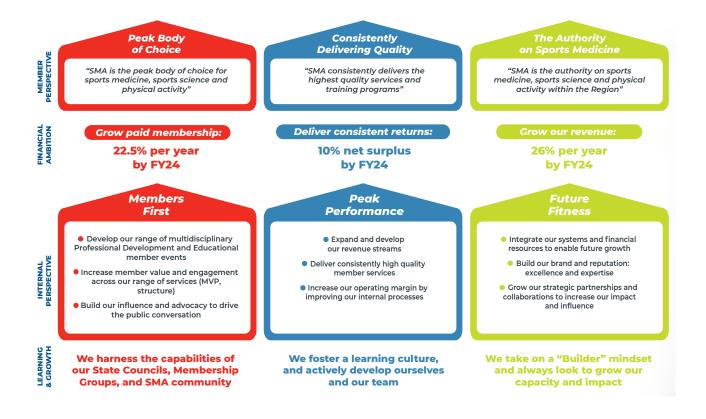
Against our Financial Ambitions, we can report the following scorecard:

- Grow paid membership: 1,781 (up from 1,700)
- 10% Net Surplus by 2024: 5% net surplus achieved (Target 5-10%)
- Grow our Revenue: \$2.638m (up from \$2.333m)

All of this contributed towards us recording a net surplus of \$130,746 for the full year, up from \$114,410 or a 14.3% increase.

Our growth toward these Ambitions is encouraging and we look forward to building upon our FY23 results into the year ahead as we continue to build our capabilities off the back off strategic investments in new systems.

For the FY24 year, our Strategic Initiatives and KPIs have been reset to reflect the current conditions and priorities for the organisation, whilst maintaining our Strategic Themes of Members First, Peak Performance, and Future Fitness. We intend to make further investments that will directly benefit our members.



COMMUNICATIONS & MEDIA

MEDIA MENTIONS AND REACH

In the 2022-2023 financial year, SMA had a total of 713 media reports and social media mentions. Meltwater media monitors' data shows that the total audience "reach" was 547,653,366. These reach figures are quite substantial and demonstrate the continued significance of the SMA brand.

Top locations of those writing or posting about SMA were Australia, US and UK. We also received some mentions in Finland, Cyprus, China and India.

EMAIL NEWSLETTERS AND UPDATES

SMA uses email marketing as the primary communication channel for keeping members and the wider sports medicine community connected and updated on SMA professional development events, courses, activities, news and resources.

Regular emails include weekly professional events and conference updates, monthly member newsletters, event invitations and Safer Sport Program updates. In March 2023 we launched our first quarterly Sports Trainer Newsletter.

Between 1 July 2022 and 30 June 2023, 723,268 of the 2,262,151 delivered emails were opened. This is a 32% open rate, which is above industry average for email engagement.

LINKEDIN

@Sports-Medicine-Australia

Audience – 19,613 Posts – 345 Impressions – 207,676 Engagements – 9,859

FACEBOOK

@SportsMedicineAustralia

Followers – 19,129 Posts – 458 Impressions – 2,836,157 Engagement – 42,453

SMA TWITTER

@SMA_News

in

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Audience – 9,736 Posts – 352 Impressions – 315,543 Engagements – 5,795

INSTAGRAM

@Sports_Medicine_Australia

Followers – 3,858 Posts – 376 Impressions – 347,146 Engagement – 9,859



SMA WEBSITE

www.sma.org.au Sessions – 319,442 Page views – 553,296

2022 SMA CONFERENCE

The SMA Annual Conference returned to an in-person format in 2022, after a two-year COVID hiatus.

ver 400 sports medicine professionals from across Australia and the globe, came to the RACV Royal Pines Resort on the Gold Coast for a four day deep dive into cutting edge research.

Specialist Sports and Exercise Physician, and Director of Performance Health Services and Chief Medical Officer at the Victorian Institute of Sport, Dr Susan White, opened the Conference on the Wednesday, delivering the Refshauge Lecture titled, "Sports Medicine is like a box of chocolates".

The Trade Exhibition also opened on Wednesday, with exhibitors showcasing cutting-edge technology and treatment options.

Over the next three days, delegates enjoyed keynote presentations, as well as symposia and workshops from both international and local keynote speakers. Special thanks to keynote speakers Professor Dr Vincent Gouttebarge PhD, Dr Phathokuhle Zondi MBChB, Professor Karyn Esser PhD, Professor Jill Cook PhD, Professor John Hawley PhD and Dr Esther van Sluijs PhD, and the eight invited speakers, who all made an outstanding contribution to the Conference program.

To compliment the exceptional keynote and invited speaker line-up, the program included papers delivered by over 100 early career and senior researchers on topics that included lower extremity clinical biomechanics; hip and groin; physical activity interventions and health; concussion; female athletes; defence and front line health and performance; injury prevention implementation; ACL and adolescent ACL.

Friday featured the Scientific Poster presentations, and the best posters were recognised and awarded on Friday evening. Saturday saw the 'Best of the Best' judging with \$23,000 on offer for the best





Abstract and Symposia/Workshop presentation. Congratulations to Dr Reidar Lystad, who was awarded the prestigious ASICS Medal for Best Paper Overall.

The Conference would not have been possible without the generous support of our major partner, ASICS; Safer Sports Partner, Strapit; Session Sponsors, Bared Footwear and SEPA; and all of the trade exhibitors. A special thanks to Conference Committee Co-Chairs Drs Luke Kelly and Ebonie Rio, and Judging Chair, Professor Dara Twomey, for their incredible leadership and support, backed by their outstanding Conference Committee, and SMA staff who all worked to deliver an exceptional event.



PROFESSIONAL DEVELOPMENT EVENTS

During the 2022/23 financial year, SMA delivered 36 professional development events, symposia and workshops – with 21 online, 14 in-person and one hybrid. Overall the events were exceptionally well attended with 1,890 delegates registered in total.

SMA worked closely with our State Councils to develop the 12-month program, that was inspired by member's feedback and offered a local flavour, with national accessibility through virtual delivery.

Events were themed on a range of contemporary issues relevant to professionals from across the disciplines including injury prevention and management in ACL, foot and ankle, shoulder, wrist and hand, and elbow; running technique; concussion identification and management; research updates; taping technique; and gender equity in research. The program also included a one-day football forum and online football event series, timed with the lead up to the 2023 FIFA Women's World Cup.

In early 2023 a Member Education Advisory Committee (MEAC) was formed. Comprised of nine senior clinicians and academics representing a range of disciplines, the MEAC's remit is to further support the State Councils and SMA staff with their event programming.

In March 2023 we launched the first event in a series on Female Athlete Performance and Health, in collaboration with the Australian Institute of Sport's Female Performance & Health Initiative (AIS FPHI). Topics covered in the series include Breast injuries in female athletes; Bone health and osteoporosis; Pelvic floor health in athletes; Menstrual cycle and hormonal changes; and RED-S Update and IOC Consensus Statement. We thank Dr Rachel Harris and the AIS FPHI for this partnership opportunity.









