CALL FOR SYMPOSIA AND WORKSHOPS

2019 ASICS SMA Conference

Submission Deadline: 31st March 2019

www.smaconference.org.au
2019 ASICS SMA CONFERENCE

23–26 October 2019

Novotel Twin Waters, Sunshine Coast QLD

www.smaconference.org.au

#ASICSSMA19

For further information contact:
Emily Coughlan,
Membership and Events Advisor
(03) 9674 8710
conference@sma.org.au

@SMA_Events @SportsMedicineAustralia @sports_medicine_australia
Letter of Invitation

On behalf of the 2019 Sports Medicine Australia (SMA) Conference Scientific Committee, we would like to extend a warm invitation to all scientists, researchers, practitioners, clinicians and students to our ASICS SMA Conference in Twin Waters on the 23–26 October.

The ASICS SMA Conference is the only conference in Australia which has a membership body across a wide range of disciplines: from physiotherapists, sports and exercise physicians, sports doctors, orthopaedic surgeons, sports podiatrists, sports epidemiologists, physical activity researchers, exercise and sports scientists and sports dietitians. This rich array of professions is celebrated and has led to the SMA Conference’s reputation for providing multidisciplinary events of the highest international calibre.

Year-on-year, the SMA Conference has provided an avenue for researchers and practitioners to network and exchange ideas. We invite all researchers, practitioners and clinicians to submit their symposia and workshop submissions to the Scientific Committee. This year, we have a total of $23,000 in funding to invest in research of excellence in the areas of clinical sports medicine, sports and exercise science, physical activity and health promotion, and sports injury prevention.

The committee is inviting submissions for high quality research in the areas of:
• Sports and exercise science
• Physical activity and health promotion
• Clinical sports medicine
• Sports injury prevention

Submissions are invited for:
• Themed symposia
• Themed workshops

We hope to see you there and look forward to see you presenting your ideas and latest findings.

Warm regards,

Dr Andrea Mosler (Chair) and Mr Myles Murphy (Deputy Chair)
On behalf of the 2019 ASICS SMA Conference Scientific Committee
General Information

About the 2019 ASICS SMA Conference

- A holistic multidisciplinary event bringing together the brightest minds in sports medicine, sports science, physical activity, health promotion and injury prevention.
- The opportunity to network with some of the most influential researchers and practitioners in these fields.
- A platform from which to develop, build and strengthen key business and consumer relationships, source new ideas and gather relevant up-to-date data.
- A Conference that showcases the latest developments through keynote and invited presentations, symposia, practical workshops, free papers and posters.
- Great opportunities for students to participate in academic sessions including the SMA poster session and Judges Showcase, plus a vibrant social calendar.
- The ultimate forum for networking and social opportunities all against the backdrop of the beautiful Sunshine Coast.

The Destination:
Twin Waters, Sunshine Coast

Nestled in the heart of the Sunshine Coast, Twin Waters has the best of both worlds with the Maroochy River and Mudjimba Beach in close proximity. Aside from the abundant natural beauty of the area and surrounding Hinterland, there are plenty of other cultural attractions to explore nearby including Australia Zoo and the Eumundi Markets.

Register Now
www.smaconference.org.au

You will be emailed a receipt of confirmation if your registration has been successful.

To obtain a hardcopy of a registration form, or for any registration related enquiries, please contact Emily Coughlan at conference@sma.org.au
Important Dates & Deadlines

17th January 2018
Symposia and Workshop Submission Opens

31st March 2019
Deadline for Symposia and Workshop Submission

31st May 2019
Confirmation of Symposia and Workshop Acceptance Status

1st July 2019
Earlybird Registration Closes

23rd October 2019
Conference Begins
RULES FOR SYMPOSIA AND WORKSHOP SUBMISSION

Guidelines & Selection Criteria

To be considered eligible all symposia and workshop proposals must:

- The proposal must not be identical to any that has been previously published.
- Address, or be related to, the conference areas.
- Be submitted in English.
- Be prepared according to the Symposia and Workshop Submission Template on page 8.
- Please include a conflict of interest statement if applicable.

PLEASE NOTE:
We only accept online proposal submissions. Proposals shall not be accepted for review by anyone other than the Conference Secretariat. Proposals which do not meet these requirements will not be accepted.
Submitting Symposia and Workshop Proposals

Symposia and workshops must be related to the conference areas. Each symposium will be 80 minutes long and should consist of a series of short presentations by multiple presenters and can be followed by a single discussant, panel discussion or interactive discussion with the audience. Each workshop will be 50 minutes long and should be an interactive session with the audience targeted at clinicians.

The purpose of symposia and workshops are to give succinct overviews of the evidence related to a specific topic by a group of established researchers and/ or clinicians.

Proposals for symposia and workshops must include a 200 word general overview of the proposal which describes the overall aims/ objectives/ purpose, an outline of the format and content, and a list of the titles of each speaker's talk. Between 2-6 speakers can be included in each symposium proposal, and 1-2 speakers for each workshop proposal. The name, credentials and a 30-50 word biography for each speaker must be included in the proposal.

Please note that symposium and workshop proposals will only be considered for acceptance at the 2019 ASICS SMA conference if they are based on current peer-reviewed literature, meet the educational needs of the conference attendees, and have a balanced therapeutic approach without any potential commercial bias.

The deadline for symposia and workshop submission is midnight AEST 31st March 2019. Any submissions received after this date will not be accepted.

PLEASE NOTE:
Submitters will be notified by 31st of May 2019 if their proposals have been accepted for presentation.

