

# **Sports Medicine Australia**

## 2011/2012 annual report

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Financial Report for the Year Ended 30 June 2012

Sports Medicine Australia Report for the Period 1 July 2011 to 30 June 2012. This Annual Report of Sports Medicine Australia (the Australian Sports Medicine Federation Ltd) includes the Directors' report to members, financial statements and auditor's report for the national level of the organisation. The report is authorised by the Australian Sports Medicine Federation Ltd National Board of Directors.

Sports Medicine Australia (Australian Sports Medicine Federation Ltd) ABN 54 002 794 998

#### national board 2011-2012

President, Mr Michael Kenihan **Financial Director, Dr Peter Nathan Discipline Director, Dr Shane Brun** ACT representative, Dr Rob Reid NSW Representative, Ms. Marilyn Feenstra NT representative, Ms Karen Schneider **QLD representative, Professor Wendy Brown** SA representative, Mr David Spurrier TAS representative, Mr Paul Crisford VIC representative, Dr Peter Harcourt WA representative, Ms Jennifer Persaud Business Adviser Ms Judy Barnesby (ex officio) Business Adviser Mr Geoffrey Carter (ex officio) Business Adviser Ms Kerri Lee Sinclair (ex officio) Adviser Mr Tim Pain (ex officio)

### asmf fellows executive

President Mr Tim Pain Secretary Dr Anita Green Vice President Science Professor Warren Payne Vice President Medicine Dr Bruce Mitchell Vice President Physiotherapy Ms Kay Copeland Co-Censor Professor Julie Steele Co-Censor Associate Professor Stephanie Hanrahan

#### state presidents

Queensland Ms Julie Gilbert New South Wales Ms Rosemary Riley Victoria Mr Matthew Mollica Tasmania Mr Paul Crisford South Australia Dr Bridget Sawyer West Australia Mr Fabio Egitto ACT Mr Peter Garbutt NT Ms Karen Schneider

# 2011/2012 report

It is my great pleasure to present the 2011/2012 SMA Annual report. More than ever before, SMA continues to work towards ensuring member value. This is a key component of SMA's membership growth and expansion strategy and aims to expose more practitioners to the benefits of SMA in its mission of improving the health and well-being of the community through participation in physical activity.

Having stepped back into the role of SMA President following the sudden resignation of Tim Pain in January 2012 due to family and personal reasons, I have been heartened by the positive position of SMA in a number of its key result areas. That being said, the future presents many challenges for not-for-profit membership organisations with the clear change in the requirements of new generations of practitioners and the wider range of choices competing for clinicians' attention.

SMA membership is stable with the total membership at the end of the year standing at 3355. SMA membership has hovered at around this figure for several years and requires a critical review of the approaches being employed in all parts of the organisation to see this figure expand. Of particular note is the importance of providing relevance to a younger audience and an enormous number of organisations providing similar services to SMA and other membership organisations.

The SMA National Board continues to be committed to ensuring it delivers quality outcomes in each of its program areas in accord with its core values of Community, Accountability, Knowledge and Excellence.

The 2012 year has again been another positive year financially with a surplus of \$152 102 being recorded. This is largely due to the success of the 2011 Conference of science and medicine in sport, improved sponsorship and increases in safer sport accreditations. This has further extended the retained earnings of SMA to \$796 960 which provide suitable circumstances for investment in ongoing member and community activities, and some security for State Branches which choose to free their State reserves for local investment in member and community activities in the event of OneSMA coming to fruition.

OneSMA, a proposal by the National Board to revise the current SMA Governance structure, continues to be a point of discussion between the National Board and State Branch Boards. An extensive consultation process took place throughout the period and several new pieces of

documentation including a draft constitution and other governance documents were developed utilising feedback from State Boards. Whilst this process has caused some concern amongst some State Branches, there is general support for the concept by the majority of State Boards and consultation will be broadened to include the general membership over the coming period.

SMA played its part as a leader in the Oceania region with the delivery of a team physiotherapy training course in partnership with the Australian Olympic Council, the Oceania National Olympic Committee medical commission and funded through Olympic Solidarity funding. The course attracted physiotherapists from most Oceania countries who were exposed to a number of highly proficient practitioners from a number of disciplines on some key aspects of sports medicine for team clinicians. SMA continues to seek opportunities to assist sports medicine practitioners in the Oceania and the South East Asia region through active participation in regional activities. In addition to its role in the region, SMA continues to play a role as a voting member of the International Federation of Sports Medicine (FIMS).

The Australian Conference of Science and medicine in Sport again proved to be a great success with over 470 delegates attending another highly successful conference, held this year in Fremantle, WA. The conference saw a changing of the 'chairing guard' with Kay Copeland taking on the role of conference chair with aplomb in readiness for the 2012 event which will see a return to the 'tri-conference' format. Delegates took great delight presentations with keynotes from the ever popular Dr Mark Fenton, Dr Richaerd Bouche, Professor Martin Hagger, Professor Romain Meeusen and Professor Erik Witrouw and Refshauge Lecturer Professor Ken Fitch.

Sponsorship has also been a major focus for SMA over recent years with a concerted effort to identify additional supporters for SMA program activities as a means of ensuring membership and community activities can continue without significant fee increases. We welcome new partnerships with the Athletes foot and Smoothy Golf Buggies and convey our thanks to our existing partners Asics Oceania, Beiersdorf (Elastoplast Sport & Leuko), Novartis (Voltaren), Nestle (Sustagen), Playsafe Mouthguards for their ongoing support.

The Journal of Science and Medicine in Sport has again hit new heights on a world scale achieving a ranking of eighth  $(8^{th})$  amongst sports and exercise science and medicine journals. Similarly JSAMS impact factor has also jumped from 2.542 to 3.034. Congratulations to JSAMS Editor, Professor Gregory Kolt and his team for their excellent work which continues to expand the reach of JSAMS and elevate it amongst other similar publications..

The Safer Sport Program, SMA's community education program also continues to expand. Over the past twelve months an increase of 13% across all National Accreditations was experienced with marked increases (28%) in new sports first aid courses. This is coupled with almost all States and Territories delivering First Aid under the umbrella of the SMA National registered training organisation. New units of competency will be added in the new year and provide additional training opportunities for participants in State Branches.

The SMA Research Foundation awarded its second set of awards to young researchers. A further five grants of \$2000 were offered in the 2012 year. SMA also honoured Dr Brian Sando through the naming of the 'Dr Brian Sando Clinical Sports Medicine Award' which will be awarded to a research award recipient whose research focuses on clinical outcomes in sports medicine. This will be awarded for the first time in the 2013 year.

I convey my thanks for the generous support of my fellow Board members and our three business advisers whose council has been invaluable at all times. My thanks to the staff both in our national office and the State branches for their continued hard work, and to the many, many volunteers who provide their time and commitment to the cause of improving the health of all Australians.

Afra

Michael Kenihan President