EVENTS CALENDAR

DATE	LOCATION	EVENT TITLE
Jul 6	Online	Debate Night: Hamstring rehabilitation surgery vs non-surgical
Jul 13	Online (ACT)	Team Travel: Everything you need to know about travelling with your team
Jul 18	Online (QLD)	Scrum Strong – Scrummage safety in rugby
Jul 20	VIC	It's a shoe thing: The ins and outs of running shoes
Jul 26	Online (ACT)	Injury prevention in development athletes
Jul 27	Online (NSW)	Tackling rugby injuries head on!
Jul 28	Online (VIC)	Beyond the basics: Advanced taping techniques
Aug 4	Online (NT)	Sporting injuries in adolescents
Aug 15	Online (VIC)	Student career forum
Aug 25	Online	Latest in Sports Medicine: Updates from the latest research
Aug 27	TAS	Sporting shoulder symposium
Aug 28	TAS	Sporting shoulder symposium - Sunday physio course
Sept 10	VIC	VIC Foot and ankle symposium
Sept 26	Online (QLD)	QLD Emerging Leaders Series – The ins and outs of risk factors for running-related injury among recreational runners
Oct 5	Online (NT)	Concussion: A practical approach to assessment and management
Oct 7	NSW	Football Medicine Forum
Oct 31	Online (QLD)	QLD Emerging Leader Series: Tennis elbow an update in assessment and management
Dec 1	VIC	Managing sporting wrist and hand injuries
Dec 7	NT	Sporting and flexibility workshop
Feb 8	F2F	ACT Research Awards
Feb 22	Online (VIC)	Ethico legal issues in sports medicine: A legal briefer for clinicians working in sport
Mar 1	Online (VIC)	Ethico legal issues in sports medicine: Clinical record keeping
Mar 8	Online (VIC)	Ethico legal issues in sports medicine: The health professional's legal responsibilities towards patients/athletes
Mar 15	NT	Ankles for parents and volunteers
Mar 27	Online	Heat and smoke
Mar 29	Online	FPHI Series: Breast injuries in female athletes
Apr 5	NT	Prep and post-game recovery for parents and volunteers
Apr 18	Online	ACL Recovery
Apr 22	WA (Hybrid)	WA Symposium: Gender bias in pain, rehabilitation & performance
May 3	NT	Concussion in sport
May 6	ACT	There is no best way to run, only better ways to run
May 8	ACT	Concussion in sport
May 20	TAS	Running injury workshop
20-Jun	Online (NSW)	Preparation, performance and physiotherapy – Women's World Cup Series Before the event
27-Jun	Online (NSW)	Preparation, performance and physiotherapy – Women's World Cup Series Football performance: Purposeful heading

AWARD RECIPIENTS

2022 SMA CONFERENCE AWARD WINNERS

BEST PAPER AWARDS

2022 ASICS Medal For Best Paper Overall

Dr Reidar Lystad

The impact of concussion on school performance in Australian children: a population-based matched cohort study.

Wendy Ey Award for Best Paper on Women in Sport

Dr Caroline Bolling

Female football players and staff's perceptions about menstrual cycle and injury.

EARLY CAREER RESEARCHER AWARDS

Ken Maguire Award for Best Paper in Clinical Sports Medicine

Dr Larissa Trease

What factors are associated with recovery from low back pain (LBP) in elite athletes? A Concept Mapping study of clinicians, coaches and elite athletes.

John Sutton Award for Best Paper in Sports and Exercise Science

Sara Guevara

Prioritising health in high-performance sport: stakeholder insights into athlete attrition in the pathway.

ASICS Best Paper in Sports Injury Prevention

Dr Andrea Bruder

Collaboratively developed elite injury prevention programs can enhance uptake in a real-world sport setting.

ASICS Best Paper in Physical Activity and Health Promotion

Dr Sarah Valkenborghs

Effect of high-intensity interval training on hippocampal metabolism in older adolescents.



'Best of the Best' award winners at the 2022 SMA Conference

SENIOR CAREER RESEARCHER AWARDS

ASICS Best Paper in Clinical Sports Medicine

Dr Adam Culvenor

Return to sport and physical activity in young adults with ongoing symptoms 9-36 months after ACL reconstruction.

ASICS Best Paper in Sports and Exercise Science

Dr Simon Sostaric

Cold water ingestion ameliorates increase in core temperature and discomfort during simulated motor racing in a hot environment: a randomised trial.

ASICS Best Paper in Sports Injury Prevention

Dr Reidar Lystad

The impact of concussion on school performance in Australian children: a population-based matched cohort study.

BEST POSTER AWARDS

ASICS Best Poster in Physical Activity and Health Promotion

Dr Sarah Valkenborghs

The intergenerational effects of parental physical activity on offspring brain and cognitive development: a scoping review.

ASICS Best Poster in Clinical Sports Medicine

Natalie Mazzella

Australian secondary school principals', parents', and students' attitudes to prescribed school footwear.

ASICS Best Poster in Sports and Exercise Science

Dr Vini Simas

Occupational factors associated with the development of spondylosis in physically demanding occupations: a rapid review.

ASICS Best Poster in Sports Injury Prevention

Melissa Crunkhorn

Injury epidemiology in elite triathletes: A 4-year prospective study.

People's Choice Award for Best Poster

Sally Coburn

Is running good or bad for your knees and hips? A systematic review and meta-analysis.

AWARD RECIPIENTS

REGIONAL AWARDS

50TH NORTHERN TERRITORY SPORTS AWARDS

2023 Karen Schneider SMA Safer Sport Award

Sarah Polhill

For outstanding contributions to a safer sporting environment within rugby union.



Jamie Crain, SMA CEO, and Sarah Polhill, recipient of the 2023 Karen Schneider SMA Safer Sport Award

2022 ACT SMA RESEARCH AWARDS

Open Award

Professor Julien Périard

Influence of the Thermal Environment on Work Rate and Physiological Strain during a UCI World Tour Multistage Cycling Race.

HDR Investigator Award

Harry Brown

Seasonal Heat Acclimatisation in Healthy Adults: A Systematic Review



Professor Julien Périard receiving the 2023 ACT SMA Research Awards, Open Award

JOURNALS & PUBLICATIONS

THE JOURNAL OF SCIENCE AND MEDICINE IN HEALTH (JSAMS)

JSAMS is the official journal of Sports Medicine Australia and an international refereed research publication.

JSAMS has maintained its top quartile ranking 17 among the 87 journals in the sports science citation index category. The journal also received a 7.8 CiteScore to again surpass its previous score of 7.4 in 2021 and had over 6000 citations to 778 papers in 2021, seeing JSAMS rank 13th out of 226 journals in the 'Physical Therapy, Sport Therapy and Rehab' category. In 2022 it received an impact factor of 4, down from 4.319 in 2021. According to Clarivate it had a total of 10,866 citations.

Usage of the journal was strong and consistent throughout the year with 1,113,866 full text downloads in 2022. This was a 5% increase on 2021, a 4% increase in downloads in 2020, and 8% increase in downloads in 2019.

JSAMS PLUS

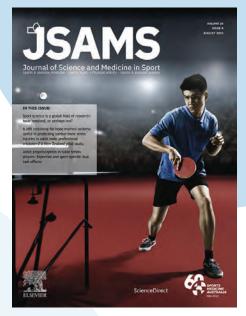
Launched in November 2022, *JSAMS Plus* is the companion title to *JSAMS*, led by Editor-in-Chief, Jessica Orchard, PhD. It's an online, open access scientific journal that focuses on quick publication of high-quality research and on facilitating rapid scientific exchange about published results and their meaning.

To date, the journal has published three review articles, 22 research articles, and two case reports. The journal will feature special issues, including one on Exercise Oncology being published in 2024.

JSAMS Plus has 3,831 full text downloads in 2022, and 10,215 full text downloads to date in 2023. The journal has been accepted for indexing by the Directory of Open Access Journals.







JSAMS Plus



ScienceDirect

JOURNALS & PUBLICATIONS

SPORT HEALTH

Sport Health is Sports Medicine Australia's quarterly magazine. The publication covers topical health issues and the interests and activities of the various discipline groups which make up the sports medicine and health promotion community within Australia. It provides updates on the latest SMA activities, resources and events.

Since March 2023, members have been receiving *Sport Health* in both printed and online formats, and Associates have had access to each quarterly issue online.

A Sport Health Working Group was formed in 2023. Comprised of five SMA Members. The group provides advice on content and the direction of the publication.

2022/23 ISSUES



Volume 40 Issue 1

Special focus on football and its significance around the world. Featured articles include heading in football, differences in physical match performance and injury occurrence before and after the COVID-19 break in professional European soccer leagues, and chronic ankle instability in soccer players.



Volume 40 Issue 2

Focuses on hypermobility and its impact on joint movement. Articles looked at stretching in hypermobile athletes, hypermobility and knee surgery, and generalised hypermobility as a risk factor for ACL injuries in sport. The issue also includes a recap of the 2022 SMA Conference, and SMA Sports Trainer coverage at the UniSport Nationals.



