

# Sports Trainer Weekend Level 2 Sports Trainer Modules Sunday November 20, 2011

## Advanced Sports Taping

Course Number 31151M  
Sunday November 20  
9:30am - 12:00pm

**Cost: \$85**

## Introductory Sports Massage

Course Number 31152M  
Sunday November 20  
1.00pm - 6.00pm

**Cost: \$125**

## Emergency Asthma Management

Course Number 31154M  
Sunday November 20  
9:00am - 12noon

**Cost: \$50**

## Spinal Injury Management

Course Number 31153M  
Sunday November 20  
12:30pm - 5:00pm

**Cost: \$125**

This course is run in conjunction with  
Life Saving Victoria

### Venue:

Sports House  
375 Albert Road  
South Melbourne 3205

For further information regarding any of these  
courses please contact SMA on phone 03 9674 8777  
or email [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)

### Advanced Sports Taping

Gain hands on experience of advanced taping/strapping techniques from some of the leading physiotherapists and taping experts working in Australian sport. This course builds on the basic taping skills learnt in the Level 1 Sports Trainer course. It is recommended that all participants have completed a Level 1 Sports Trainer course prior to attending.

### Introductory Sports Massage

This course provides an introduction to the theory and practical application of sports and remedial massage. The course covers:

- The benefits of massage and different massage techniques
- The benefits of massage in athletic preparation and recovery
  - Injury management and rehabilitation

### Spinal Injury Management

This course will teach the acute management of spinal injuries. Experts in the field will cover the following topics in a theoretical and practical setting:

- Background to spinal cord injury
- Treatment of spinal cord injury
- Transporting the spinal patient
- Spinal transport equipment

### Emergency Asthma Management

Emergency Asthma Management in Sport, delivered together with the Asthma Foundation of Victoria will increase your knowledge of asthma management within the sporting environment.

This course will cover:

- The standardised emergency management protocols for treating an asthma attack
  - Asthma medication and sport
- The Bronchodilator Accreditation Number (BAN) system

## ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_ P/Code \_\_\_\_\_

Contact Phone \_\_\_\_\_

Email \_\_\_\_\_

Course Number \_\_\_\_\_ Course Type \_\_\_\_\_

Payment Details (all prices include GST)

- I will direct deposit \$ \_\_\_\_\_ on the following date \_\_\_\_\_
- Enclosed is my cheque for \$ \_\_\_\_\_ (payable to SMA - Victorian Branch)
- Please debit \$ \_\_\_\_\_ From :  MasterCard  VISA

Card Number \_\_\_\_\_

Card Expiry Date \_\_\_\_\_ / \_\_\_\_\_

Name (as it appears on the card) \_\_\_\_\_

Signature \_\_\_\_\_

**Sports Medicine Australia - Victorian Branch**  
**Sports House, 375 Albert Road, South Melbourne 3205**

Phone: 03 9674 8777 Fax: 03 9674 8799  
Email: [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)  
ABN:13 821 409 176

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030  
**Acc Number** - 1003-58763 please use 'surname\_course no' as your transaction reference & email the remittance advice to [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses?  SMA-VIC Website  Eflash  Club/Organisation  
 Facebook  [sportspeople.com.au](http://sportspeople.com.au)  Other \_\_\_\_\_



Please ensure payment is received prior to the course commencement date. Participants turning up on the day without enrolling beforehand may be turned away.

Please make cheques payable to:  
**"Sports Medicine Australia Victoria Branch"**  
or fill in credit card details and return to:  
Sports Medicine Australia,  
375 Albert Road,  
South Melbourne, VIC 3205  
Email: [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)