

Sports Medicine Australia media review

April 2011

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Football

Sports Medicine Australia has applauded newly introduced concussion guidelines by the AFL. Sports Medicine Australia spokesperson Dr Rob Reid said any initiative supporting safety in sport was welcome.

Benalla Ensign, VIC, p.34, 30/3/2011
Circulation – 3,917

Trainers' course at Kerang

Sports club members from around the region are currently training to become Level 1 Sports Trainers. Day one of the two day course, organised by Mallee Sports Assembly and Sports Medicine Australia, was conducted at Kerang last weekend.

Sea Lake & Whycheproof Times Ensign, VIC, p.3, 31/3/2011
Circulation – 1,115

Don't get wounded in winter

Heading into winter, Australians who are active need to prepare for the cold conditions or run the risk of being injured, according to Sports Medicine Australia. Dr Shane Brun, Sports Medicine Australia spokesperson said "Most cold related injuries can be prevented with good preparation and the correct equipment".

Post Script, p.56, 1/4/2011
Circulation – 11,077

Dr Work Denis Baker

Q. After working in administrative areas for the past 25 years, I am now looking for a career change and I am in the early stages of planning a move into sports-related fields. Can you give me any useful leads to follow in gathering information about jobs and study options?

A. Other worthwhile sources include Sports Medicine Australia, sma.org.au
The Saturday Age, VIC, p.6, 2/4/2011

Mildura sports course

Mallee Sports Assembly and Sport Medicine Australia are coordinating a Level One Sports Trainer Course to be held on May 15 and 22 at the Mildura East Cricket Club Rooms.

Sunraysia Daily, VIC, p.23, 5/4/2011
Circulation – 7,513

Mid North be active update

Are you interested in becoming an accredited Sports Trainer to help out your local club? Sports Medicine Australia SA Branch with assistance from Sue Keller are conducting a Level 1 Regional Sports Trainer course.

Port Pirie Recorder, SA, p.12, 5/4/2011
Circulation – 3,159

Five-eighths shoulder reconstruction risk

Sports doctors may want to advise five-eighths against making that try-saving tackle, after a new study found the pivotal position had the highest risk for shoulder injuries requiring reconstruction.

Australian Doctor online

Injury prevention for North West sports clubs

Sports clubs in the State's North West are being encouraged to sign up for four workshops on sports taping to help them treat and prevent injuries. "Sport and Recreation will host Sports

Medicine Australia Elastoplast Strapsmart workshops during April and May in Tamworth, Armidale, Gunnedah and Inverell".

Armidale Independent, NSW, p.59, 6/4/2011

Circulation – 12,500

Rugby five-eights at risk says study

Clarence Valley rugby union players take note: on-field position may determine their chance of dislocating their shoulder, a recent study has shown. The study featuring in the March 2011 issue of *The Journal of Science and Medicine in Sport*, published by Sports Medicine Australia, is the first to focus on the risk factors for shoulder dislocations in the sport.

Daily Examiner, NSW, p.38, 7/4/2011

Circulation – 5,467

Positional play determines risk

Rugby union players' on-field position may determine their chance of dislocating their shoulder, a recent study has shown. The study featured in the March 2011 issue of *The Journal of Science and Medicine in Sport* (JSAMS), published by Sports Medicine Australia, is the first to focus on the risk factors for shoulder dislocations in the sport.

Central Queensland News, QLD, p.37, 8/4/2011

Circulation – 4,927

Sports trainer course on offer

Mallee Sports Assembly in partnership with Sports Medicine Australia will host a Level 1 Sports Trainer course next month.

Mildura Weekly, VIC, p.66, 8/4/2011

Circulation – 24,082

Trojans to shoulder load

A recent study by Sports Medicine Australia concluded that shoulder injuries requiring surgical reconstructions are on the rise in rugby union. The most common positions for those injuries were flanker and five eighth.

Northern Star, NSW, p.94, 9/4/2011

Circulation – 21,153

Good moves for mums to be

According to Smartplay, a sport safety and injury prevention program, when pregnant and exercising, stop and contact your doctor if you experience any of the following symptoms during or after exercise... More at www.smartplay.com.au

Herald Sun, VIC, p.37, 11/4/2011

Circulation – 495,000

Shouldering risk

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Forbes Advocate, NSW, p.31, 12/4/2011

Circulation – 2,600

Sports medicine

Overweight children can't jump, throw or run as well as leaner counterparts. So they believe. A study by Sports Medicine Australia showed obese children had poor perceptions of their abilities.

Northside Chronicle, QLD, p.61, 13/4/2011

Circulation – 63,294

Injury chance on rugby field

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Journal of Science and Medicine in Sport (JSAMS), published by Sports Medicine Australia, is the first to focus on the risk factors for shoulder dislocations in the sport.

***The Advocate*, QLD, p.20, 13/4/2011**

Circulation – 4,067

Position on field may determine dislocation

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***Narromine News & Trangie Advocate*, NSW, p.6, 15/4/2011**

Circulation – 903

Making moves to reduce risk

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***Walcha News*, NSW, p.12, 21/4/2011**

Circulation – 732