**Head Trainer**

**Objectives**

• To coordinate & implement strategies & activities associated with the role of Head Trainer with particular focus on injury prevention & injury management.

**Responsibilities**

• Coordination of trainers required for League & Reserves teams

• Develop a roster for trainer availabilities & tasks for game day & trainings

• Implement a Warm up & Cool Down protocol

• Manage the first aid kits & be responsible for stocktake

• Run education sessions for trainers & members of CWFC

• Injury report management

**Relationships**

• Club members, Committee of Management, Coaches, Head Physiotherapist and trainers under your direction.

**Accountability**

• Reports to Head Physiotherapist & Risk Management Officer

**Specific Tasks**

1. Develop trainer roster
2. Ensures weekly injury reporting is conducted through the WAWFL app
3. Provide updated injury report for the Head Coach
4. Provide first aid
5. Provide strapping & sports massage

**Essential Skills**

1. Be studying a course related to sport training (sport science, physiotherapy etc)
2. Basic understanding of strapping & bandaging
3. Approachable & communicates well with others
4. Knowledge of Injury Prevention
5. Level 1 Sports Accreditation

**Hours required:**

1. Attendance is required at trainings & all games.

Trainings are Wednesday & Friday night 6:30pm to 8pm. Games are Sundays 10:30 to 4:30

1. WAWFL season begins in April & ends in August

**The successful Head Trainer will receive:**

1. $1,000 payment for the 2018 season
2. A reference from the WAWFL Club
3. CWFC Social Membership

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