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CALL FOR SYMPOSIA AND WORKSHOPS

Submission Deadline: 31 March 2021

2021 SMA Conference: smaconference.org.au





2021 SMA CONFERENCE

- 🕒 7-9 October 2021
- 🚩 Pullman Melbourne, Albert Park VIC
- 💬 #SMAconf21

🐦 @SMA_News 📘 @SportsMedicineAustralia 📷 @sports_medicine_australia

For further information contact:

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Membership & Events Coordinator
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Letter of Invitation

On behalf of the 2021 Sports Medicine Australia (SMA) Conference Committee, we would firstly like to thank everyone for their ongoing support throughout 2020 and we are thrilled to extend a warm invitation to all scientists, researchers, practitioners, clinicians and students to our returning SMA Conference in Melbourne on the 7-9 October, 2021.

The SMA Conference is the only conference in Australia which has a membership body across a wide range of disciplines: from physiotherapists, sports and exercise physicians, sports doctors, orthopaedic surgeons, sports podiatrists, sports epidemiologists, physical activity researchers, exercise and sports scientists, and sports dietitians. This rich array of professions is celebrated and has led to the SMA Conference's reputation for providing multidisciplinary events of the highest international calibre.

Year-on-year, the SMA Conference has provided an avenue for researchers and practitioners to network and exchange ideas. We invite all researchers, practitioners and clinicians to submit their symposia and workshop submissions to the Conference Committee. This year, we have a total of \$23,000 in funding to invest in research of excellence in the areas of clinical sports medicine, sports and exercise science, physical activity and health promotion, and sports injury prevention.

*Please note that SMA is planning to run the conference as a face-to-face COVID safe Conference. These plans are subject to Victorian state government regulations and health advice. In the case SMA cannot deliver a face-to-face Conference, contingency plans will be communicated as soon as available. This may see the Conference move to an online format or to a hybrid format with both online and face-to-face elements.

The committee is inviting submissions for high quality research in the areas of:

- Sports and exercise science
- Physical activity and health promotion
- Clinical sports medicine
- Sports injury prevention

Submissions are invited for:

- Themed symposia
- Themed workshops

We hope to see you there and look forward to seeing you presenting your ideas and latest findings.



Dr Luke Kelly and Dr Ebonie Rio (Co-Chairs)

On behalf of the 2021 SMA Conference Committee



General Information

About the 2021 SMA Conference

- A holistic multidisciplinary event bringing together the brightest minds of excellence in the areas of clinical sports medicine, sports and exercise science, physical activity and health promotion, and sports injury prevention.
- The opportunity to network with some of the most influential researchers and practitioners in these fields.
- A platform from which to develop, build and strengthen key business and consumer relationships, source new ideas and gather relevant up-to-date data.
- A Conference that showcases the latest developments through keynote and invited presentations, symposia, practical workshops, free papers and posters.
- Great opportunities for students to participate in academic sessions including the SMA poster session and Judges Showcase, plus a vibrant social calendar
- The ultimate forum for networking and social opportunities all against the backdrop of the picturesque Albert Park Lake.

The Destination: Melbourne

Melbourne's sporting hub is unlike anywhere else in the world, the city is unrivaled with its stadiums, passion and diversity of events. Pair that with the great food, wine, festivals and art and you have a city not to be missed. Enjoy the bustling streets and its cafe filled laneways, the unique and amazing art at the National Gallery and the many restaurants located along the Yarra River.

You must register before submitting your symposia or workshop proposal. You will be emailed a receipt of confirmation if your registration has been successful.

Submit Here



To obtain a hardcopy of a registration form, or for any registration related enquiries, please contact Jodie Tennant at conference@sma.org.au

Important Dates & Deadlines





Submission Deadline: 31st March 2021

RULES FOR SYMPOSIA AND WORKSHOP SUBMISSION

Guidelines & Selection Criteria

To be considered eligible all symposia and workshop proposals must:

- The proposal must not be identical to any that has been previously published.
- Address, or be related to, the conference areas.
- Be submitted in English.
- Be prepared according to the Symposia and Workshop Submission Template on page 8.
- A conflict of interest statement must be included in all submissions. Depending on your circumstances, this may be “my co-authors and I acknowledge that we have no conflict of interest of relevance to the submission of this abstract” or a statement of disclosure of any financial and/or personal relationships that could potentially bias your research.

PLEASE NOTE:

We only accept online proposal submissions. Proposals shall not be accepted for review by anyone other than the Conference Committee. Proposals which do not meet these requirements will not be accepted.

Submitting Symposia and Workshop Proposals

Symposia and workshops must be related to the conference areas. Each symposium will be 80 minutes long and should consist of a series of short presentations by multiple presenters, followed by a single discussant, panel discussion or interactive discussion with the audience.

Each workshop will be 50 minutes long and should be an interactive session with the audience targeted at clinicians.

The purpose of symposia and workshops are to give succinct overviews of the evidence related to a specific topic by a group of established researchers and/ or clinicians.

Proposals for symposia and workshops must include a 200 word general overview of the proposal which describes the overall aims/ objectives/ purpose, an outline of the format and content, and a list of the titles of each speaker's talk. Between 2-6 speakers can be included in each symposium proposal, and 1-2 speakers for each workshop proposal. One of the included speakers must be nominated as the Session Chair. The name, credentials and a 30-50 word biography for each speaker must be included in the proposal.

