

SPORTS MEDICINE AUSTRALIA

(WA Branch) News - December 2011



From the Executive Officer, Sascha Hill

SMAWA would like to wish our members a very Merry Christmas and a Happy New Year. Please note the SMA WA Branch Office will be closed from Wednesday December 21st to Monday January 9th.

It is with sadness that I announce the passing of Valda Stanton who was one of the original physiotherapy members of SMA. Right from the beginning Valda was committed to SMA and to supporting the sporting community in what ever way she could. She held various positions on the SMAWA board, her main role being that of treasurer for many years. She was a regular attendee at SMA professional development sessions and state conferences, always eager to hear about the latest development in sports medicine and keen to assist with new initiatives.

Valda was always very supportive of other committee members and staff and will be missed by past and present members of SMAWA.

A funeral service for Valda will be held on the 21st December at Pinnaroo Crematorium at 2pm.

Membership Directory

There has been an overwhelming response to our recent membership survey to update and reprint a hard copy Membership Directory for WA members. Thank you to everyone who completed the survey.

For those members wishing to advertise or to have their details printed in the directory you will shortly receive a form by email to fill in and return electronically (or by fax to SMAWA) ASAP.

Welcome to our new members of SMA (WA Branch)

Dan Allsop	Justin Marshall
Noela Askew	Eric Martin
Callum Bell	Gail May
Amber Beynon	Leandra McKenna
Jodie Cochrane	Matthew Montgomery
Tane Eunson	Sophie O'Donnell
Sean Greenall	Paul Osorn
Dennis Haddrick	Luis Penailillo
Alicia Hallet	Frank Pigliardo
Ruth Highman	Lauren Prothero
Benjamin Ireland	Elizabeth Rich
Marie-ann Ishak	Ansley Mei-Hui Tan
Jonathan Jacob	Benjamin Trwben
Rory Koch-Callaghan	Damian Vance
Andrew Kurtz	Samantha Willimann
Nicola Lowth	James Winton

SPORTS FIRST AID BAG ORDER FROM SMAWA



Sports Medicine Australia Sports Aid bags come fully stocked and can be ordered from the SMAWA office for only \$185 (doubles as a back pack).

An order form can be downloaded from the SMAWA website. W: wa.sma.org.au (sports trainer/ merchandise section)

Professional Education 2012

Achilles Tendonopathy Seminar - Tuesday 21st February
Sports Medicine WA Branch Conference in Perth over a weekend in June, 2012 (date to be confirmed).

STATE PATRONS: Dr Ken Fitch | Prof. John Bloomfield | Mr Stuart Gray



WE WOULD LIKE TO THANK OUR SPONSORS AND SUPPORTERS

Board Member Profiles

SMAWA would like to welcome it's newest Board Members, Dr Alex Strahan and Anthony McEvoy.



Dr Alex Strahan

Dr Alex Strahan is a Fellow of the Australasian College of Sports Physicians having completed specialty training in the field of Sport & Exercise Medicine. Alex is a practitioner at SportsMed Subiaco.

He is heavily involved in elite level sport and currently has medical roles with the West Coast Eagles, Perth Glory and Subiaco Football Club. Alex's special areas of interest include chronic and platelet-rich plasma injections as a treatment modality.



Anthony McEvoy

Anthony is the Principle Physiotherapist for LifeCare Cottesloe and LifeCare Claremont.

Anthony combines his role at LifeCare with the job of Head Physiotherapist at WAFL club Claremont, where he has completed his 7th season. In Anthony's role at Claremont FC and LifeCare he mentors a large number of sports trainers and physiotherapy students. Anthony has recently completed his Masters of Physiotherapy at Curtin University and is now a Musculoskeletal Physiotherapist.

ASICS Conference of Science & Sports Medicine 2011

SMA WA Branch staff Fiona Boys & Deb Bow recently presented a Poster at the ACSMS conference held in Fremantle.

Sports Medicine Australia (WA Branch) with the support from the Department of Sport Recreation of WA has produced, "Be Drug Aware" an illicit drug resource for community sporting clubs.

The poster outlined the content of the resource which aims to provide support staff (coaches, sports trainers, administrators) of community sporting clubs with information about illicit drugs and how to address the issue within their club.

