

SPORTS MEDICINE AUSTRALIA

(WA Branch) News - August 2010

ACMS 2011
19-22 Oct 2011 Esplanade Hotel,
Fremantle, Australia
For more information visit the web
address below
<http://sma.org.au/asics-conference/future-conferences/>



From the Executive Officer, Sascha Hill

Please find enclosed a notice of the SMAWA Annual General Meeting (AGM) to be held on **14th September 2010** at 6.30pm, immediately followed by a guest speaker, to be confirmed, shortly. All members are encouraged to attend to hear all about what has been happening at SMAWA during 2009-10. To ensure we have a quorum for this most important meeting, the attendance of each Full (Professional) Member would be greatly appreciated.

In relation to the AGM, I am compiling a list of our health professional members involved with the 2010 Commonwealth Games in Delhi and was hoping you could assist me by sending a quick notification email to sascha@smawa.asn.au, if you are involved or know of anyone who is.

SMA National Media Release

Keep active with diabetes: it's good for you

A newly released information sheet will help enhance the health of diabetes sufferers.

- In Australia approximately 1.7 million people reported having the disease, with diabetes being the sixth leading cause of death.
- Approximately 74% of these people with diabetes engage in low levels of exercise.
- A controlled diet together with regular exercise can help in effectively managing diabetes.

To download the *Diabetes and Exercise Information Sheet* or to assess your risk of developing diabetes visit www.sma.org.au

Welcome to our new members of SMA (WA Branch)

Patrick Armstrong	Brooke Carmichael
Jessica West	Richelle McGavin
Gary Tutt	Kahlia Ferguson
Danica Snashall	Jadeera Cheong

SPORTS FEVER Sponsorship News



Sports Fever, our recently named sponsor, has built a name for itself as Western Australia's leading footwear specialists and the premier retail destination for sporting goods and athletic wear.

The Gait lab is a video analysis tool that enables Sports Fever staff to view the motion (gait) of the unshoed foot and offers instant visual confirmation that the treatment and the shoes fitted are offering optimal control of your foot. The Gait lab is available in the CBD, Applecross and Inglewood stores.

As a SMA member don't forget to take advantage of your special 50% off offer on all the Sports Fever range of shoes, or use your practitioner card to receive a 25% discount off everything in the store.

RENEW YOUR MEMBERSHIP ONLINE
Did you know that you can update your details or renew your membership online?
Visit www.sma.org.au

STATE PATRONS: Dr Ken Fitch | Prof. John Bloomfield | Mr Stuart Gray



WE WOULD LIKE TO THANK OUR SPONSORS AND SUPPORTERS

Board Member Profile - Mark Hecimovich



SMAWA would like to introduce you to our newest board member, Mark Hecimovich. Mark was elected to the board at last year's AGM. He is a Senior Lecturer and Academic Chair for Sports Science at Murdoch University and has a strong interest in the areas of human performance, sports injuries and rehabilitation.

Mark has worked as a certified athletic trainer (ATC) for the Mayo Clinic Health Systems (US) working with youth, high school, amateur, professional and Olympic level athletes. Mark is in the final stages of his PhD which focuses on the development and the psychometric evaluation of a confidence scale using the Rasch Model. His other research interests are in the areas of human performance, sports injuries and rehabilitation. Mark lectures in sports science, sports injuries and rehabilitation.

Member Education - Sports Physiotherapy: Past, Present & Future

SMAWA in conjunction with Sports Physiotherapy Association (WA Branch) invite you to attend a panel discussion relating to sports physiotherapy, its history, present trends and exciting future.

Speakers and panel include:

Associate Professor Garry Allison: School of Physiotherapy, Curtin University

Stuart Gray: Retired Olympic Physiotherapist

Professor Peter Hamer: Dean of Physiotherapy, The University of Notre Dame Australia

Dr Jeffrey Boyle: Specialist Sports Physiotherapist, Fremantle Dockers FC

Date: Tuesday 31st August 2010
Time: 7.30pm - 9.00pm
Venue: FJ Clarke Lecture Theatre
Sir Charles Gairdner Hospital
Nedlands
Cost: SMA Member - \$22
SMA Student Member - FREE!

BOOK AND PAY ONLINE

www.smawa.asn.au

Go to:

Online Bookings / Seminars / Professional Education

Professional Education Calendar - Dates for the Diary

Tuesday 14th September Annual General Meeting immediately followed by a guest speaker - 6.30pm
Please RSVP no later than Friday 10th September 2010

Tuesday 26th October Nutrition - Factors That Upset Your Performance - 7.30pm - 9.00pm

Tuesday 23rd November The Difficult Foot - Musculoskeletal Conditions - 7.30pm - 9.00pm

SMA has commenced planning for the education calendar for 2011. If members have any suggestions for any topics they would like to hear about, or know any professionals that are doing research on sports science or sports medicine topics, we would love to hear from you.

Sports Medicine Australia (WA Branch)
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