Volume 41 Issue 1

Topics covered in this issue include views on preventing young adults on retiring early form knee injury, sports-specific factors to inform environmental heat stress policies in cycling and improving older adolescents' health and wellbeing using high intensity activity break in schools. The issue also featured the first in a series of articles commemorating SMA's 60th Anniversary.

Volume 41 Issue 2

Featured articles include a look at the effectiveness of hyperhydration on exercise performance in hot conditions, a review of research on seasonal heat adaptations and proposes contributing factors that should be taken into consideration, the wellbeing and care of rugby players affected by spinal cord injuries to help improve safety strategies and long-term support, and return-to-school protocols for children affected by concussion.

ASMF FELLOWS

I hope and trust that 2023 has been a productive year for all SMA staff, stakeholders and colleagues.

Michael A R Kenihan

SMA is making solid progress under the leadership of Jamie Crain, our CEO, and our Board, chaired by Dr Kay Copeland. The SMA Board introduced number of new initiatives during the reporting year, including a new membership platform, a new web site, and two new committees – the Member Education Advisory Committee (MEAC) and the Strategic Investment Committee (SIC). Fellows' members are well represented on both committees, with new Fellow, Associate Professor Anthony Leicht, as the Chair of the SIC.

The ASMF Fellows are looking forward to the faceto-face opportunity to gather, meet and dine at the Conference in October this year on the Sunshine Coast and to celebrate SMA's 60th Anniversary.

FELLOW'S CURRENT ACTIVITY UPDATE

The Fellow's Executive has been working hard this year to increase our engagement and the relevance of our role in SMA – something we consistently strive for.

Refshauge Lecture

The 2022 Refshauge Lecture was presented by Dr Susan White. Susan is a noted Sports Physician with many roles in elite sporting teams as well as her duties with WADA and drug testing in general. Susan presented highlights of her unique journey in Sports Medicine. Her commentary about the systematic doping that resulted in the Russian Federation being banned for direct Olympic participation was very compelling.

Education

As mentioned above, the SMA Board is prioritising professional member growth and education over the next 12 months. I note that SMA's education offering over the past 12 months has been outstanding with high quality presentations and excellent attendance and engagement from members and those who are not yet members. Growing the SMA professional membership is a key focus and I believe there is a wealth of knowledge within the Fellowship that can be harnessed to assist in this project. Our input into the formation of the MEAC is just one example of how we can support SMA with the membership growth.

Fellows Careers in Sports Medicine and Sports Science event

During this reporting year, the Fellows assembled an expert panel to present an online event in August 2023 on *Careers in Sports Medicine and Sports Science*.

Mentoring

Professor Ian Gillam and Associate Professor Deirdre McGhee from your committee are working with SMA to explore how the Fellows can formally assist young members with mentoring and networking opportunities. The planning for a workshop presented by Fellows on this topic at the 2023 ASICS SMA Conference is well underway.

Current Fellows Committee

Your current Fellows committee elected for three years from 2021 is as follows:

President: Mr Michael Kenihan Secretary: Dr Anita Green Treasurer: Mr Mark Brown Censor in Chief: Associate Professor Dierdre McGhee Vice President Medicine: Dr Grace Bryant Vice President Physiotherapy: Ms Kay Copeland Vice President Science: Prof Ian Gillam

NEW FELLOWS

I am very pleased to advise that we inducted seven new Fellows at the Fellows AGM and Dinner in 2022 inducted as Fellows. The new Fellows are:

- Assoc Prof Anthony Leicht: Tertiary Lecturer/Sport
 and Exercise Science (QLD)
- Assoc Prof Julie Cooke: Tertiary Lecturer/Anatomy & Physiology (ACT)
- Dr Luke Kelly: Tertiary Lecturer/Sports and Exercise
 Science (QLD)
- Dr Myles Murphy: APA Sports Physiotherapist (WA)
- Dr Ryan Timmins: Tertiary Lecturer/Anatomy & Physiology (VIC)
- Prof Belinda Beck: Tertiary Lecturer/Exercise
 Science (QLD)
- Prof Mitch Duncan: Tertiary Lecturer/Public Health (NSW)

Michael A R Kenihan

President ASMF Order of Fellows

COLLABORATIONS & POSITION STATEMENTS

SMA continues to collaborate widely with stakeholders across our industry.

SMA has worked productively with a number of organisations and on several initiatives throughout FY23, including Sports Doctors Australia (SDrA), the International Federation of Sports Medicine (FIMS), and Exercise Is Medicine.

Concussion and Brain Health Project

SMA is a member of the Steering Committee for the Concussion and Brain Health Project led by the AIS, a main output of which will be a revision of the 2019 Concussion in Sport Australia Position Statement. This important initiative looks to build upon the important, industry-leading work completed by the collaborating parties (SMA, AIS, AMA and ACSEP) in 2019.

CONCUSSION AND BRAIN HEALTH PROJECT 2021 – 2024 RESEARCH PARTICIPANTS NEEDED



Health And Exercise Professional Forum



SMA has been an active member of the Health and Exercise Professional Forum (HEPF), and is a collaboration

between Australian peak professional and industry organisations in the health and exercise sectors:

- · Exercise & Sports Science Australia
- · Australasian College of Sport and Exercise Physicians
- Australian Physiotherapy Association
- Australasian Society of Lifestyle Medicine
- Australian Strength and Conditioning Association
- Fitness Australia
- · Physical Activity Australia

The member organisations represent a collective of over 57,500 health and exercise professionals including members of SMA.

The Forum sought a number of outcomes including increased connection and collaboration among member organisations, and shared understanding of uniform standards and community value through collaboration.

SCIENTIFIC ADVISORY COMMITTEE

Our Scientific Advisory Committee continues its important work under the leadership of Dr Tania Pizzari, and advises SMA Board and management on a range of initiatives, position statements, endorsements and reviews. The Committee is a vital component in ensuring that SMA produces information of the highest quality, cementing our credentials as the authority in sports medicine.

GOVERNMENT FUNDED ACTIVITIES

SMA was the recipient of \$160,956 in State and Territory Government Grants during the 22/23 financial year.

These grants have assisted with education programs, community outreach, and capacity building throughout Australia. Increasing government funded activities for FY24 remains a focus for the organisation into the future.

FUNDING HIGHLIGHTS



ACT Sport and Recreation provides SMA with a Triennial operational funding grant of \$45,000 per year to support participation opportunities in sport and physical recreation in the ACT. The 2022/23 financial year overlapped two grant periods. This grant allows for the provision of regular face-to-face workshops targeted at community/ grassroots level sport, which aim to improve athlete performance and wellbeing, encourage a safer sporting environment, and inform policy improvements for SSOs.



The Department of Communities, Sport and Recreation issued SMA with \$22,250 (up from \$17,500 in 2022) to deliver a range of subsidised training opportunities for local clubs and organisations to improve safety in sport. This funding supports the delivery of the Safer Sport Program throughout Tasmania, facilitates local Concussion education workshops, and allows for the recruitment and training of new, local presenters.





The Department of Territory Families, Housing and Communities provided \$102,470 for funding period July 2022 – June 2023. This funding supports the delivery of the Safer Sport Program throughout the Northern Territory including Darwin, Katherine and Alice Springs. The funding also allows for monthly professional development workshops to be offered to the local sporting community.