Please note that symposium and workshop proposals will only be considered for acceptance at the 2021 SMA Conference if they are based on current peer-reviewed literature, meet the educational needs of the conference attendees, and have a balanced therapeutic approach without any potential commercial bias.

The deadline for symposia and workshop submission is midnight AEDT 31st March 2021. Any submissions received after this date will not be accepted.

PLEASE NOTE:

Submitters will be notified by **1st of June 2021** if their proposals have been accepted for presentation.

Reviewing

All submitted symposia and workshops will be reviewed by the Conference Committee, which will make recommendations as to whether the session is accepted.

- The Conference Committee will accept submitted symposia and workshop sessions according to:
 - » **Assessment of the 200-word overview by reviewers.**
 - » Innovation and importance for the field
 - » Topicality and 'fit' with the program
 - » Program constraints
 - » Credentials of the speakers
- The final decision rests with the Conference Committee, they reserve the right to specify the format via which the presentation is to be made. The number of symposia and workshops are limited.
- Workshops and symposia are not eligible for awards.

Presentation

- The Session Chair identified in the submission will facilitate the timing of each presentation to ensure that these times are strictly adhered to and that there is opportunity for audience discussion.

*SMA is planning to run the Symposia and Workshop presentations in a face-to-face COVID safe environment. These plans are subject to Victorian state government regulations and health advice. In the case SMA cannot deliver Symposia and Workshop presentations face-to-face at the Conference, contingency plans will be communicated as soon as available.

Submit your Symposia and Workshop here



Symposium Example

begin symposium example

Injury prevention - Why do we do it?

Overview: Injury prevention is a complex, multi-faceted process that requires considerable contribution and commitment from many different groups such as, policy makers, scientists, practitioners, and participants. It has been well documented that injuries can have serious consequences not only on the physical, psychological and financial condition of an individual but also long term public health consequences. Therefore, the impact of sound evidence-based and successfully implemented injury prevention strategies has the potential to be extensive.

The aim of this symposium is to showcase some of the primary reasons for injury prevention and provide an opportunity to openly discuss the value, quality of work and need for each component for continued effective injury prevention. Firstly it will highlight the current knowledge and approaches used to advance various aspects of injury prevention and secondly stimulate discussion on the gaps and future directions of injury prevention strategies and research. *Name of speaker 1* will describe the public health impact of injury prevention strategies; *name of speaker 2* will explore the injury risk and associated cost burden those choosing to become more active; *name of speaker 3* will discuss the role of scientific evidence in injury prevention; and *name of speaker 4* will explore the development and implementation of an injury prevention strategy in the real world context. Following the four presentations, a discussion about the future of injury prevention strategies and research needs will be led by the chair.

Speaker 1 (Chair of session): Embedding your injury prevention program within the target community. Dr X (MBBS, PhD) is a sports physician at YY Hospital and recently completed a PhD titled 'Injury prevention in community netball'. Through this research and vast clinical experience working with community sports, Dr X is an expert on using implementation strategies to enhance the uptake of injury prevention programmes.

Speaker 2: Physical (in)activity and injury risk. Professor Z is the Director of the AA physical activity research centre and is a leading international researcher on physical activity and injury risk

Speaker 3: Injury prevention strategies: An ideal opportunity to translate scientific evidence. Professor K is a prolific injury prevention researcher who has supervised, and is currently leading, several large projects examining the optimal methods to translate scientific evidence to enhance injury prevention strategies.

Speaker 4: Developing evidence-based, context specific sports policy - an AFL experience. Dr M is the coaching innovation and education manager for the Australian Football League. He is passionate about developing evidence-based sports policy to improve the safety of the sport for players and personnel working with AFL.

end symposium example

Workshop Example

begin workshop example

“To screen or not to screen”; musculoskeletal screening tests that make sense

Overview: Understanding the value of periodic health evaluation (PHE) is important for clinicians to improve the overall management of athlete health. The use of isolated screening tests to predict injury risk has received much attention recently, overshadowing the many other valuable reasons to include musculoskeletal testing in the PHE. Musculoskeletal testing may be valuable to assess the athlete's current health status, to establish and build the practitioner-athlete relationship, and for establishing a performance baseline for the athlete while healthy..

The aims of this workshop are:

- (1) to understand the value of performing a musculoskeletal PHE;
- (2) to gain knowledge on how to interpret and use the results clinically;
- (3) to gain practical experience with performing a battery of musculoskeletal PHE tests that can be implemented in any clinical setting.

This interactive workshop will allow participants to engage and actively contribute to the practical session and participants will be encouraged to share their clinical experience.

Programme

1. Speaker 1 will introduce the workshop and discuss the historical background of performing the PHE (10 min)
2. Speaker 2 will discuss the value of collecting normative data (10min)
3. Both speakers will then provide a practical demonstration of relevant, evidence-based screening tests (30min)

List of speakers (2 speakers maximum)

Chair of the session, Dr X is a Specialist Sports Physiotherapist with 25 years of clinical experience in managing and preventing elite athletes. She has recently completed a PhD in injury prevention, investigating the risk factors for hip and groin pain in professional male football players.

Dr Y is a Sports Physiotherapist working as a Research Fellow at AA Hospital. His injury prevention PhD examined the risk factors for hamstring injuries in elite athletes. Dr Y has extensive clinical experience working in various elite sporting environments, including the Sport Science Institute of South Africa.

end workshop example