



# **Sports Medicine Australia**

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## **2009-2010 annual report**

Sports Medicine Australia  
National Office  
PO Box 78  
Mitchell ACT 2911

Ph: 02  
Fax: 02  
Email: [smanat@sma.org.au](mailto:smanat@sma.org.au)  
Web: [www.sma.org.au](http://www.sma.org.au)

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Sports Medicine Australia Report for the Period 1 July 2009 to 30 June 2010. This Annual Report of Sports Medicine Australia (the Australian Sports Medicine Federation Ltd) includes the Directors' report to members, financial statements and auditor's report for the national level of the organisation. The report is authorised by the Australian Sports Medicine Federation Ltd National Board of Directors.

Sports Medicine Australia (Australian Sports Medicine Federation Ltd) ABN 54 002 794 998

# **national board 2009-2010**

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**President, Mr Tim Pain** (Podiatrist)

**Vice President, Dr Anita Green** (Sports Doctor);

**Financial Director, Professor Kerry Mummery** (Academic) Resigned March 2010

**Financial Director, Dr Peter Nathan** (Sports Doctor) Appointed March 2010

**Discipline Director, Ms. Marilyn Feenstra** (Podiatrist)

**ACT representative, Dr Rob Reid** (Sports Physician)

**NSW Representative, Dr Mike Climstein** (Exercise Physiologist)

**NT representative, Ms Karen Schneider** (Physiotherapist)

**QLD representative, Professor Wendy Brown** (Academic)

**SA representative, Mr David Spurrier** (Physiotherapist)

**TAS representative, Mr Paul Crisford** (Podiatrist)

**VIC representative, Dr Peter Harcourt** (Sports Physician)

**WA representatives, Dr Peter Nathan** (Sports Doctor)

**Business Adviser Ms Judy Barnesby** (ex officio)

**Business Adviser Mr Geoffrey Carter** (ex officio)

**Business Adviser Ms Kerri Lee Sinclair** (ex officio)

**Business Adviser Dr Warren Mundy** (ex officio) resigned March 2010

**Adviser Mr Michael Kenihan** (ex officio)

# **council of disciplines**

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**Australian College of Sports Physicians**  
Represented by Dr Andrew Garnham

**Australian Academy of Podiatric Sports Medicine**  
Represented by Mr Paul Fleet

**Australian Psychology Society - College of Sports Psychology**  
Represented by Dr Stephanie Hanrahan

**Australian Association for Exercise and Sports Science**  
Represented by Dr Jeff Coombes

**Sports Physiotherapy Australia**  
Mr Mark Alexander

**Sports Dietitians Australia**  
Represented by Ms Lisa Sutherland

**Sports Doctors Australia**  
Represented by Dr Shane Brun

# asmf fellows executive

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**President Mr Michael Kenihan**

**Secretary Dr Anita Green**

**Mr Tim Pain Treasurer**

**Vice President Science Professor Warren Payne**

**Vice President Medicine Dr Bruce Mitchell**

**Vice President Physiotherapy Ms Kay Copeland**

**Co-Censor Professor Julie Steele**

**Co-Censor Associate Professor Stephanie Hanrahan**

# state presidents

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**Queensland Mr Steve Manning**

**New South Wales Ms Marilyn Feenstra**

**Victoria Dr David Bolzonello**

**Tasmania Mr Paul Crisford**

**South Australia Mr David Spurrier**

**West Australia Dr Peter Nathan**

**ACT Dr Rob Reid**

**NT Ms Karen Schneider**

# 2009/2010 report

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A year of transition is perhaps the most suitable description of the 2009/2010 financial year. Significant changes in leadership have prompted the opportunity for reflection and review of many of SMA's current programs and practices with a view of keeping the momentum that SMA has built over recent years.

From a financial perspective SMA has performed well ahead of budget expectations with the realisation of a \$82304 surplus. This largely due to the delivery of the Commonwealth Department of Health funded, Australia on the Move project which is nearing completion and solid results from the 2009 Be Active Conference.