SAFER SPORT PROGRAM

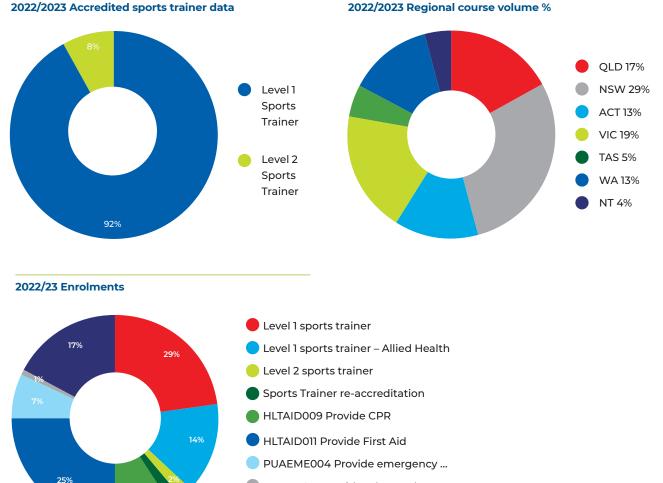
2022/23 was a period of renewed growth for SMA's Safer Sport Program (SSP) following lower activity experienced during the pandemic.

push for increased participation within community sport coincided with renewed interest and requirement for injury prevention and management education via SMA.

Throughout this period SMA maintained a high level of accreditation with 10,076 qualified sports trainers nationally (9,245 Level 1 sports trainers, 831 Level 2 sports trainers).

The increased interest in the SMA sports trainer accreditation extended to the wider SSP during 2022/23. Course activity saw an increase when comparatively measured against the previous financial year, with 578 courses delivered to a total of 6,263 students, with 2,593 nationally recognised statements of attainment produced via our Nationally Recognised Training offerings such as HLTAID011 Provide First Aid and HLTAID009 Provide CPR.

Throughout the year SMA also delivered a significant volume of short course education, with 1,073 individuals completing other training options such as Introduction to Sports Taping, Advanced Sports Taping and Concussion in Sport programming.



- HLTAID015 Provide advanced ...
- Short courses

SAFER SPORT PROGRAM – CONTINUED

RELATIONSHIPS AND DELIVERY PARTNERS

Increased brand awareness and exposure was a significant focus for the SSP during 2022/23 as SMA looked to increase business activity, particularly through high volume delivery opportunities with state and national sporting organisations and associations.

Several large scale delivery partnerships were secured during this time, particularly within the sport of AFL.

SMA maintained its existing relationship with AFL Victoria and significantly finalised delivery arrangements with both the Western Australia Football Commission (WAFC) and AFL QLD.

The relationship with AFL Victoria saw SMA promoted as the preferred provider of HLTAIDOII Provide First Aid and HLTAID009 Provide CPR qualifications for all AFL Victoria stakeholders. This resulted in 250 enrolments across metropolitan and regional AFL Victoria leagues during February – April 2023. SMA is now WAFC's exclusive provider of all Sports Trainer accreditations across all competitions within the state. This newly formed relationship led to over 200 Sports Trainers gaining their sports trainer accreditation throughout Western Australia in the lead up to their 2023 season, laying a fantastic platform for a safe playing environment across competition.

SMA's alignment with the sport of AFL is secured in the future with AFL QLD and SMA signing an agreement during 2022/23 for widespread Safer Sport program delivery across the state in 2024. This will see over 500 students complete training with SMA, again ensuring brand awareness and recognition increases within the region.

PROMOTING INCLUSION IN SPORT

SMA partnered with Sport NSW to develop a *Considerations for athletes with a disability* presentation, as a supplement to the Level 1 Sports Trainer course. The presentation highlights considerations that need to be made when working with athletes with a physical, intellectual or sensory disability.

Initially delivered in NSW, the content will be released as an addition to our current suite of SSP offerings, to promote inclusion within sport for the 1 in 6 Australians living with a disability.





SPORTS TRAINER EVENT COVERAGE SERVICE

Following several years of ongoing disruptions, 2022/23 saw a sustained level of growth for the Sports Trainer Event Coverage service across the country.

uring this period SMA provided services to 190 events, collectively totally 2,462 hours of sports trainer placement. This was an increase of over 200% when compared with the 2021/22 financial year.

The most significant event covered by SMA across the year was UniSport Nationals held in Perth during September 2022. After a hiatus of several years, the event saw 5,000 athletes competing in over 30 sports. As the exclusive source of sports trainers, 37 SMA accredited sports trainers provided over 1,000 hours of event coverage across 7 days of competition. Attending sports trainers saw a total of 1,265 injury/medical presentations, with 58 of those requiring referral to allied health professionals.

Following the event, the feedback related to the services provided by SMA sports trainers was overwhelmingly positive from both event organisers and athletes. SMA is again the exclusive provider of sports trainer services for the 2023 UniSport Nationals, being held in September 2023 on the Gold Coast.



ACKNOWLEDGEMENT OF OUR PARTNERS & SUPPORTERS

PARTNERS

SMA would like to sincerely thank our major partner, ASICS Oceania, for their ongoing support. In March 2022 we signed a five-year partnership agreement with ASICS, and look forward to working with ASICS during this period to deliver on initiatives and events, including the ASICS SMA Conference of Science and Medicine in Sport in 2023, 2025 and 2027..

Our sincere thanks to Strapit, our exclusive taping partner, for providing their taping products to support our Safer Sport Program.

In June 2023 we welcomed Mentholatum as a new Safer Sports Program partner. The two year agreement includes Mentholatum providing their *Deep Heat* and *ICE* products at all Level 1 and 2 Sports Trainer courses across Australia, sponsorship of the 2023 ASICS SMA Conference Welcome Cocktail Reception and other initiatives.

We would also like to thank our partners Elsevier and Gallagher Insurance for their ongoing support and contributions throughout 2022/23.











NATIONAL COMITTEES AND WORKING GROUPS

Thank you to the following individuals who have generously volunteered their time and expertise to SMA across our National Committees, Working Groups and State Councils.

Conference Scientific and Advisory Committee (2022)

Dr Luke Kelly (Co-Chair), Dr Ebonie Rio (Co-Chair), Professor Dara Twomey (Judging Chair), Associate Professor Mitch Duncan, Dr Kathryn Mills, Dr Ryan Timmins, Professor Evert Verhagen, and Dr Kay Copeland (Board Representative).

Scientific Advisory Committee

Dr Tania Pizzari (Chair), Professor Eugene Aidman, Dr Donald Kuah, Professor David Lubans, Dr Reidar Lystad, Professor Dr Tim Meyer, Professor Dara Twomey, Professor Gordon Waddington, Professor Garry Allison (Board Representative).

Journal of Science and Medicine in Sport (JSAMS) Editorial Committee

Professor Dr Tim Meyer (Editor-in-Chief), Professor Gregory Kolt (Consulting Editor), Professor Gordon Waddington (Consulting Editor) Professor Ollie Jay (Senior Deputy Editor), Associate Professor Fiona Wilson (Deputy Editor, Sports Injury), Professor Toomas Timpka (Deputy Editor, Sport and Exercise Medicine), Associate Professor Teatske Altenburg (Deputy Editor, Physical Activity), Associate Professor Jason Siegler (Deputy Editor, Sport Science), Dr Danilo de Oliveira Silva (Social Media Editor). Visit the JSAMS website for the full Editorial Board list.

JSAMS Plus Editorial Committee

Dr Jessica Orchard (Editor-in-Chief), Dr Angelo Sabag (Deputy Editor). Visit the JSAMS Plus website for the full Editorial Board list.

Strategic Investments Committee

Dr Nash Anderson, Dr Paul Crisford, Associate Professor Anthony Leicht, Dr Myles Murphy, Simone Muscat, Tamara Spence, Dr Kerry Peek, Dr Tim Pain (Board Representative), Michael Kenihan (Board Representative).

Member Education Advisory Committee

Associate Professor Julie Cooke, Professor Belinda Beck, Dr Sarah Harris, Dr Laura Lallenec, Associate Professor Deirdre McGhee, Dr Myles Murphy, Dr Kade Patterson, Dr Kerry Peek, Dr Kay Copeland (Board Representative).

