

Level 1 Sports Trainer Courses

Tyntynder Football Club, Garden Memorial Reserve, Swan Hill
Sunday March 18 & 25, 9:00am - 5:00pm (both days)
Course number: 31214
Cost: \$185

Sports Trainer Re-Accreditation Courses

Tyntynder Football Club, Garden Memorial Reserve, Swan Hill
Sunday March 25, 3:00pm -5:00pm
Course number: 31218R
Cost: \$90

If any further information is required regarding any of these courses please contact Delia at the Mallee Sports Assembly on 03 5033 2008 or email delia@malleesportsassembly.org.au

Are there any pre-requisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. These should be sent or faxed to SMA prior to attending the course.

(However if this is not possible SMA should be notified in advance and it may be possible to forward this information after completing the course).

Level 1 Sports Trainer Course Information

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this 16 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
 - Sports taping
 - Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

Please contact Delia at the Mallee Sports Assembly or SMA if you require any further information regarding any of these courses:

Delia, Mallee Sports Assembly: phone 03 5033 2008 or email delia@malleesportsassembly.org.au

Frequently Asked Questions

Why become an SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advanced skills as a Level 2 Sports Trainer and to qualify to become a Sports Medicine Australia Sports Trainer Member.

Are there any pre-requisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. These should be sent or faxed to SMA prior to attending the course. (However if this is not possible SMA should be notified in advance and it may be possible to forward this information after completing the course).

What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally accredited Sports Trainer. This is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.

ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr _____ Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

I will direct deposit \$ _____ on the following date _____

Enclosed is my cheque for \$ _____

Please debit \$ _____ From : MasterCard VISA

Card Number _____

Card Expiry Date _____ / _____

Name (as it appears on the card) _____

Signature _____

Please makes cheques payable to
"Mallee Sports Assembly"

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy.

How did you hear about SMA courses? SMA-VIC Website Eflash Club/Organisation
 Facebook sportspeople.com.au Other _____