The 2009 Be Active Conference which combines the National Physical Activity Conference, the Australian Conference of Science and Medicine in Sport and the National Sports Injury Prevention Conferences, attracted almost 1000 delegates with delegations from Malaysia and Japan attending the event. Delegate feedback would suggest that the event set new benchmarks for quality of program and efficiency of delivery. The Asics Medal, one of the many conference highlights, was awarded to Associate Professor Philip Morgan from the University of Newcastle for the 'Healthy Dads, Healthy Kids' research.

The Be Active Conference chairs, Associate Professor Jill Cook, Dr Anita Green, Professor Adrian Bauman and Associate Professor Leonie Otago and Conference Co-ordinating Committee Chair, Professor Wendy Brown have again delivered a marvellous event worthy of great pride.

SMA continued to enjoy valuable financial support from our major commercial partners: Asics, Beiersdorf (Elastoplast Sport & Leuko), Novartis (Voltaren), Nestle (Sustagen) and Sanofi Aventis (Bio-Organics COQ10). Our thanks is conveyed to all of our corporate partners for their continued support.

SMA's flagship community program, the Safer Sport Program continued to expand with over 5700 sports trainers and first aiders gaining accreditations during the period. This represents a 6% increase on the previous period with strong gains being seen in first aid uptake through the adoption of an auspice arrangement with SMA Queensland to deliver nationally accredited training in first aid and CPR. SMA continues to work towards establishing itself as a National RTO and this is now expected to be completed before the end of 2010.

Membership numbers saw a slight decrease over the period which has prompted a review of all membership processes and the SMA membership offering. The outcome of this review and any subsequent action will take place in the coming period.

The SMA research Foundation was generously supported by the ASMF Fellows and AAPSM donations promoted its first grant scheme for young Australian sports medicine and science researchers. The first SMA Research Grant recipients will be announced at the Port Douglas conference in November.

SMA continued to raise its profile through media with over 530 newspaper and magazine articles being published over the period which were generated through in excess of 50 State and national media releases. The introduction of a new SMA web site in December has also provided a new window to the organisation. The site presents the opportunity for all State branches and National to have an aligned web presence and to have greater control and flexibility in the posting of content. The SMA website continues to attract in excess of 115000 visitors annually.

The Journal of Science and Medicine in Sport (JSAMS) was elevated in ranking from 'B' to 'A' quality rating as part of the Excellence in Research for Australia (ERA) Initiative. The 2009 impact factors were also released and indicated a drop from 1.913 (in 2008) to 1.570 (in 2009). The JSAMS 5-year impact factor, however, has increased from 2.051 (in 2008) to 2.283 (in 2009). Thanks are conveyed to Editor in Chief, Greg Kolt for his great work with JSAMS.

Operationally there have been significant changes at SMA with the finalization of the 'virtual' structure and a stronger integration with facilities at State branches. This is exhibited through the National office staff now being located in Canberra, Melbourne and Sydney. The benefits of this will impact upon SMA's financial bottom line through the decreased accommodation costs in addition to providing stronger support to State branches.

In addition to the resignation of Gary Moorhead after 10 years of great service to SMA in the CEO role, the 09/10 year also saw the departures of Lesley Crompton and Ken Warwick. Nello Marino has since stepped into the SMA CEO role following almost two years as SMA General Manager.

SMA has again received tireless support by its dedicated staff, national board members and business advisers: Ms Kerri Lee Sinclair (Marketing/PR), Ms Judy Barnesby (HR), Mr Geoff Carter (Lawyer) and Dr Warren Mundy (economist). The work of the national board members continues to be complemented by other members who serve on editorial boards, conference committees, policy and scientific review committees and as media spokespersons. We convey our thanks to them all for their support for the Federation in the last twelve months. Thanks are also conveyed to the staff at the National Office and throughout the Federation for their continued support.

#### **National Office Staff**

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|-------------------|--|
| • Nello Marino    | CEO (from December 2009)                 |
| • Gary Moorhead   | CEO (resigned December 2009)             |
| • Davina Sanders  | Conference Manager                       |
| • Emma Sullivan   | Special Projects Manager                 |
| • Amanda Wilson   | Media and Publications Manager           |
| • Lynne Morrison  | Bookkeeper                               |
| • Ken Warwick     | Membership Officer (resigned May 2010)   |
| • Lesley Crompton | Publications Manager (resigned May 2010) |



Tim Pain  
President  
October 2010