Sport Health Working Group

Patrick Doan, Dr Anthony Nasser, Dr Mandy Plumb, Gary Nicholls (Board Representative)

STATE COUNCILS

🔴 АСТ

Dr Nash Anderson (Chair), Associate Professor Julie Cooke, Dr Rob Reid, Alex Murray, Suzie Goodall, Patrick Doan, Mark Trbojevich, Dr Erin Smyth, Lochlan Stevens

New South Wales

Dr Kerry Peek (Chair), Lorenzo Campagna, Leanne Hodge, Mel Tan, Associate Professor Deirdre McGhee, Anthony Nasser, Harriet Thurlow, Dr Paul Bloomfield, Dr Kurt Robertson, Saxon Chorney

Northern Territory

Tamara Spence (Chair), Kylie Morrisroe, Dorianne Sherry, Jane Marshall, Kaitlin Talbot, Bill Adams, Calum Page, Dr Felix Ho, Tamzin France

Queensland

Associate Professor Anthony Leicht (Chair), Dr Ian Gillam (Co-Chair), Dr Mandy Plumb, Leisl Turley, Dr Ryan Timmins, Associate Professor Toby Pavey, Dr Chris Ball, Russell Henry, Clayton James, Barbara Johnson, Elwyn (John) Thomas

🔵 Tasmania

Dr Paul Crisford (Chair), Marty Fry, Dr Sally Mclaine, Christine Tadros, Michael Quill, Roger Morgan

Victoria

Simone Muscat (Chair), Dr Luke Nelson (Deputy Chair), Dr Kade Paterson, Dr Bryn Savill, Louise Bibby, Pinakin Godse, Dr Stephen McMahon, Zuzana Perraton, Dr Chi Kin Nathan Tso, Dr John Osborne

Western Australia

Dr Myles Murphy (Chair), Denise Barron, Ben Bowtell, Dr Sandra Mejak, Rob Hollingshead

FINANCIAL REPORT

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FOR THE YEAR ENDED 30 JUNE 2023

Australian Sports Medicine Federation Ltd ABN 54 002 794 998



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DIRECTORS' REPORT

The Board of Directors presents their report on the Company for the financial year ended 30 June 2023.

Directors

The names of members of the Board of Directors in office at any time during or since the end of the year are:

Name	Background	Board Position	Date of Change
Professor Gregory Kolt	(Academic NSW)	Chair to 17 November 2022, Director (Audit & Risk Committee)	Elected 27 October 2021
Dr Kay Copeland	(Physiotherapist VIC)	Director, Chair from 17 November 2022	Elected 27 October 2021
Professor Garry Allison	(Academic WA)	Director (Audit & Risk Committee)	Elected 27 October 2021
Ms Michelle Bergeron	(Physiotherapist VIC)	Director	Elected 10 December 2020
Dr Anita Green	(Medical Practitioner QLD)	Director	Elected 10 December 2020
Mr Gary Nicholls	(Physiotherapist VIC)	Director	Elected 17 November 2022
Associate Professor Julie Cooke	(Academic ACT)	Director	Appointed 4 November 2021
Mr Tim Pain	(Podiatrist TAS)	Director (Audit & Risk Committee)	Elected 17 November 2022
Mr Michael Kenihan	(Physiotherapist VIC)	Director	Appointed 12 December 2022
Professor Belinda Beck	(Academic QLD)	Director	Elected 17 November 2022
Dr Laura Lallenec	(Medical Practitioner VIC)	Director	Appointed 12 December 2022

The Board of Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Company Secretary

The following person held the position of the Company Secretary at the end of the financial year. Mr Jamie Crain

Directors' Commentary on Financial Result

A renewed focus on improving SMA's core operations, such as investment in quality Professional Development for members including the successful delivery of the 2022 SMA National Conference and our industryleading Safer Sport Program has helped us deliver an improved surplus for the year ending FY23. Additionally, the implementation of a new website and CRM provide members with a better SMA experience and will provide SMA with a solid platform from which to operate in future years. Our Balance Sheet remains strong as we commence to invest in future projects to further our unique multidisciplinary membership offering.

Principal Activities

Sports Medicine Australia is a true multidisciplinary organisation focused on providing the best professional development opportunities for our members, who represent many different medical, academic, and allied health professions. We also provide education across a range of courses under our Safer Sport Program, including our industry-leading Sports Trainer Level 1 and 2 courses.

There were no significant changes in the principal activities of the Company during the year.

Objectives of the Company

The objects for which the Company is established are to seek to achieve its Vision and Mission in accordance with its Values.

Vision Statement

Enhanced health outcomes for all Australians through knowledge, training and safe participation in sport, exercise and physical activity.

Mission Statement

To act as Australia's peak multidisciplinary authority for sports medicine, sports science and physical activity.

Our Organisational Culture and Values

SMA values all of its members and recognises the contribution each member makes to its continued success. SMA will seek to build relationships that are respectful and value the contribution made by its members, employees and volunteers. SMA will strive to be an open, accountable and approachable organisation, encouraging the sharing of information and knowledge. SMA believes in the application of science and research to underpin and steer best practice in sports medicine and physical activity. As a not-for-profit organisation, ongoing financial sustainability must be ensured. SMA will work to build strong and valuable, long-term relationships with stakeholders, while delivering on its vision and mission.

DIRECTORS' REPORT

The key values that define our culture and are drivers for our behaviour are:

- Integrity
- · Collaboration
- · Accountability
- Respect
- Excellence

Strategy for achieving objectives

SMA's Vision is underpinned by three strategic pillars:

Members First

- 1. Develop our range of multidisciplinary Professional Development and Educational member events
- 2. Increase member value and engagement across our range of services
- 3. Build our influence and advocacy to drive the public conversation

Peak Performance

- 1. Expand and develop our revenue streams
- 2. Deliver consistently high quality member services
- 3. Increase our operating margin by improving our internal processes

Future Fitness

- 1. Integrate our systems and financial resources to enable future growth
- 2. Build our brand and reputation: excellence and expertise
- 3. Grow our strategic partnerships and collaborations to increase our impact and influence

Meetings of Directors

Director: _

During the financial year, 8 (eight) meetings of Directors were held.

Attendances by each director during the year were as follows:

	Eligible	Present
Dr Kay Copeland (Chair)	8	8
Professor Gregory Kolt	8	7
Professor Garry Allison	8	8
Mr Gary Nicholls	8	8
Mr Tim Pain	8	8
Professor Belinda Beck	5	5
Dr Anita Green	3	2
Associate Professor Julie Cooke	3	2
Ms Michelle Bergeron	3	3
Mr Michael Kenihan	6	6
Dr Laura Lallenec	3	2

After balance day events

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Company, the results of those operations or the state of affairs of the Company in future financial years.

Contribution in Winding Up

Australian Sports Medicine Federation Ltd is a Company is limited by guarantee. If the Company is wound up, the constitution states that each member is required to contribute a maximum of \$10.00 towards meeting any outstanding obligations of the Company.

At 30 June 2023 there were 1,525 (2022: 1,601) voting members and 1,501 (2022: 1,301) non-voting members..

Auditor's Independence Declaration

A copy of the auditor's independence declaration as required under section 60-40 of the Australian Charities and Not-for-profits Commission Act 2012 is set out on page 4 and forms part of the Directors' report.

Signed in accordance with a resolution of the Directors:

S

Tim Pain

Dated this 19th of September 2023

GAU.

Professor Garry Allison

AUDITOR'S INDEPENDENCE DECLARATION

bkm audit services



Under S 60-40 of the Australian Charities and Not-for-profits Commission Act 2012

To the Directors of Australian Sports Medicine Federation Ltd

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2023 there have been no contraventions of:

- i. the auditor independence requirements as set out in section 60-40 of the Australian Charities and Not-for-profits Commission Act 2012 in relation to the audit; and
- ii. any applicable code of professional conduct in relation to the audit.

