

Sport Specific Conditioning

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Sunday March 6
1:30pm - 4:00pm
State Netball & Hockey Center, Parkville VIC
Cost \$50
Course Number: 31104M

Course Information

This course provides an introduction to the principles behind a specific strength and conditioning program and the role a sports trainer can play in a safe and effective exercise program.

This course has both theory and practical components. Comfortable clothes appropriate for exercise & a water bottle is recommended.

ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr _____ Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

I will direct deposit \$ _____ on the following date _____

Enclosed is my cheque for \$ _____ (payable to SMA - Victorian Branch)

Please debit \$ _____ From: MasterCard VISA

Card Number _____

Card Expiry Date _____ / _____

Name (as it appears on the card) _____

Signature _____

Sports Medicine Australia - Victorian Branch

Sports House, 375 Albert Road, South Melbourne 3205 ABN:13 821 409 176

Phone: 03 9674 8777 Fax: 03 9674 8799

Email: ssp@vic.sma.org.au

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

Acc Number - 1003-58763 please use 'surname_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses? SMA-VIC Website Eflash Club/Organisation

Facebook sportspeople.com.au Other _____

Please make cheques payable to "Sports Medicine Australia" and send to:

Sports Medicine Australia
Victoria Branch
Sports House,
375 Albert Road
South Melbourne, VIC
p: 03 9674 8777
f: 03 9674 8799
e: ssp@vic.sma.org.au