



# Level 1 Sports Trainer Course for Nurses

Are you a nurse working in a school or with a sporting team in 2012? This hands on course is designed specifically for registered nurses, will introduce participants to the knowledge and skills of how to prevent and manage injuries on and off the field. These skills include the immediate injury management of sporting injuries, dental injuries, asthma management, sports taping and transporting an injured athlete.

## Qualification:

3 Year National SMA Level 1 Sports Trainer Accreditation.

## Pre-requisite:

### Practicing Nurses:

Registered Nurse Registration Number  
Current CPR Certificate

### Non Practicing Nurses:

Registered Nurse Registration Number  
Current First Aid Certificate  
Current CPR



## Topics include:

- Dental Injuries
- Asthma Management
- Sports Taping
- Sports Nutrition
- Prevention of Injuries
- Common Sporting Injuries
- Transport of the Injured Athlete
- ... and more

## Course Information

Venue	FJ Clarke Lecture Theatre Complex Sir Charles Gairdner Hospital NEDLANDS
Time	8.30 <sup>am</sup> - 5.30 <sup>pm</sup> (both days)
Cost	\$290.00 Per Person
Dates	Sat 11 <sup>th</sup> & Sun 12 <sup>th</sup> February 2012

## All Participants Receive:

- Sports Medicine for Sports Trainers Manual
- Interactive CD-ROM
- Elastoplast Professional Taping DVD
- Illicit Drug Resource
- Injury Resources



[wa.sma.org.au](http://wa.sma.org.au)

Ph: (08) 9285 8033  
Fax: (08) 9284 9239

# Nurses Course Registration Form



## Contact Details

First Name:  Surname:

Address:

City:  State:  Postcode:

Ph:  Mobile:

Email:

## Tick which course you would like to enrol in:

Level 1 Sports Trainer Course for Nurses - Sat 11<sup>th</sup> & Sun 12<sup>th</sup> February (61219)

## How did you find out about this course?

School / University  Club / Organisation  Friend / Colleague

SMA Email  SMA Website  Healthy Club

Other

## Participant Details

What is your occupation?

Place of Employment

What is your main role in sport?

Parent / Spectator  Nurse  Coach  First Aider  Other

## Payment Details

Amount \$:  Cash  Cheque  Visa  Mastercard

Card Number:     Expiry Date

Name on Card:

## Office use only

Amount \$:  Receipt No.  Date:

Rego No:  First Aid:  CPR:  Course Code:

Return with payment to:  
Sports Medicine Australia  
PO Box 57  
Claremont WA 6910  
Ph: (08) 9285 8033  
F: (08) 9284 9239

### Terms & Conditions:

Full payment must be received by SMA prior to course commencement.  
Registrations close 10 days prior to course commencement.  
Course must have a minimum of 15 participants.  
Cancellations will incur a \$20 administration fee.  
Student Edge Card must be presented to receive 10% discount.  
For full list of terms & conditions see website [wa.sma.org.au](http://wa.sma.org.au)