DFK BKM Audit Services

kevin adams

Kevin P Adams Director Camberwell, Victoria 4 September 2023



A member firm of DFK International a worldwide association of independent accounting firms and business advisers Liability Limited by a scheme approved under Professional Standards Legislation

Directors

Cheree F Woolcock Tim M Kelleher Kevin P Adams

Principal

Jamin Ong dfkbkm.com.au

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BKM Audit Services Pty Ltd

ACN 116 958 948 ABN 77 116 958 948



STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME

FOR THE YEAR ENDED 30 JUNE 2023

		2023	2022
	Note	\$	\$
Revenue	2	2,902,533	2,336,444
COST OF SALES			
Membership Costs		394	545
Events & Merchandise Costs		32,194	22,778
Safer Sports Program Costs		244,938	221,310
Coverage Costs		83,844	34,510
Publication Costs		144,719	159,736
Conference Costs		326,822	45,065
Grants and Sponsorship Costs		_	5,575
Miscellaneous Costs		_	56
TOTAL COST OF SALES		832,911	489,575
GROSS SURPLUS FROM OPERATING ACTIVITIES		2,069,622	1,846,869
OPERATING EXPENDITURE			
Administration Expenses		59,896	124,353
Computer & IT Expenses		127,734	145,836
Depreciation and amortisation expenses	3	31,625	88,751
General Expenses		37,031	35,498
Finance Charges on Lease Liability		4,962	6,160
Impairment of Loan		_	69,569
Insurance Expenses		59,906	68,321
Motor Vehicles Expenses		_	(122)
Payroll Expenses		1,284,152	1,072,738
Professional Subscriptions		(630)	2,445
Publication Expenses		4,500	20,969
Rental Expenses		56,866	75,881
Staff Expenses		27,726	15,103
Travel & Accommodation Expenses		14,743	6,955
TOTAL OPERATING EXPENDITURE		1,708,511	1,732,457
Surplus attributable to the Company		361,111	114,412
Other comprehensive income for the year		_	_
Total comprehensive income for the year		361,111	114,412

STATEMENT OF FINANCIAL POSITION

AS AT 30 JUNE 2023

		2023	2022
	Note	\$	\$
ASSETS			
CURRENT ASSETS	,	2 / 05 / 75	2 2 7 0 7 0 /
Cash and cash equivalents	4	2,406,435	2,238,394
Trade and other receivables	5	65,104	16,366
Other current assets	6	148,252	91,878
Total Current Assets		2,619,791	2,346,638
NON-CURRENT ASSETS			
Plant and equipment	7	47,411	-
Right-of-use assets	8	74,005	106,471
Total Non-Current Assets		121,416	106,471
TOTAL ASSETS		2,741,207	2,453,109
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	9	630,312	669,953
Provisions	10	63,188	71,623
Lease liabilities	11	24,607	24,028
Total Current Liabilities		718,107	765,604
NON-CURRENT LIABILITIES			
Provisions	10	29,575	20,856
Lease liabilities	11	53,055	87,290
Total Non-Current Liabilities		82,630	108,146
TOTAL LIABILITIES		800,737	873,750
NET ASSETS		1,940,470	1,579,359
EQUITY			
Accumulated Funds		1,710,103	368,542
Reserves	16	230,367	1,210,817
TOTAL EQUITY		1,940,470	1,579,359

STATEMENT OF CHANGES IN EQUITY

FOR THE YEAR ENDED 30 JUNE 2023

BALANCE AT 30 JUNE 2021	Accumulated Funds \$ 254,130	Specific Purpose Reserve \$ 1,210,817	Sports Medicine Education Facility Building Fund \$	Total \$ 1,464,947
Surplus attributable to the Company	114,412	-	_	1,484,947
Transfer to/ (from) Reserves	_			
BALANCE AT 30 JUNE 2022	368,542	1,210,817	_	1,579,359
Surplus attributable to the Company	361,111	_	-	361,111
Transfer to/ (from) Reserves	980,450	(1,210,817)	230,367	-
BALANCE AT 30 JUNE 2023	1,710,103	-	230,367	1,940,470

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 30 JUNE 2023

		2023	2022
CASH FLOWS FROM OPERATING ACTIVITIES	Note	\$	\$
Receipts from Membership Fees		277,110	335,019
Receipts from Programs, Grants, Sponsorship and Project Fees		1,274,674	1,205,711
Other Receipts		1,111,743	826,576
Payments to Employees & suppliers		(2,671,143)	(2,032,587)
Interest paid		(4,962)	(6,160)
Interest received		30,478	2,737
Net Cash Generated from Operating Activities	12	17,900	331,296
CASH FLOWS FROM INVESTING ACTIVITIES			
Payment for plant and equipment		(54,368)	(4,808)
Proceeds from Sports Medicine Education Facility		230,367	_
Building Fund transferred from WA State branch			
Net cash provided by / (used in) investing activities		175,999	(4,808)
FLOWS FROM FINANCING ACTIVITIES			
Repayment of lease liabilities (principal)		(25,858)	(21,771)
Net cash used in financing activities		(25,858)	(21,771)
NET INCREASE IN CASH HELD		168,041	304,717
Cash and cash equivalents at the beginning of the financial year		2,238,394	1,933,677
CASH AND CASH EQUIVALENTS AT THE END OF THE FINANCIAL YEAR	4	2,406,435	2,238,394

FOR THE YEAR ENDED 30 JUNE 2023

NOTE 1: SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The financial report covers Australian Sports Medicine Federation Ltd as an individual entity. Australian Sports Medicine Federation Ltd is a not-for-profit company limited by guarantee, incorporated and domiciled in Australia.

The functional and presentation currency of Australian Sports Medicine Federation Ltd is Australian dollars. The financial report was authorised for issue by the directors on 4 September 2023.

Comparatives are consistent with prior years, unless otherwise stated.

Basis of Preparation

The financial statements are general purpose financial statements that have been prepared in accordance with the *Australian Charities and Notfor-profits Commission Act 2012* and Australian Accounting Standards – Simplified Disclosures.

The financial statements have been prepared on an accruals basis and are based on historical costs modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

Significant accounting policies adopted in the preparation of these financial statements are presented below and are consistent with prior reporting periods unless otherwise stated.

Accounting Policies

(a) Income Tax

The income tax expense (income) for the year comprises current income tax expense (income) and deferred tax expense (income).

Current tax and deferred tax are recognised in profit or loss except to the extent that they relate to a business combination or are recognised directly in equity or in other comprehensive income. Current tax liabilities (assets) are therefore measured at the amounts expected to be paid to (recovered from) the relevant taxation authority. Deferred income tax expense reflects movements in deferred tax asset and deferred tax liability balances during the year as well as unused tax losses.

Except for business combinations, no deferred income tax is recognised from the initial recognition of an asset or liability where there is no effect on accounting or taxable profit or loss.

Deferred tax assets and liabilities are calculated at the tax rates that are expected to apply to the period when the asset is realised or the liability is settled, and their measurement also reflects the manner in which management expects to recover or settle the carrying amount of the related asset or liability.

Deferred tax assets relating to temporary differences and unused tax losses are recognised only to the extent that it is probable that future taxable profit will be available against which the benefits of the deferred tax asset can be utilised.

Current tax assets and liabilities are offset where a legally enforceable right of set-off exists and it is intended that net settlement or simultaneous realisation and settlement of the respective asset and liability will occur. Deferred tax assets and liabilities are offset where: (a) a legally enforceable right of set-off exists; and (b) the deferred tax assets and liabilities relate to income taxes levied by the same taxation authority on either the same taxable entity or different taxable entities where it is intended that net settlement or simultaneous realisation and settlement of the respective asset and liability will occur in future periods in which significant amounts of deferred tax assets or liabilities are expected to be recovered or settled.

(b) Revenue Recognition

The core principle of AASB 15 is that revenue from contracts with customers is recognised on a basis that reflects the transfer of promised goods or services to customers at an amount that reflects the consideration the company expects to receive in exchange for those goods or services.

FOR THE YEAR ENDED 30 JUNE 2023

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability.

Other income is recognised on an accruals basis when the company is entitled to it. Interest income is recognised using the effective interest method.

All revenue is stated net of the amount of goods and services tax (GST).

