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References

Athletic groin pain
Exploration of exercise-related central pubic pain, hip morphology and its relationship in this population and associated risk factors
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Prefabricated versus customised foot orthoses

A look at the biomechanical and clinical superiority of these types of foot orthoses.

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Soccer: the unnatural selection
Former Socceroo physio provides a thought-provoking precursor to his ongoing examination into training loads for younger players.
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Breast cancer treatment needs a lesson in exercise
Physical activity should be a considered option for the treatment of breast cancer.
Dr Hamish Osborne
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Does hypoxic and thermal stress enhance the training response of athletes and AFL footballers?
What is the evidence, what is best practice and is the expense justified?
Ian Gillam
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