



# Notre Dame Level 1 Sports Trainer Course

Designed specifically for second year Notre Dame Exercise this course will give participants the skills and knowledge required to prevent & manage sports injuries and help athletes return to play safely. This is a great opportunity to get an accreditation related to your field of study and help you gain employment as a sports trainer.

This course has been structured to allow for your prior learning, and is run at a reduced rate for students - normally \$250.00

### Accreditations:

3 Year National SMA Level 1 Sports Trainer Accreditation.



### Pre-requisite:

Current Apply First Aid Qualification.

### Topics include: Course Information

- Sports Taping
- Sports Nutrition
- Prevention of Injuries
- Common Sporting Injuries
- Transport of the Injured Athlete
- ... and more

### Course Information

Venue	Notre Dame Uiveristy, Fremantle Room: TBC
Time	8.30 <sup>am</sup> - 5.00 <sup>pm</sup> - Day 1 L1 9.00 <sup>am</sup> - 2.00 <sup>pm</sup> - Day 2 L1
Cost	\$195.00 Per Person
Date	Thur 23 <sup>rd</sup> & Fri 24 <sup>th</sup> February 2012

### All Participants Receive:

- Sports Medicine for Sports Trainers Manual
- Illicit Drug Resource
- Injury Resources



# wa.sma.org.au

Ph: (08) 9285 8033  
Fax: (08) 9284 9239

# NDU Level 1 Sports Trainer Registration Form



## Contact Details

First Name:  Surname:

Address:

City:  State:  Postcode:

Ph:  Mobile:

Email:

## Tick which course you would like to enrol in:

L1ST- Thursday 23<sup>rd</sup> & Friday 24<sup>th</sup> February - \$195.00

I have attached a copy of my current First Aid Certificate

*I would also like to purchase:*

SMA Student Sports Trainer Membership (incl. insurance) - \$150.00

SMA Student Membership - \$40.00

Total \$:

For more information relating to membership options visit [wa.sma.org.au](http://wa.sma.org.au)

## Participant Details

What sport are you involved with?

## Payment Details

Amount \$:  Cash  Cheque  Visa  Mastercard

Card Number:     Expiry Date

Name on Card:

## Office use only

Amount \$:  Receipt No.  Date:

First Aid:  Course Code:

Return with payment to:  
Sports Medicine Australia  
PO Box 57  
Claremont WA 6910  
Ph: (08) 9285 8033  
F: (08) 9284 9239

**Terms & Conditions:**  
Full payment must be received by SMA prior to course commencement.  
Registrations close 10 days prior to course commencement.  
Course must have a minimum of 15 participants.  
Cancellations will incur a \$20 administration fee.  
Student Edge Card must be presented to receive 10% discount.  
For full list of terms & conditions see website [wa.sma.org.au](http://wa.sma.org.au)