(c) Plant and Equipment

Plant and equipment are carried at cost less any accumulated depreciation and impairment losses.

The carrying amount of plant and equipment is reviewed annually by directors to ensure it is not in excess of the recoverable amount from these assets.

The depreciable amount of the plant and equipment is depreciated on straight-line and diminishing value methods over the asset's useful life to the company commencing from the time the asset is held ready for use.

The depreciation rates used for each class of depreciable assets are:

Class of Fixed Asset

Depreciation Rate

Plant and equipment

13.33% - 66.67%

The assets' residual values and useful lives are reviewed, and adjusted if appropriate, at the end of each reporting period.

An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains or losses are recognised immediately in profit or loss.

(d) Financial Instruments Initial recognition and measurement

Financial assets and financial liabilities are

recognised when the company becomes a party to the contractual provisions to the instrument. For financial assets, this is equivalent to the date that the company commits itself to either purchase or sell the asset (i.e. trade date accounting is adopted).

Financial instruments are initially measured at fair value plus transaction costs. Where available, quoted prices in an active market are used to determine fair value. In other circumstances, valuation techniques are adopted.

Classification and subsequent measurement

Financial liabilities Financial liabilities are subsequently measured at amortised cost using the effective interest method.

Financial assets

Financial assets are subsequently measured at amortised cost using the effective interest method.

Measurement is on the basis of two primary criteria:

- the contractual cash flow characteristics of the financial asset; and
- the business model for managing the financial assets.

A financial asset that meets the following conditions is subsequently measured at amortised cost:

- the financial asset is managed solely to collect contractual cash flows; and
- the contractual terms within the financial asset give rise to cash flows that are solely payments of principal and interest on the principal amount outstanding on specified dates.

Derecognition

Derecognition relates to the removal of a previously recognised financial asset or financial liability from the statement of financial position.

Derecognition of financial liabilities A financial liability is derecognised when it is extinguished (ie when the obligation in the contract is discharged, cancelled or expires).

The difference between the carrying amount of the financial liability derecognised and the

FOR THE YEAR ENDED 30 JUNE 2023

consideration paid and payable, including any non-cash assets transferred or liabilities assumed, is recognised in profit or loss.

Derecognition of financial assets

A financial asset is derecognised when the holder's contractual rights to its cash flows expires, or the asset is transferred in such a way that all the risks and rewards of ownership are substantially transferred.

All the following criteria need to be satisfied for the derecognition of a financial asset:

- the right to receive cash flows from the asset has expired or been transferred;
- all risks and rewards of ownership of the asset have been substantially transferred; and
- the company no longer controls the asset (ie it has no practical ability to make unilateral decisions to sell the asset to a third party).

On derecognition of a financial asset measured at amortised cost, the difference between the asset's carrying amount and the sum of the consideration received and receivable is recognised in profit or loss.

Impairment

The company recognises a loss allowance for expected credit losses on financial assets that are measured at amortised cost.

Expected credit losses are the probability-weighted estimate of credit losses over the expected life of a financial instrument. A credit loss is the difference between all contractual cash flows that are due and all cash flows expected to be received, all discounted at the original effective interest rate of the financial instrument.

Recognition of expected credit losses in financial statements

At each reporting date, the company recognises the movement in the loss allowance as an impairment gain or loss in the statement of profit or loss and other comprehensive income.

The carrying amount of financial assets measured at amortised cost includes the

loss allowance relating to that asset.

(e) Impairment of Assets

At the end of each reporting period, the entity assesses whether there is any indication that an asset may be impaired. If such an indication exists, an impairment test is carried out on the asset by comparing the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, to the asset's carrying amount. Any excess of the asset's carrying amount over its recoverable amount is recognised immediately in profit or loss.

When it is not possible to estimate the recoverable amount of an individual asset, the entity estimates the recoverable amount of the cashgenerating unit to which the asset belongs.

(f) Foreign Currency Transactions and Balances

Foreign currency transactions are translated into functional currency using the exchange rates prevailing at the date of the transaction. Foreign currency monetary items are translated at the year-end exchange rate. Non-monetary items measured at historical cost continue to be carried at the exchange rate at the date of transaction.

Exchange differences arising on the translation of monetary items are recognised in profit or loss. Exchange differences arising on the translation of non-monetary items are recognised directly in other comprehensive income to the extent that the underlying gain or loss is directly recognised in other comprehensive income, otherwise the exchange difference is recognised in profit or loss.

(g) Employee Benefits Short-term employee benefits

Provision is made for the company's obligation for short-term employee benefits. Short-term employee benefits are benefits (other than termination benefits) that are expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service, including wages, salaries and sick leave. Short-term employee benefits are measured at the (undiscounted) amounts expected

FOR THE YEAR ENDED 30 JUNE 2023

to be paid when the obligation is settled.

Other long-term employee benefits

The company classifies employees' long service leave entitlements as other long-term employee benefits as they are not expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service.

The company's obligation for long-term employee benefits are presented as non-current liabilities in its statement of financial position, except where the company does not have an unconditional right to defer settlement for at least 12 months after the end of the reporting period, in which case the obligations are presented as current liabilities.

Retirement benefit obligations

Defined contribution superannuation benefits

All employees of the company receive defined contribution superannuation entitlements, for which the company pays the fixed superannuation guarantee contribution to the employee's superannuation fund of choice. All contributions in respect of employees' defined contribution entitlements are recognised as an expense when they become payable. The company's obligation with respect to employees' defined contribution entitlements is limited to its obligation for any unpaid superannuation guarantee contributions at the end of the reporting period. All obligations for unpaid superannuation guarantee contributions are measured at the (undiscounted) amounts expected to be paid when the obligation is settled and are presented as current liabilities in the statement of financial position.

(h) Provisions

Provisions are recognised when the company has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions recognised represent the best estimate of the amounts required to settle the obligation at the end of the reporting period.

(i) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less, less bank overdrafts.

(j) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.

(h) Comparative Figures

Where required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

(i) Critical Accounting Estimates and Judgements

The directors evaluate estimates and judgements incorporated into the financial statements based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and within the company.

(j) Lease accounting

The company recognises a right-of-use assets and associated lease liabilities for the lease term.

The right-of-use asset is measured using the cost model where cost on initial recognition comprises of the lease liability.

The right-of use asset is depreciated over the lease term on a straight-line-basis and assessed for impairment in accordance with the impairment of assets accounting policy. The right-of-use asset is assessed for impairment indicators at each reporting date. The lease liability is initially measured at the present value of the remaining lease payments at the commencement of the lease. The discount rate is the company's incremental borrowing rate.

Subsequent to initial recognition, the lease liability is measured at amortised cost using the effective interest rate method.

FOR THE YEAR ENDED 30 JUNE 2023

		2023	2022
NOTE 2:	REVENUE	\$	\$
	Operating Activities		
	Memberships	291,750	291,486
	Events & Merchandise	45,849	16,615
	Safer Sports Program	847,601	782,576
	Coverage	143,537	65,882
	Publications	470,154	498,664
	Conference	357,555	252,044
	Grants and sponsorships	479,877	423,135
	Sundry Income	1,648	3,305
		2,637,971	2,333,707
	Non-Operating Activities		
	Interest Received	34,195	2,737
	Sports Medicine Education Facility Building Fund transferred from WA State branch	230,367	-
		264,562	2,737
	TOTAL REVENUE	2,902,533	2,336,444
NOTE 3:	OPERATING ACTIVITIES: EXPENSES		
	Depreciation of Non-current assets	6,957	62,133
	Amortisation of right-of-use asset		26,618
		31,625	88,751
NOTE 4:	CASH AND CASH EQUIVALENTS		
	Cash at Bank	2,406,435	2,238,394
		2,406,435	2,238,394
NOTE 5:	TRADE AND OTHER RECEIVABLES		
	Trade Receivables	59,149	17,529
	Less: Provision for Doubtful Debts	_	(2,503)
	Other Receivables	5,955	1,34C
		65,104	16,366
NOTE 6:	OTHER CURRENT ASSETS		
	Prepayments	73,983	44,101
	Prepaid Conference Expenses	74,269	47,777
		148,252	91,878
NOTE 7:	PLANT AND EQUIPMENT		
	Plant and equipment – at cost	54,368	323,100
	Less: accumulated depreciation	(6,957)	(323,100)
		47,411	(020,100)