Reviewing

All submitted symposia and workshops will be reviewed by the Scientific Committees, which will make recommendations as to whether the session is accepted.

- The Committee will accept submitted symposia and workshop sessions according to:
  - Assessment of the 200-word overview by reviewers.
  - Innovation and importance for the field
  - Topicality and ‘fit’ with the program
  - Program constraints
  - Credentials of the speakers

- The final decision rests with the Scientific Committee. The Committee reserve the right to specify the format via which the presentation is to be made. The number of symposia and workshops are limited.

- Workshops and symposia are not eligible for awards.

Presentation

- The Session Chair will facilitate the timing of each presentation to ensure that these times are strictly adhered to and that there is opportunity for questions.

Submissions at www.smaconference.org.au
Injury prevention - Why do we do it?

Overview: Injury prevention is a complex, multi-faceted process that requires considerable contribution and commitment from many different groups such as, policy makers, scientists, practitioners, and participants. It has been well documented that injuries can have serious consequences not only on the physical, psychological and financial condition of an individual but also long term public health consequences. Therefore, the impact of sound evidence-based and successfully implemented injury prevention strategies has the potential to be extensive.

The aim of this symposium is to showcase some of the primary reasons for injury prevention and provide an opportunity to openly discuss the value, quality of work and need for each component for continued effective injury prevention. Firstly it will highlight the current knowledge and approaches used to advance various aspects of injury prevention and secondly stimulate discussion on the gaps and future directions of injury prevention strategies and research. Name of speaker 1 will describe the public health impact of injury prevention strategies; name of speaker 2 will explore the injury risk and associated cost burden those choosing to become more active; name of speaker 3 will discuss the role of scientific evidence in injury prevention; and name of speaker 4 will explore the development and implementation of an injury prevention strategy in the real world context. Following the four presentations, a discussion about the future of injury prevention strategies and research needs will be led by the chair.

Speaker 1 (Chair of session): Embedding your injury prevention program within the target community. Dr X (MBBS, PhD) is a sports physician at YY Hospital and recently completed a PhD titled 'Injury prevention in community netball'. Through this research and vast clinical experience working with community sports, Dr X is an expert on using implementation strategies to enhance the uptake of injury prevention programmes.

Speaker 2: Physical (in)activity and injury risk. Professor Z is the Director of the AA physical activity research centre and is a leading international researcher on physical activity and injury risk

Speaker 3: Injury prevention strategies: An ideal opportunity to translate scientific evidence. Professor K is a prolific injury prevention researcher who has supervised, and is currently leading, several large projects examining the optimal methods to translate scientific evidence to enhance injury prevention strategies.

Speaker 4: Developing evidence-based, context specific sports policy - an AFL experience. Dr M is the coaching innovation and education manager for the Australian Football League. He is passionate about developing evidence-based sports policy to improve the safety of the sport for players and personnel working with AFL.
Workshop Example

***begin workshop example***

“To screen or not to screen”; musculoskeletal screening tests that make sense

Overview: Understanding the value of periodic health evaluation (PHE) is important for clinicians to improve the overall management of athlete health. The use of isolated screening tests to predict injury risk has received much attention recently, overshadowing the many other valuable reasons to include musculoskeletal testing in the PHE. Musculoskeletal testing may be valuable to assess the athlete’s current health status, to establish and build the practitioner-athlete relationship, and for establishing a performance baseline for the athlete while healthy.

The aims of this workshop are:
(1) to understand the value of performing a musculoskeletal PHE;
(2) to gain knowledge on how to interpret and use the results clinically;
(3) to gain practical experience with performing a battery of musculoskeletal PHE tests that can be implemented in any clinical setting.

This interactive workshop will allow participants to engage and actively contribute to the practical session and participants will be encouraged to share their clinical experience.

Programme
1. Speaker 1 will introduce the workshop and discuss the historical background of performing the PHE (10 min)
2. Speaker 2 will discuss the value of collecting normative data (10min)
3. Both speakers will then provide a practical demonstration of relevant, evidence-based screening tests (30min)

List of speakers (2 speakers maximum)
Dr X is a Specialist Sports Physiotherapist with 25 years of clinical experience in managing and preventing injuries in elite athletes. She has recently completed a PhD in injury prevention, investigating the risk factors for hip and groin pain in professional male football players.

Dr Y is a Sports Physiotherapist working as a Research Fellow at AA Hospital. His injury prevention PhD examined the risk factors for hamstring injuries in elite athletes. Dr Y has extensive clinical experience working in various elite sporting environments, including the Sport Science Institute of South Africa.

***end workshop example***
# REGISTRATION FORM 2019 ASICS SMA CONFERENCE

## CONTACT DETAILS

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<tr>
<th>Title</th>
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Postal Address

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Special Requirements - Dietary, Physical etc

## REGISTRATION FEES

### REGISTRATION

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*Student delegates need to be enrolled full-time and must provide evidence verifying full-time status.

## PAYMENT INFORMATION

- Enclosed is my cheque, payable to ASMF LTD
- Electronic transfer, please quote your initial & surname as written above
  - Account Name: ASMF LTD, BSB: 082 967, Account Number: 02939 7275

I wish to pay by
- [ ] MasterCard
- [ ] Visa

Card # | Expiry Date | CCV #
---|-------------|---------
Cardholder’s Name | Cardholder’s Signature

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**SYMPOSIA AND WORKSHOPS**

Visit [www.smaconference.org.au](http://www.smaconference.org.au) for full details

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**Please send this form to:**

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+61 3 9674 8702 | conference@sma.org.au | www.sma.org.au