A key objective of the resource was to encourage sporting clubs to develop an illicit drug policy and codes of conduct that are well documented, implemented and promoted within their club.



Fiona Boys & Deb Bow - SMAWA Health Promotion Officers at the Poster session at the Asics Conference of Science & Medicine 2011.

Inaugural Outstanding Contribution Awards 2011

Congratulations to the recipients of the inaugural Outstanding Contribution Awards. Seen below being presented with their awards by on of our esteem Patrons at the Annual General Meeting during the National Conference held in Fremantle on 19th October.



Marshall Walker being presented the Stuart Gray Award for outstanding contribution to the community.



Anthony McEvoy being presented the John Bloomfield Award for outstanding contribution to education in the field of Sports Science.



Dr Carmel Goodman being presented the Ken Fitch Award for outstanding contribution to a team in the field of sports medicine.

Safer Sport Program & Community Education Semester 1 Calendar - 2012

Date	Course
Sat 11 th Feb	Sports First Aid Course
Sat 11 th & Sun 12 th Feb	Nurses L1ST Course
Sat 18 th & Sun 19 th Feb	Level 1 Sports Trainer Course
Sun 19 th Feb	ST Re-Accreditation
Wed 29 th Feb	Drugs in Sport Seminar
Sun 11 th March	Sports First Aid Course
Sun 11 th March	Level 2 Sports Trainer Course
Sat 17 th & 18 th March	Level 1 Sports Trainer Course
Sat 31 st March	Massage Seminar
Wed 4 th April	Advanced Sports Taping Seminar
Wed 21 st & Sun 22 nd April	Physio Students L1 Sports Trainer Course
Wed 2 nd May	Spinal Management Seminar
Wed 9 th May	Advanced Resuscitation Seminar
Wed 30 th May	Strength & Conditioning Seminar
Sun 10 th June	Sports First Aid course
Sat 16 th & 17 th June	Level 1 Sports Trainer Course
Sun 17 th June	ST Re-Accreditation
Wed 27 th June	Taping Seminar

SMAWA Welcomes New Branch Sponsor in 2012

Sports Medicine welcomes Medichill as a new WA Branch sponsor for schools and clubs education.



Medichill provides innovative people friendly products manufactured to the highest quality while maintaining strong levels of professional ethics in all of its business ventures.

Medichill is a leader in the development of re-usable and disposable ice pad products and complement the range with a wide variety of cold and heat therapy products, bandages, general consumables and sports, workplace and general first aid kits and equipment. We look forward to a successful partnership in 2012.

HEALTHY CLUB SPONSORSHIP

Healthway and Sports Medicine Australia (WA Branch) announce the Healthy Club Sponsorships for Winter 2012. Incorporated clubs playing in a recognised sporting competition over the Winter 2012 season may apply to receive up to \$3000. These funds can be used to address health issues within the club as well as specific education and training initiatives. To obtain guidelines & an application form visit healthyclub.org.au

Only incorporated clubs are eligible to apply.
Applications close 5pm Friday 17th February 2012



SCHOOLS & CLUBS WORKSHOPS

SMAWA offer a range of educational workshops for both schools & clubs. We can organise to run these at your school or club and at a time convenient to you.

Club Workshops

- Basic Life Support (CPR)
- Injury Prevention & Management
- Sports Nutrition & Hydration
- Sports Taping

School Workshops

- Sports Medicine Awareness Course
- Elastoplast Taping
- Sports Nutrition
- Return to Play
- Fueled 4 Fun
- Drugs in Sport

ONLINE COURSES

SMAWA has developed an online Sports Medicine Awareness & Response Training Course (GET SMART). This non-accredited course will give you a greater awareness of injury prevention and immediate management as well as knowledge on a range of sports safety issues.

Additional modules available:

- Taping
- Drugs in Sport
- Sports Nutrition

SPORTS CARE

Are you looking for somewhere to use your Sports Trainer skills in a paid position?

SMAWA cover a wide range of sporting events such as school carnivals right through to national and international events.

Why not become involved in a great team?

Contact Ashlea:
sportscare@smawa.asn.au

Find out more about the services SMA offers visit: wa.sma.org.au

Sports Medicine Australia (WA Branch)
Ph: 9285 8033 Fax: 9284 9239
Email: info@smawa.asn.au

