

2010 Speakers

Keynote Presentation: Louise Sauvage

Louise Sauvage is recognized and acknowledged for her unique athleticism and outstanding success as a wheelchair track and road athlete. She has dominated the sport of wheelchair track racing while also winning the world's most prestigious road races including the Boston, Los Angeles, Berlin, and Honolulu Marathons.

Louise has been a part of four Australian Paralympian Teams winning a total of 9 Gold and 4 Silver medals, and is also a triple Australian Olympian winning 2 Gold and a Bronze in the 800m Wheelchair Demonstration Race.

Since her retirement at the end of the 2004 Athens Paralympics, Louise has spoken to a range of groups and has also begun coaching the next generation of Australian athletes as the Assistant National Coach with the NSW Institute of Sport (NSWIS).

Louise will be discussing the role of coaches, sports trainers and support staff in her career. Time will be allocated for Q & A.

Keynote Presentation:

Professor Peter Van Asperen

Professor Peter Van Asperen is a Macintosh Professor of Paediatric Respiratory Medicine and is Head of Respiratory Medicine for the Children's Hospital, Westmead.

Peter is heavily involved in the Sydney University School of Medicine and his current major research interests include clinical trials with a focus on management of asthma and children with a chronic cough.

Peter will be presenting to the delegates on exercise induced asthma, the implications on physical activity, and appropriate management plans for sports trainers and coaches to better assist their athletes with asthma.

SMA NSW would like thank the following sponsors of the 2010 Sports Trainer Conference.

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Safety · Prevention · Advice



2010 SPORTS TRAINER CONFERENCE



SATURDAY 23RD
OCTOBER
2010

North Ryde RSL

Corner of Pittwater &
Magdala Roads

North Ryde

SMA NSW Sports Trainer Conference

23rd October, 2010

The SMA NSW Sports Trainer Conference will promote the knowledge, profile and role of Sports Trainers in the NSW Sporting Community by providing an interactive and inter-disciplinary education forum of the highest standard. The forum will enhance the participation, injury prevention and management of all Australians engaged in Sport and Physical Activity.

Conference Inclusions:

- Admissions to Sessions & Workshops
- Program & Abstract Handout
- Delegate Handout
- Entry to the Trade Exhibition
- Morning & Afternoon Tea
- Lunch



Venue: North Ryde RSL

North Ryde RSL is located on the corner of Pittwater Road and Magdala Roads in North Ryde and is one of the most superbly fitted clubs in Australia.

The 2010 Sports Trainer Conference will be located in the award winning Grand Pittwater Function Centre - a spacious area which includes a private balcony area.

The club has ample free parking and is easily accessible by bus.



2010 Conference Program

Time	Session Speaker & Topic
0830-0900	Registration Desk Opens
0900-0905	Welcome Address
0905-0950	Opening Keynote Presentation Professor Peter Van Asperen Macintosh Professor of Respiratory Medicine Paediatrics & Child Health-Children's Hospital Westmead 'Asthma & the Athlete'
0950-1030	Mr Richard Bradbery NSW Ambulance Paramedic / SMA L2 Sports Trainer 'Reacting to an Emergency—what a sports trainer should know'
1030-1110	Mr Dean McNamara & Mr Chris Pappas Exercise Physiologists Apex Health - Sydney Sports Medicine Centre 'Challenges to Periodisation Training'
1110-1130	Morning Tea
1130-1215	Mr Damien Austin Rehabilitation & High Performance Manager Sydney Roosters Rugby League Club 'Repeated High-Intensity Efforts in the Professional Rugby Codes'
1215-1300	Mr Kenneth Graham Principal Scientist - NSW Institute of Sport (NSWIS) 'The High Performance Planning Process'
1300-1400	Lunch
1400-1500	Ms Louise Sauvage OAM - Keynote Presentation Four-time Australian Paralympian & National Coach 'The Role of Support Staff in my Career'
1500-1545	Workshop 1: Strapped up for Sport! Advanced Taping Techniques Beyond the ankle! Mr Alex Ross Head Trainer - Manly Sea Eagles
1545-1605	Afternoon Tea
1605-1650	Workshop 2: TBA Confirmation Pending at Time of Print. Guest to be announced on nsw.sma.org.au

Sports Trainer Conference Registration

<input type="checkbox"/>	Early Bird Member *	\$95.00
<input type="checkbox"/>	Early Bird Non-Member *	\$135.00
<input type="checkbox"/>	Late Member	\$135.00
<input type="checkbox"/>	Late Non-Member	\$165.00
<input type="checkbox"/>	Student **	\$70.00
<input type="checkbox"/>	Late Student **	\$70.00

* Early Bird Registration closes on 8th October 2010.

** Please attach copy of your full time student ID Card to the Conference registration form.

Name _____

Address _____

Phone _____

Email _____

I do not wish to be contacted by SMA Sports Trainer Conference sponsors

Method of Payment

Cheque

Visa

MasterCard

Card Number _____ Exp. Date _____

Signature _____

Please complete and return:

Via Fax

02 8116 9760

Via Post

Sports Medicine Australia NSW Branch
PO BOX 3176
Rhodes NSW 2138

Cancellation Policy

- All cancellations must be notified in writing to SMA NSW.
- All cancellations will incur an administration fee of \$30.00.
- No refund will be provided after 13th October 2010.