FOR THE YEAR ENDED 30 JUNE 2023

Movements in Carrying Amounts Movements in the carrying amounts for plant and equipment between the beginning and the end of the current financial year: Balance at the beginning of the year - Additions 54,368 Depreciation expense (6,957) Balance at the end of the year 47,411 NOTE 8: RIGHT-OF-USE ASSETS Office premises 123,341 133,089
the beginning and the end of the current financial year: Balance at the beginning of the year - 57,325 Additions 54,368 4,808 Depreciation expense (6,957) (62,133) Balance at the end of the year 47,411 -
Balance at the beginning of the year - 57,325 Additions 54,368 4,808 Depreciation expense (6,957) (62,133) Balance at the end of the year 47,411 - NOTE 8: RIGHT-OF-USE ASSETS -
Additions 54,368 4,808 Depreciation expense (6,957) (62,133) Balance at the end of the year 47,411 - NOTE 8: RIGHT-OF-USE ASSETS -
Depreciation expense (6,957) (62,133) Balance at the end of the year 47,411 - NOTE 8: RIGHT-OF-USE ASSETS - -
Balance at the end of the year 47,411 NOTE 8: RIGHT-OF-USE ASSETS
NOTE 8: RIGHT-OF-USE ASSETS
Less: accumulated amortisation (49,336) (26,618)
74,005
Balance at the beginning of the year 106,471 133,089
Lease modification (7,798) -
Depreciation expense (24,668) (26,618)
Balance at the end of the year74,005106,471
NOTE 9: TRADE AND OTHER PAYABLES
Current
Trade Payables 40,745 111,440
Other Payables 76,643 98,409
Conference & Other Income Received in Advance 473,137 402,561
Superannuation Payable 10,375 3,769
GST Payable 9,142 5,046
PAYG Withholding Tax Payable 20,270 48,728
630,312 669,953

Trade and other payables are unsecured and non-interest bearing. The carrying value of trade and other payables is considered a reasonable approximation of fair value due to the short-term

NOTE 10: PROVISIONS

	Current		
	Annual Leave	44,434	54,740
	Long Service Leave	18,754	16,883
		63,188	71,623
	Non-Current		
	Long Service Leave	29,575	20,856
NOTE 11:	LEASE LIABILITIES		
	Current		
	Lease liabilities – office premises	24,607	24,028
	Non-Current		
	Lease liabilities – office premises	53,055	87,290

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FINANCIAL REPORT

FOR THE YEAR ENDED 30 JUNE 2023

		2023 \$	2022 \$
NOTE 12:	CASH FLOW INFORMATION		
	Reconciliation of cash flow from operations		
	with operating surplus		
	Operating Surplus	361,111	114,412
	Non-cash flows in surplus		
	Depreciation	31,625	88,751
	Profit / (loss) on disposal of Property, Plant & Equipment	_	(1,552)
	Changes in Assets and Liabilities (Increase)/Decrease		
	(Increase)/Decrease in trade and other receivables	(48,738)	43,533
	(Increase)/Decrease in Other Current Assets	(56,374)	7,936
	Increase/(Decrease) in Trade and Other Payables	(110,218)	63,040
	Increase/(Decrease) in Conference and Other Income in Advance	70,577	(8,382)
	Increase/(Decrease) in Provisions	284	23,558
	Cash Flow from Operations	17,900	331,296
NOTE 13:	FINANCIAL RISK MANAGEMENT		
	Financial assets		
	Held at amortised cost		
	Cash and cash equivalents	2,406,435	2,238,394
	Trade and other receivables	65,104	16,366
	=	2,471,539	2,254,760
	Financial liabilities		
	At amortised cost		
	Trade and other payables	630,312	669,953
	Lease liabilities	77,662	111,318
	-	707,974	781,271
NOTE 14:	RELATED PARTY TRANSACTIONS		
	There are no transactions with any related party (2022: Nil).		
NOTE 15:	KEY MANAGEMENT PERSONNEL COMPENSATION		
	The total remuneration paid to key		
	management personnel of the entity	539,836	500,977

FOR THE YEAR ENDED 30 JUNE 2023

NOTE 16: RESERVE FUND

a) Specific Purpose Reserve

This reserve comprises the transfer of funds from the State Branches on their transfer to Australian Sports Medicine Federation Ltd.

b) Sports Medicine Education Facility Building Fund

This comprises funds transferred from the ex-WA State Branch bank account during 2023 to Australian Sports Medicine Federation Ltd, in accordance with the SMA Constitution, and as per the Building Fund remit which requires the Fund to be used for the acquisition, construction or maintenance of a building used as a school.

NOTE 17: REMUNERATION OF AUDITOR

Auditing the financial report	12,500	11,400

2023

\$

2022

\$

NOTE 18: COMPANY DETAILS

The registered office of the company is:

Melbourne Sports Centre 10 Brens Drive Parkville VIC 3052

The principal place of business is:

Melbourne Sports Centre 10 Brens Drive Parkville VIC 3052

DIRECTORS' DECLARATION

In the opinion of the Directors of Australian Sports Medicine Federation Ltd:

- a) The financial statements and notes, set out on pages 8 to 25, are in accordance with the *Australian Charities and Not-for-profits Commission Act 2012*, including:
 - i. Giving a true and fair view of its financial position as at 30 June 2023 and of its performance for the financial year ended on that date; and
 - il. Complying with Australian Accounting Standards Simplified Disclosures (including Australian Accounting Interpretations) and the *Australian Charities and Not-for-profits Commission Regulation 2013*; and
- b) there are reasonable grounds to believe that Australian Sports Medicine Federation Ltd is able to pay all of its debts, as and when they become due and payable.

Signed in accordance with subsection 60.15(2) of the Australian Charities and Not-for-profit Commission Regulation 2013.

GAU

Tim Pain

Dated this 4th of September 2023

Director: _

Professor Garry Allison

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS

bkm audit services



INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF AUSTRALIAN SPORTS MEDICINE FEDERATION LTD

Opinion

We have audited the financial report of Australian Sports Medicine Federation Ltd (the company), which comprises the statement of financial position as at 30 June 2023 and statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of Australian Sports Medicine Federation Ltd has been prepared in accordance with Division 60 of the Australian Charities and Notfor-profits Commission Act 2012, including:

- giving a true and fair view of the company's financial position as at 30 June 2023 and of its performance for the year then ended; and
- complying with Australian Accounting Standards Simplified Disclosures, and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2022.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the company in accordance with the auditor independence requirements of the Australian Charities and Not-forprofits Commission Act 2012 and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (including Independence Standards) (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Directors for the Financial Report

The Directors of the company are responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards – Simplified Disclosures and the *Australian Charities and Not-for- profits Commission Act 2012*, and for such internal control as the Directors determine is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the Directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

The Directors are responsible for overseeing the company's financial reporting process.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS



A member firm of DFK International a worldwide association of independent accounting firms and business advisers Liability Limited by a scheme approved under Professional Standards Legislation

Directors

Cheree F Woolcock Tim M Kelleher Kevin P Adams

Principal Jamin Ong

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BKM Audit Services Pty Ltd

ACN 116 958 948 ABN 77 116 958 948

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at:

http://www.auasb.gov.au/Home.aspx. This description forms part of our auditor's report.

Independence

We confirm that the independence declaration required by the ACNC Act, which has been given to the Directors of Australian Sports Medicine Federation Ltd, would be in the same terms if given to the Directors as at the time of this auditor's report.

DFK BKM Audit Services

kevin adams

Kevin P Adams Director Camberwell, Victoria 4 September 2023

