



July - December 2010 Level 2 Sports Trainer Modules

Wound Management

Course Number 31055M
Monday July 12
6.30pm - 10.00pm
Melbourne Sports & Aquatic Centre
Lakeview Room 2
Cost: \$ 50

Spinal Injury Management

Course Number 31056M
Monday August 9
6.30pm - 10.00pm
Melbourne Sports & Aquatic Centre
Lakeview Room 2
Cost: \$125

This course is run in conjunction with Life Saving Victoria

Advanced Sports Taping

Course Number 31057M
Monday September 13
6.30pm - 10.00pm
Melbourne Sports & Aquatic Centre
Lakeview Room 2
Cost: \$85

Anaphylaxis Management

Course Number 31058M
Monday October 11
6.30pm - 10.00pm
Melbourne Sports & Aquatic Centre
Lakeview Room 2
Cost: \$60

Sport Specific Conditioning

Course Number 31059M
Monday November 15
6.30pm - 10.00pm
Melbourne Sports & Aquatic Centre
Lakeview Room 2
Cost \$ 50

Emergency Asthma Management

Course Number 31060M
Monday December 13
6.30pm - 10.00pm
Melbourne Sports & Aquatic Centre
Lakeview Room 2
Cost: \$55

This course is run in conjunction with the
Asthma Foundation of Victoria



**SMA can also deliver these courses specifically
to your club, association or school.**

**For further information regarding any of these
courses please contact SMA on 9674 8777 or
email ssp@vic.sma.org.au**

Advanced Sports Taping

Gain hands on experience of advanced taping/strapping techniques from some of the leading physiotherapists and taping experts working in Australian sport. This course builds on the basic taping skills learnt in the Level 1 Sports Trainer course. It is recommended that all participants have completed a Level 1 Sports Trainer course prior to attending.

Sports Specific Conditioning

The aim of this course is to give Sports Trainers a better understanding of fitness and conditioning related principles, the roles and responsibilities of fitness staff and why different training principles are adapted to different types of athletes and the variables associated with this. The 5 aspects of strength and conditioning are also covered: Cardio-respiratory endurance, muscular strength, muscular endurance, flexibility & body composition

Spinal Injury Management

This course will teach the acute management of spinal injuries. Experts in the field will cover the following topics in a theoretical and practical setting:

- Background to spinal cord injury
- Treatment of spinal cord injury
- Transporting the spinal patient
- Spinal transport equipment

Emergency Asthma Management in Sport

Delivered together with the Asthma Foundation of Victoria, this course will increase your knowledge of asthma management within the sporting environment. This course will cover:

- The standardised emergency management protocols for treating an asthma attack
 - Asthma medication and sport
- The Bronchodilator Accreditation Number (BAN) system

For further information regarding any of the Level 2 Sports Trainer modules please contact SMA on 9674 8777 or email ssp@vic.sma.org.au

ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr _____ Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

I will direct deposit \$ _____ on the following date _____

Enclosed is my cheque for \$ _____ (payable to SMA - Victorian Branch)

Please debit \$ _____ From: MasterCard VISA

Card Number _____

Card Expiry Date _____ / _____

Name (as it appears on the card) _____

Signature _____

Sports Medicine Australia - Victorian Branch

Sports House, 375 Albert Road, South Melbourne 3205

Phone: 03 9674 8777 Fax: 03 9674 8799

Email: ssp@vic.sma.org.au

ABN:13 821 409 176

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

Acc Number - 1003-58763 please use 'surname_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses? SMA-VIC Website Eflash Club/Organisation

Facebook sportspeople.com.au Other _____



Please ensure payment is received prior to the course commencement date. Participants turning up on the day without enrolling beforehand may be turned away.

Please make cheques payable to:
"Sports Medicine Australia Victoria Branch"
or fill in credit card details and return to:
Sports Medicine Australia,
375 Albert Road,
South Melbourne, VIC 3205
Email: ssp@vic.sma.org.au